

# FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Hangman <b>Lunch</b> Social Hour Rhythms & Drumming Classic Concerts Mindful Moments -- <b>Groundhog Day</b>	<b>3</b> Morning Mingle Spiritual Eldercare/Bible Study Catholic Communion Movin' & Groovin' 9 square <b>Lunch</b> <b>2:00 BINGO</b> Ice Cream Social with Dawn Trivia Mindful Moments	<b>4</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Brain Games <b>Lunch</b> Table time, talk & music Create & Craft SingFit Mindful Moments	<b>5</b> <b>Breakfast</b> Movin' & Groovin' Word Games Reading group <b>Lunch</b> Social Hour Group Game TLC Time <b>Dinner</b>	<b>6</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Dice Games <b>Lunch</b> Social Hour Group Games Mindful Moment <b>Dinner</b>	<b>7</b> <b>Breakfast</b> Table Time Movin' & Groovin' Trivia <b>Lunch</b> Activity Room Open- Resident Choice Time until 3:00 Gathering in Fireplace Room
<b>8</b> <b>Breakfast</b> Church on TV in Fireplace Room Table Time in Activity Room <b>Lunch</b> Activity Room Open -Resident Choice Time until 3:00 Purposeful rest & relaxation Engagement Bins from Caregivers <b>Super Bowl</b>	<b>9</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Hangman <b>Lunch</b> Social Hour Classic Concert Mindful Moments <b>Dinner</b>	<b>10</b> Morning Mingle Spiritual Eldercare/Bible Study Catholic Communion Movin' & Groovin' 9 square <b>Lunch</b> <b>2:00 BINGO</b> Ice Cream Social with Dawn Trivia Mindful Moments	<b>11</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Brain Games <b>Lunch</b> Table time, talk & music Create & Craft Sing Fit Mindful Moments	<b>12</b> <b>Breakfast</b> Movin' & Groovin' Word Games Reading Group <b>Lunch</b> Table time, talk & music Group Game TLC Time <b>Dinner</b>	<b>13</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Dice Games <b>Lunch</b> Social Hour Games with Dana Mindful Moment <b>Dinner</b>	<b>14</b> <b>Breakfast</b> Table Time Movin' & Groovin' Trivia <b>Lunch</b> Activity Room Open- Resident Choice Time until 3:00 Gathering in Fireplace Room <b>valentine's Day</b>
<b>15</b> <b>Breakfast</b> Church on TV in Fireplace Room Table Time in Activity Room <b>Lunch</b> Activity Room Open -Resident Choice Time until 3:00 Purposeful rest & relaxation Engagement Bins from Caregivers	<b>16</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Hangman <b>Lunch</b> Social Hour Rhythms & Drumming Classic Concert Mindful Moments <b>Dinner</b> <b>President's Day</b>	<b>17</b> Morning Mingle Spiritual Eldercare/Bible Study Catholic Communion Movin' & Groovin' 9 square <b>Lunch</b> <b>2:00 BINGO</b> Ice Cream Social with Dawn Trivia Mindful Moments	<b>18</b> Ash Wednesday <b>Breakfast</b> Morning Mingle Movin' & Groovin' Brain Games <b>Lunch</b> Table time, talk & music Create & Craft SingFit Mindful Moments	<b>19</b> <b>Breakfast</b> Movin' & Groovin' Word Games Reading Group <b>Lunch</b> Table time, talk & music Group Game TLC Time <b>Dinner</b>	<b>20</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Dice Games <b>Lunch</b> Social Hour Games with Dana <b>Happy Birthday Happy Hour</b>	<b>21</b> <b>Breakfast</b> Table Time Movin' & Groovin' Trivia <b>Lunch</b> Activity Room Open- Resident Choice Time until 3:00 Gathering in Fireplace Room
<b>22</b> <b>Breakfast</b> Church on TV in Fireplace Room Table Time in Activity Room <b>Lunch</b> Activity Room Open -Resident Choice Time until 3:00 Purposeful rest & relaxation Engagement Bins from Caregivers	<b>23</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Hangman <b>Lunch</b> Social Hour Classic Concert Mindful Moments <b>Dinner</b>	<b>24</b> Morning Mingle Spiritual Eldercare/Bible Study Catholic Communion Movin' & Groovin' 9 square <b>Lunch</b> <b>2:00 BINGO</b> Ice Cream Social with Dawn Trivia Mindful Moments	<b>25</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Brain Games <b>Lunch</b> Table time, talk & music Create & Craft SingFit Mindful Moments	<b>26</b> <b>Breakfast</b> Movin' & Groovin' Word Games Reading Group <b>Lunch</b> Table time, talk & music Group Game TLC Time <b>Dinner</b>	<b>27</b> <b>Breakfast</b> Morning Mingle Movin' & Groovin' Dice Games <b>Lunch</b> Social Hour Games with Dana Mindful Moment <b>Dinner</b>	<b>28</b> <b>Breakfast</b> Table Time Movin' & Groovin' Trivia <b>Lunch</b> Activity Room Open- Resident Choice Time until 3:00 Gathering in Fireplace Room
	Allen 15 <sup>th</sup>	<b>HAPPY BIRTHDAY</b>				<b>MEMORY CARE</b>

\*All activities are subject to change when necessary.

Residents' families are invited to participate in community events.