

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday!  John 9/2 Meredith 9/18 David 9/21 Bob 9/24 Chuck 9/25	Activity Location Key 2AR- 2nd Floor Activity Room 2SR- 2nd Floor Sunroom 1DR- 1st Floor Dining Room 2DR- 2nd Floor Dining Room ***Sign Up Required	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Shopping at Target*** 1:30 Independent Resident Game Time- 2AR 3:00 Bingo- 2DR Beauty Shop Open	9:45 Morning Stretch & Exercise- 2AR 10:30 Worship Service-2DR 11:00 Game Time- 2AR 1:30 Cooking & Baking-2AR 3:00 Poker Game- 2AR 4:00 Musical Entertainment with Westhaven Barbar Shoppers- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Bingo- 2DR 4:00 Walking Group Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Independent Resident Game Time -2AR 3:00 Poker- 1DR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR Labor Day	10:00 Morning Stretch & Exercise-2AR 11:00 Resident Council Meeting- 2DR 1:30 Independent Resident Game Time- 2AR 3:00 Bingo Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Cooking & Baking-2AR 3:00 Resident Birthday Social 3:30 Poker Game- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Bingo- 2DR 4:00 Walking Group Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time-- 2AR 1:30 Arts & Crafts-2AR 3:00 Happy Hour- 1DR Patriot Day	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Card Club -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Shopping at Walmart*** 1:30 Independent Resident Game Time- 2AR 3:00 Bingo- 2DR Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 11:00 Game Time- 2AR Lunch Outing to The Olive Garden 1:30 Cooking & Baking-2AR 3:00 Poker Game- 1DR	Hub's Hoedown  4-6pm	10:00 Morning Stretch & Exercise-2AR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Independent Resident Game Time -2AR 3:00 Poker- 1DR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Shopping at Festival*** 1:30 Independent Resident Game Time- 2AR 3:00 Bingo- 2DR Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Cooking & Baking-2AR 3:00 Musical Entertainment with Jay Isaacson First Day of Autumn	10:00 Morning Stretch & Exercise-2AR 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Bingo- 2DR 4:00 Walking Group Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Card Club -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 11:00 House Calls 1:30 Shopping at Target*** 1:30 Independent Resident Game Time- 2AR 3:00 Bingo- 2DR Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 10:30 Worship Service-2DR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Cooking & Baking-2AR 3:00 Musical Entertainment with Vicki Bellville			

Assisted Living Activities* Calendar

**All activities are subject to change when necessary. Please check updates daily.
Residents' families are invited to participate in community events.*