

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Morning: Morning Gatherings Exercise SingFit! Afternoon: Bingo Munch/Mingle: S'mores Pies Rosary 	Morning: Morning Gatherings Coffee Club & Heartwarming Stories Exercise Afternoon: Sing Along: ABBA Baking Cookies & Arnold Palmers Sunshine Club (Courtyard) 	Morning: Morning Gatherings Spiro 100 Exercise Crafting Corner: Cardmaking Afternoon: Gratitude Garden Bingo SingFit	Morning: Morning Gatherings Exercise Coffee Social & Dynseo Trivia Afternoon: Chair Volleyball 230pm Happy Hour Afternoon Movie 	Morning: Morning Gatherings Daily Chronicle & Daily Devotion 9AM Lutheran Service (YouTube) Exercise Afternoon: 1:1 Room Visits Bingo
	Morning: 9AM Catholic Mass Livestream Morning Gatherings Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday Sunshine Club (Outdoors)	Morning: Mindfulness Meditation (Guided) 10am Star of the Month Presentation: John Travolta Exercise Afternoon: Manicures & Hand Massages Labor Day Crafts Labor Day 	Morning: Morning Gatherings Exercise SingFit Afternoon: Bingo Munch/Mingle: Fresh Fruit Rosary 	Morning: Morning Gatherings Coffee Club & Funny Stories Exercise Afternoon: Drumming Circle Baking Cookies & Coffee Sunshine Club (Courtyard)	Morning: Morning Gatherings Spiro 100 Exercise Crafting Corner: Color/Paint Flowers Afternoon: 2:00-4:00 Heritage Hoedown 	Morning: Morning Gatherings Daily Chronicle & Daily Devotion 9AM Lutheran Service (YouTube) Exercise Afternoon: 1:1 Room Visits Bingo
	Morning: 9AM Catholic Mass Livestream Morning Gatherings Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday Grandparents Day! (Art, History, Discussion)	Morning: Mindfulness Meditation 10AM Lifelong Learning: 70s Presentation & Activities Exercise Afternoon: Manicures & Hand Massages Decades Trivia & Storytelling Shining Through the Decades!	Morning: Morning Gatherings Coffee Club & Reminiscing Exercise Afternoon: Sing Along: Disco Hits Baking Cookies & Sparkling Cider Heritage Has Talent! 	Morning: Morning Gatherings Spiro 100 Exercise Crafting Corner: Wood Painting Puzzles Afternoon: Gratitude Garden Bingo SingFit 	Morning: Morning Gatherings Exercise Coffee Social & Dynseo Trivia Afternoon: Big Bowling 1:1 Visits 2:30 Stars Shine Gala: Happy Hour 	Morning: Morning Gatherings Daily Chronicle & Daily Devotion 9AM Lutheran Service (YouTube) Exercise Afternoon: 1:1 Room Visits Bingo
	Morning: 9AM Catholic Mass Livestream Morning Gatherings Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday Engagement Activities 	Morning: Mindfulness Meditation (Guided) Table Games Exercise Afternoon: Manicures & Hand Massages Armchair Travel: Guatemala (Discussion)	Morning: Morning Gathering Coffee Club & Favorite Stories Exercise Afternoon: Drumming Circle Baking Cookies & Hot Apple Cider Fall Themed Coloring First Day of Autumn 	Morning: Morning Gatherings Spiro 100 Exercise Crafting Corner: Fall Leaves Afternoon: September Birthday Party Bingo SingFit	Morning: Morning Gatherings Exercise Coffee Social & Dynseo Trivia Afternoon: Table Games 2:30 Happy Hour Afternoon Movie	Morning: Morning Gatherings Daily Chronicle & Daily Devotion 9AM Lutheran Service (YouTube) Exercise Afternoon: 1:1 Room Visits Bingo National Pancake Day! 
	Morning: 9AM Catholic Mass Livestream Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday Afternoon Movie 	Morning: Mindfulness Meditation Word Searches & Crossword Puzzles Exercise Afternoon: Manicures & Hand Massages Armchair Travel: Meet Me in Montreal! (Discussion)	Morning: Morning Gatherings Coffee Tasting Exercise SingFit! Afternoon: Bingo Munch/Mingle: Coffee Cake Rosary National Coffee Day! 	Morning: Morning Gatherings Coffee Club & Pet Talks Exercise Afternoon: TV Concert: Big Band Baking Cookies & Hot Tea Puzzles 	Birthdays  Diane H. 9/4 Deborah S. 9/4 Dennis P. 9/10 Patricia O. 9/12 Edward R. 9/19 Christine V. 9/23 Mary P. 9/30	

Memory Support

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social: Hubs Hoedown Thursday 9/10 from 2pm-4pm
Educational Presentation: Lifelong Learning: The 70s on September 14th at 10 am
**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING
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