

# SEPTEMBER 2026

AL - EC2 - EC1

| SUNDAY                                                                                                                                                                                                                                                                                                                                                     | MONDAY                                                                                                                                                                                              | TUESDAY                                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                    | THURSDAY                                                                                                                                                                                                                        | FRIDAY                                                                                                                                                                                                                                 | SATURDAY                                                                                                                                                                     |
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| <p><u>Activity Location Key:</u><br/>AL = AL Activity Room 2<sup>nd</sup> floor<br/>MC = MC Memory Care 1<sup>st</sup> floor<br/>EC1 = EC1 Activity Room 1<sup>st</sup> floor<br/>EC1+D = EC1 Dining Room 1<sup>st</sup> floor<br/>EC2 = EC2 Activity Room 2<sup>nd</sup> floor<br/>PUB = Pub across from front entrance<br/>*** Resident Led Activity</p> |                                                                                                                    | 9:30 Exercise - AL <b>1</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Complete Menu Orders</b><br>1:30 Ladies Teatime – AL<br>3:00 Bingo<br>6:00 *** Activity Room Games                             | 9:30 Exercise - AL <b>2</b><br>Wisdom Wednesday<br>10:30 Exercise – EC1<br>Wisdom Wednesday<br><b>Complete Menu Orders</b><br>1:30 Heritage Hikers - Pub<br>2:00 Cookie Decorating – EC2<br>6:00 *** Activity Room Games     | 9:30 Exercise - AL <b>3</b><br>Trivia<br>11:00 Lutheran Service – AL<br><b>Complete Menu Orders</b><br>1:30 1:1's<br><b>3:00 Happy Hour</b><br>6:00 *** Activity Room Games                                                     | 9:30 Exercise - AL <b>4</b><br>10:30 Catholic Mass – EC1<br>Coffee Social<br><b>Next Week's Menus</b><br>1:30 Heritage Hikers - Pub<br><b>3:00 Movie Matinee – AL</b><br>6:00 *** Activity Room Games                                  | 9:30 *** Heritage Hikers <b>5</b><br>11:00 Daily Devotions<br>1:30 *** Card Games – AL,EC2,EC1<br>3:00 Bingo – AL<br>6:00 *** Activity Room Games                            |
| 9:30 *** Keepin' Fit <b>6</b><br>10:30 Live Stream Catholic Mass – AL<br>Coffee Social<br>1:30 *** Heritage Hikers<br>2:00 Movie Matinee & Popcorn – AL<br>6:00 *** Activity Room Games                                                                                                                                                                    | 9:30 Exercise - AL <b>7</b><br>Trivia<br>10:30 Exercise – EC1<br>Trivia<br>1:30 Heritage Hikers - Pub<br>2:00 Manicure Monday<br>3:00 Euchre, Cribbage, Boardgames<br><b>Labor Day</b>              | 9:30 Exercise - AL <b>8</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Complete Menu Orders</b><br>1:30 Resident Council & AEGIS Presentation - AL<br>3:00 Bingo                                      | 9:30 Exercise - AL <b>9</b><br>Wisdom Wednesday<br>10:30 Exercise – EC1<br>Wisdom Wednesday<br><b>Complete Menu Orders</b><br>1:30 Heritage Hikers - Pub<br><b>3:00 Dan Sullivan – EC1+D</b><br>6:00 *** Activity Room Games | 9:30 Exercise - AL <b>10</b><br>Trivia<br>10:30 Exercise – EC1<br>This day in History<br><b>Complete Menu Orders</b><br>1:30 Creative Crafts – EC2<br>3:00 Euchre, Cribbage & Boardgames<br>6:00 *** Activity Room Games        | 9:30 Exercise – AL <b>11</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Next Week's Menus</b><br>1:30 Heritage Hikers<br><b>3:00 Happy Hour</b><br>6:00 *** Activity Room Games<br><b>Patriot Day</b> | 9:30 ***Heritage Hikers <b>12</b><br>11:00 Therapy Dogs – Fireplace AL,EC2,EC1<br>1:30 *** Card Games – AL,EC2,EC1<br>3:00 Bingo – AL<br>6:00 *** Activity Room Games        |
