

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Birthdays Diane H. 9/4 Deborah S. 9/4 Dennis P. 9/10 Patricia O. 9/12		 9:30 IL Exercise Pub 1 10:30 Chair Exercise EC1 11:00 Sing Fit EC1 2:00 Bingo EC1 3:10 Cooking EC2AR	9:30 IL Exercise Pub 2 10:30 Chair Exercise EC1 11:00 Manicures EC1 2:00 \$5 Bingo Pub (RL) 3:30 Wine Down Wednesday & Snack Pub (Chips & Dip)	9:30 IL Exercise Pub 3 10:30 Chair Exercise EC1 11:00 Scrapbooking EC1 1:15 Peaceful Meditations with Jake EC2AR 2:00 Bingo EC1 3:30 Trivia EC2AR	9:30 IL Exercise Pub 4 10:00 Coffee Talk EC1 10:30 Chair Exercise EC1 1:15 Armchair Travel: Boroughs of New York EC2AR 2:30 Happy Hour: Joe Kadlec	10:00 Exercise EC1 5 11:00 Rosary EC2AR 1:15 Bingo EC1 2:30 Movie Matinee w/ Popcorn: Mamma Mia! THR
10:00 Exercise EC1 6 11:00 Catholic Mass Pub 1:00 Heritage Hikers 2:00 Sundaes on Sunday 2:30 Movie Matinee THR	9:30 Quilting PR (RL) 7 9:30 IL Exercise Pub 10:30 Chair Stretch Exercise EC1 11:00 Gardening Club 2:30 Art on a Cart EC1 3:30 Sheepshead Pub (RL) Labor Day	9:30 IL Exercise Pub 8 10:30 Water Aerobics Pool 11:00 Sing Fit EC1 2:00 Bingo EC1 3:10 Cooking EC2AR	9:30 IL Exercise Pub 9 10:30 Chair Yoga EC1 11:00 Manicures EC1 2:00 \$5 Bingo Pub (RL) 3:30 Wine Down Wednesday & Snack Pub (Fresh Fruit)	9:30 IL Exercise Pub 10 10:00 Chair Exercise EC1 10:30 Bingo EC1 2:00-4:00 Heritage Hoedown	9:30 IL Exercise Pub 11 10:00 Coffee Talk EC1 10:30 Chair Exercise EC1 1:15 Dynseo Games EC2AR 2:30 Happy Hour: Craig Siemsen Patriot Day	10:00 Exercise EC1 12 11:00 Rosary EC2AR 1:15 Bingo EC1 2:30 Movie Matinee w/ Popcorn: Mamma Mia, Here We Go Again THR
10:00 Exercise EC1 13 11:00 Catholic Mass Pub 1:00 Heritage Hikers 2:00 Sundaes on Sunday Grandparents Day!	9:30 Quilting PR (RL) 14 9:30 IL Exercise Pub 10:30 Chair Stretch Exercise EC1 11:00 Gardening Club 2:00 Lutheran Service THR 2:30 Art on a Cart EC1 3:30 Sheepshead Pub (RL) Shining Through the Decades!	9:30 IL Exercise Pub 15 10:30 Chair Exercise EC1 11:00 Sing Fit EC1 1:15 IL Resident Council Pub 2:00 Bingo EC1 3:10 Cooking EC2AR Stories That Shine!	9:30 IL Exercise Pub 16 10:30 Chair Exercise EC1 11:00 Manicures EC1 2:00 \$5 Bingo Pub (RL) 3:30 Wine Down Wednesday & Snack Pub (Cheese Platter) Heritage Has Talent!	9:30 IL Exercise Pub 17 10:30 Chair Exercise EC1 11:00 Scrapbooking EC1 1:15 AL Resident Council EC1 2:00 Bingo EC1 3:30 Trivia EC2AR	9:30 IL Exercise Pub 18 10:00 Coffee Talk EC1 10:30 Chair Exercise EC1 1:15 Armchair Travel: Sweden EC2AR 2:30 Shining Stars Gala: Happy Hour: Josh Quinn	10:00 Exercise EC1 19 11:00 Rosary EC2AR 1:15 Bingo EC1 2:30 Movie Matinee w/ Popcorn: Classic Movie Day THR
10:00 Exercise EC1 20 11:00 Catholic Mass Pub 1:00 Heritage Hikers 2:00 Sundaes on Sunday 2:30 Movie Matinee: Classic Movie Day THR	9:30 Quilting PR (RL) 21 9:30 IL Exercise Pub 10:30 Chair Stretch Exercise EC1 11:00 Gardening Club 2:30 Art on a Cart EC1 3:30 Sheepshead Pub (RL)	9:30 IL Exercise Pub 22 10:30 Water Aerobics Pool 11:00 Sing Fit EC1 2:00 Bingo EC1 3:10 Cooking EC2AR	9:30 IL Exercise Pub 23 10:30 Chair Yoga EC1 11:00 Manicures EC1 2:00 \$5 Bingo Pub (RL) 3:30 Wine Down Wednesday & Snack Pub (Apples & Pears) First Day of Autumn	9:30 IL Exercise Pub 24 10:30 Chair Exercise EC1 11:00 Wii Bowling EC2AR 1:15 Peaceful Meditations with Jake EC2AR 2:00 Bingo EC1 3:30 Trivia EC2AR	9:30 IL Exercise Pub 25 10:00 Muffins w/ Manager Pub 10:30 Chair Exercise EC1 1:15 Dynseo Games EC2AR 2:30 September Birthday & Happy Hour: (will confirm before sending out)	10:00 Exercise EC1 26 11:00 Rosary EC2AR 1:15 Bingo EC1 2:30 Movie Matinee w/ Popcorn THR National Pancake Day!
10:00 Exercise EC1 27 11:00 Catholic Mass Pub 1:00 Heritage Hikers 2:00 Sundaes on Sunday 2:30 Movie Matinee THR	9:30 Quilting PR (RL) 28 9:30 IL Exercise Pub 10:30 Chair Stretch Exercise EC1 11:00 Gardening Club 2:00 Lutheran Service THR 2:30 Art on a Cart EC1 3:30 Sheepshead Pub (RL)	9:30 IL Exercise Pub 29 10:30 Chair Exercise EC1 11:00 Technology Class & Coffee Tasting EC2AR 1:30 Sing Fit EC1 2:00 Bingo EC1 3:10 Cooking EC2AR National Coffee Day!	9:30 IL Exercise Pub 30 10:30 Chair Exercise EC1 11:00 Manicures EC1 2:00 \$5 Bingo Pub (RL) 3:30 Wine Down Wednesday & Snack Pub (Veggies & Dip)	Key Pub-Pub EC-Enhanced Care MC-Memory Care (1st Floor) EC2AR- 2nd Floor Activity Room	Key EC1- Enhanced Care Dining Room (1st Floor) PR- Puzzle Room (2nd Floor) RL-Resident Led THR-Theater	

Independent/Assisted/Enhanced Living

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social: Hubs Hoedown on Thursday 9/10 from 2p-4p

Educational Presentation: The 70s in MC at 10 am

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

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