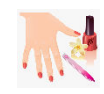
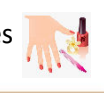


AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u>Happy Birthday!</u> Leila K. – 8/7 Patricia R. – 8/27 Thomas G. – 8/10 Ewald Z. – 8/27 Mary Ann H. – 8/12 Rosemary S. – 8/30 Roberta L. – 8/17 Donna S. – 8/17 Nancy K. – 8/18 		<u>Please Note:</u> ♦ Lavender Towels & Dining Scarves are given during lunch ♦ Heritage Hikers happen daily after lunch ♦ “Heritage House Calls” happen daily, starting at 3pm ♦ Evening activities start at 6pm daily, and include movie & popcorn, engagement bins, courtyard club (weather permitting)			Morning: 1 Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Lutheran Service (YouTube)  Exercise Afternoon: 1:1 Room Visits Bingo
Morning: 2 9AM Catholic Mass Livestream Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday Courtyard Club 	Morning: 3 Mindfulness Meditation Star of the Month Presentation: Robert Redford Exercise Afternoon: Manicures & Hand Massages Armchair Travel 	WATERMELON DAY 4 Morning: Morning Gatherings (Small Group) Exercise SingFit! Afternoon: Bingo Munch/Mingle: Fresh Watermelon Rosary 	Morning: 5 Morning Gatherings (Small Group) Coffee Club Exercise Afternoon: Drumming Circle Baking Cookies Sunshine Club (Courtyard): Lemonade Social 	Morning: 6 Morning Gatherings (Small Group) Spiro 100 Exercise Crafting Corner: Rock Painting Afternoon: Gratitude Garden Bingo SingFit 	Morning: 7 Morning Gatherings (Small Group) Exercise Coffee Social Dynseo Trivia Afternoon: Table Games: Dominoes Happy Hour & Live Music Courtyard Club 	Morning: 8 Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Lutheran Service (YouTube) Exercise Afternoon: 1:1 Room Visits Bingo 
STATE FAIR WEEK! 9 Morning:  9AM Catholic Mass Livestream Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday State Fair Discussion 	Morning: 10 Mindfulness Meditation 10AM Lifelong Learning: “The Sunny Side of Health”  Exercise  Afternoon: Manicures & Hand Massages Travelogue: Explore the Everglades	SMORES DAY 11 Morning: Morning Gatherings (Small Group) Exercise SingFit! Afternoon: Bingo Munch/Mingle: Mini Smore Pies Rosary 	Morning: 12 Morning Gatherings (Small Group) Coffee Club & Heartwarming Stories Exercise Afternoon:  Drumming Circle Baking Cookies Sunshine Club (Courtyard): Sweet Tea Social	Morning: 13 Morning Gatherings (Small Group) Spiro 100 Exercise Crafting Corner: Puffy Paint Cotton Candy Afternoon: State Fair Games & Fun! Bingo SingFit 	Morning: 14 Morning Gatherings (Small Group) Exercise Coffee Social Dynseo Trivia Afternoon: Table Games: Uno Cream Puff Happy Hour & Live Music 	Morning: 15 Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Lutheran Service (YouTube)  Exercise Afternoon: 1:1 Room Visits Bingo
ELVIS WEEK! 16 Morning: 9AM Catholic Mass Livestream Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Exercise Afternoon: Sundaes on Sunday Elvis Coloring Sheets Courtyard Club 	Morning: 17 Mindfulness Meditation “What Am I?” Guessing Game Exercise Afternoon: Manicures & Hand Massages Travelogue: Explore Graceland 1:1 Manicure Room Visits 	NATIONAL DOG DAY 18 Morning: Morning Gatherings (Small Group) Elvis inspired SingFit! Afternoon: Bingo Munch/Mingle: Elvis’ PB + Banana Sandwich 	Morning: 19 Morning Gatherings (Small Group) Coffee Club Exercise Elvis Family Feud  Afternoon: Drumming Circle Baking Cookies Sunshine Club (Courtyard)	Morning: 20 Morning Gatherings (Small Group) Elvis TV Concert Elvis Coloring Pages & Trivia Spiro 100 Exercise Afternoon: Gratitude Garden Bingo SingFit 	SENIOR CITIZENS DAY 21 Morning: Morning Gatherings (Small Group) Exercise “What is Your Wisdom to Share?” Afternoon: Table Games: Dominoes  Pizza Party Happy Hour & Live Music Courtyard Club	Morning: 22 Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Lutheran Service (YouTube) Exercise  Afternoon: 1:1 Room Visits Bingo
9AM Catholic Mass Livestream 23 Engagement Bins  Sundaes on Sunday Courtyard Club	Meditation Monday 24 Exercise  Manicures & Hand Massages Armchair Travel	Morning: 25 Morning Gatherings (Small Group) Exercise SingFit! Afternoon: Bingo Munch/Mingle: Affogato Rosary 	Morning: 26 Morning Gatherings (Small Group) Coffee Club Exercise Afternoon: Drumming Circle Baking Cookies Sunshine Club (Courtyard) 	Morning: 27 Morning Gatherings (Small Group) TV Concert Thursday Crafting Corner: Coffee Filter Flowers Afternoon: Gratitude Garden Bingo SingFit 	Morning: 28 Morning Gatherings (Small Group) Exercise Coffee Social Dynseo Trivia Afternoon: Table Games: Uno August Birthday Celebration with Happy Hour & Live Music Courtyard Club 	Morning: 29 Morning Gatherings (Small Group) Daily Chronicle & Daily Devotion Lutheran Service (YouTube)  Exercise Afternoon: 1:1 Room Visits Bingo
9AM Catholic Mass Livestream 30 Engagement Bins Sundaes on Sunday Courtyard Club 	Meditation Monday 31 Exercise Manicures & Hand Massages Armchair Travel 					

Memory Support

Community Life Enrichment Calendar

*All activities are subject to change when necessary.
 *Residents’ families are invited to participate in community events.

HERITAGE
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