

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Location Key 2AR- 2nd Floor Activity Room 2SR- 2nd Floor Sunroom 1DR- 1 st Floor Dining Room 2DR- 2 nd Floor Dining Room ***Sign Up Required	 PATRIOT DAY	10:00 Morning Stretch & Exercise-2AR 1 1:30 Shopping at Target*** 1:30 Independent Resident Game Time- 2AR 3:30 Happy Hour- Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 2 10:30 Worship Service-2DR 11:00 Game Time- 2AR 1:30 Cooking & Baking-2AR 3:00 Poker Game- 2AR 4:00 Musical Entertainment with Westhaven Barbar Shoppers- 1DR	10:00 Morning Stretch & Exercise-2AR 3 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Bingo- 2DR 4:00 Walking Group Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 4 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 5 1:30 Independent Resident Game Time -2AR 3:00 Poker- 1DR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 6 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 7 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR Labor Day	10:00 Morning Stretch & Exercise-2AR 8 1:30 Resident Council Meeting 1:30 Independent Resident Game Time- 2AR 3:30 Happy Hour- Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 9 10:30 Worship Service-2DR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Cooking & Baking-2AR 3:00 Resident Birthday Social 3:30 Poker Game- 1DR	10:00 Morning Stretch & Exercise-2AR 10 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Bingo- 2DR 4:00 Walking Group Beauty Shop Open	10:00 Morning Stretch & Exercise-2AR 11 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR Patriot Day	10:00 Morning Stretch & Exercise-2AR 12 1:30 Independent Resident Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 13 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 14 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 15 1:30 Shopping at Walmart*** 1:30 Independent Resident Game Time- 2AR 3:30 Happy Hour- Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 16 10:30 Worship Service-2DR 11:00 Game Time- 2AR Lunch Outing to The Olive Garden 1:30 Cooking & Baking-2AR 3:00 Poker Game- 1DR	Hub's Hoedown 17  4-6pm	10:00 Morning Stretch & Exercise-2AR 18 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 19 1:30 Independent Resident Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 20 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 21 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 22 1:30 Shopping at Festival*** 1:30 Independent Resident Game Time- 2AR 3:30 Happy Hour at Anchor & Port*** Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 23 10:30 Worship Service-2DR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Cooking & Baking-2AR 3:00 Musical Entertainment with Jay Isaacson First Day of Autumn	10:00 Morning Stretch & Exercise-2AR 24 11:00 SingFit- 2AR 1:30 Skip Bo- 2AR 3:00 Bingo- 2DR 4:00 Walking Group	10:00 Morning Stretch & Exercise-2AR 25 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Resident Choice Game Time--2AR 3:00 Happy Hour- 1DR	10:00 Morning Stretch & Exercise-2AR 26 1:30 Independent Resident Game Time -2AR 3:00 Movie Matinee & Popcorn- Theatre
10:00 Virtual Church Service- YouTube-2AR 27 1:30 Pub Trivia- Pub 3:00 Rummikub- -2AR 3:00 Small Stakes Bingo- 1DR	10:00 Morning Stretch & Exercise- 2AR 28 11:00 Activity Staff Choice Game Times- 2AR 1:30 King's in the Corner- 2AR 3:00 Mexican Train- 2AR	10:00 Morning Stretch & Exercise-2AR 29 1:30 Shopping at Target*** 1:30 Independent Resident Game Time- 2AR 3:30 Happy Hour- Pub Beauty Shop Open	9:45 Morning Stretch & Exercise-2AR 30 10:30 Worship Service-2DR 11:00 Game Time- Activity Staff Choice- 2AR 1:30 Cooking & Baking-2AR 3:00 Musical Entertainment with Vicki Bellville			

Independent Living Activities* Calendar

Residents' families are invited to participate in community events. * Activities Subject to Change.