| 9:30 *** Keepin' Fit <b>13</b><br>10:30 Live Stream Catholic Mass – AL<br>Coffee Social<br>1:30 *** Heritage Hikers<br>2:00 Movie Matinee & Popcorn – AL<br><b>3:25 Packers vs Vikings - Pub</b><br>6:00 *** Activity Room Games                                                                                                                           | 9:30 Exercise - AL <b>14</b><br>Trivia<br>10:30 Exercise – EC1<br>Trivia<br>1:30 Heritage Hikers - Pub<br>2:00 Manicure Monday<br>3:00 Euchre, Cribbage, Boardgames<br>6:00 *** Activity Room Games | 9:30 Catholic Service – EC1 <b>15</b><br>Coffee Social<br><b>Complete Menu Orders</b><br>1:30 Wii Games - AL<br>3:00 Bingo<br>6:00 *** Activity Room Games                                                                             | 9:30 Exercise - AL <b>16</b><br>Wisdom Wednesday<br>10:30 Exercise – EC1<br>Wisdom Wednesday<br><b>Complete Menu Orders</b><br>1:30 Heritage Hikers - Pub<br>2:00 Ice Cream Social - Pub<br>6:00 *** Activity Room Games     | 9:30 Exercise – AL <b>17</b><br>Trivia<br>11:00 Lutheran Service – AL<br><b>Complete Menu Orders</b><br>1:30 1:1's<br><b>3:00 Music -10 Strings – EC1+D</b><br>6:00 *** Activity Room Games                                     | 9:30 Exercise – AL <b>18</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Next Week's Menus</b><br>1:30 Heritage Hikers<br><b>3:00 Happy Hour</b><br>6:00 *** Activity Room Games                       | 9:30 *** Heritage Hikers <b>19</b><br>11:00 Daily Devotions<br>1:30 *** Card Games – AL,EC2,EC1<br>3:00 Bingo Store – AL<br>6:00 *** Activity Room Games                     |
| 9:30 *** Keepin' Fit <b>20</b><br>10:30 Live Stream Catholic Mass – AL<br>Coffee Social<br><b>12:00 Packers vs Jets - Pub</b><br>1:30 *** Heritage Hikers<br>2:00 Movie Matinee & Popcorn – AL<br>6:00 *** Activity Room Games                                                                                                                             | 9:30 Exercise - AL <b>21</b><br>Trivia<br>10:30 Exercise – EC1<br>Trivia<br>1:30 Heritage Hikers - Pub<br>2:00 Manicure Monday<br>3:00 Euchre, Cribbage, Boardgames<br>6:00 *** Activity Room Games | 9:30 Exercise – AL <b>22</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Complete Menu Orders</b><br>1:30 Men's Club<br>3:00 Bingo<br>6:00 *** Activity Room Games                                     | 9:30 Exercise - AL <b>23</b><br>Wisdom Wednesday<br>10:30 Exercise – EC1<br>Wisdom Wednesday<br><b>Complete Menu Orders</b><br>2:00 Pumpkin Cookies – EC2<br>6:00 *** Activity Room Games<br><b>First Day of Autumn</b>      | 9:30 Exercise - AL <b>24</b><br>Trivia<br>10:30 Exercise – EC1<br>This day in History<br><b>Complete Menu Orders</b><br>1:30 Creative Crafts – EC2<br>3:00 Euchre, Cribbage & Boardgames<br><b>7:15 Packers vs Falcons -Pub</b> | 9:30 Exercise – AL <b>25</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Next Week's Menus</b><br>1:30 Heritage Hikers<br><b>3:00 Happy Hour</b><br>6:00 *** Activity Room Games                       | 9:30 *** Heritage Hikers <b>26</b><br>11:00 Daily Devotions<br>1:30 *** Card Games – AL,EC2,EC1<br>3:00 Bingo – AL<br>6:00 *** Activity Room Games                           |
| 9:30 *** Keepin' Fit <b>27</b><br>10:30 Live Stream Catholic Mass – AL<br>Coffee Social<br>1:30 *** Heritage Hikers<br>2:00 Movie Matinee & Popcorn – AL<br>6:00 *** Activity Room Games                                                                                                                                                                   | 9:30 Exercise - AL <b>28</b><br>Trivia<br>10:30 Exercise – EC1<br>Trivia<br>1:30 Heritage Hikers - Pub<br>2:00 Manicure Monday<br>3:00 Euchre, Cribbage, Boardgames<br>6:00 *** Activity Room Games | 9:30 Exercise - AL <b>29</b><br>This day in History<br>10:30 Exercise – EC1<br>This day in History<br><b>Complete Menu Orders</b><br>1:30 Coffee Bar - PUB<br>3:00 Bingo<br>6:00 *** Activity Room Games<br><b>NATIONAL COFFEE DAY</b> | 9:30 Exercise - AL <b>30</b><br>Wisdom Wednesday<br>10:30 Exercise – EC1<br>Wisdom Wednesday<br><b>Complete Menu Orders</b><br>1:30 Heritage Hikers - Pub<br><b>3:00 Cowboy Bob – EC1+D</b><br>6:00 *** Activity Room Games  |                                                                                                                                            |                                                                                                                                                   | <b>BIRTHDAYS:</b><br><b>AL-</b><br>HELEN M. 09/01<br>IRMA L. 09/02<br>CAROLE C. 09/16<br>JUDY B. 09/18<br><b>EC1-</b><br>RAY L. 09/03<br>DOROTHY T. 09/17<br>WALTER H. 09/27 |

*\*All activities are subject to change when necessary.*

*Residents' families are invited to participate in community events.*