

# MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11:00 Exercise Video-Theater <b>1</b></p> <p>LUNCH</p> <p>1:30-2:15 Express Candy Bar BINGO AL Dining Room</p>	<p>10:00 Men's Bible Study <b>2</b> AL Activity Room 11:00 Sit'n Fit- Pub</p> <p>LUNCH</p> <p><b>2:00 Special Live Music – Irish St. Paddy's music with Tom &amp; Evan in Pub</b></p>	<p>10:00 Catholic Communion <b>3</b> St. Charles- Theater 11:00 Drum Club – Pub</p> <p>LUNCH</p> <p><b>This Tuesday only – 3:00 Pokeno-AL Activity Room</b></p>	<p>10:00 Wii Bowling-Theater <b>4</b> 11:00 Sit'n Fit YOGA- Pub LUNCH</p> <p>2:00 BINGO-AL Dining room 3:00-3:30 -Mix &amp; Mingle with Myndi- AL Dining Room</p>	<p>10:00 Trivia-Theater <b>5</b> 11:00 Drum Club-Pub</p> <p>LUNCH</p> <p><b>This Thursday only- 2:00 Make it with Melissa- ART</b></p>	<p>Morning Donut Cart <b>6</b> 10:00 Book Club IL Private dining room 11:00 - Sit'n Fit- Pub</p> <p>Lunch 2:00 Tech Time – Intro to Artificial Intelligence with Myndi in Theater</p>	<p>11:00 Exercise Video -Theater <b>7</b></p> <p>LUNCH</p> <p>1:15 Trivia-Theater 2:15 Movie &amp; Popcorn-Theater</p>
<p>11:00 Exercise Video-Theater <b>8</b></p> <p>LUNCH</p> <p>1:30-2:15 Express Candy Bar BINGO AL Dining Room</p> <p><b>Daylight Savings Begins</b></p>	<p>10:00 Elmbrook Church <b>9</b> AL Activity Room 11:00 Sit'n Fit- Pub</p> <p>LUNCH</p> <p><b>2:00 "Improv Works" in the Pub Comedy &amp; Games</b></p>	<p>10:00 Catholic Communion <b>10</b> St. Charles- Theater 11:00 Drum Club with Juli – Pub</p> <p>LUNCH</p> <p>2:00 Make it with Melissa- ART</p>	<p>10:00 Wii Bowling-Theater <b>11</b> 11:00 Sit'n Fit YOGA- Pub</p> <p>LUNCH</p> <p>2:00 Quarter BINGO-AL Dining room</p>	<p>10:00 Trivia-Theater <b>12</b> 11:00 Drum Club with Juli-Pub</p> <p>LUNCH</p> <p>3:00 Pokeno-AL Activity Room</p>	<p>Morning Donut Cart <b>13</b> 11:00 - Sit'n Fit- Pub</p> <p>11:45 Lunch Bunch – Sign up at Front desk</p> <p>LUNCH</p>	<p>11:00 Exercise Video -Theater <b>14</b></p> <p>LUNCH</p> <p>1:15 Trivia-Theater 2:15 Movie &amp; Popcorn-Theater</p>
<p>11:00 Exercise Video-Theater <b>15</b></p> <p>LUNCH</p> <p>1:30-2:15 Express Candy Bar BINGO AL Dining Room</p>	<p>10:00 Men's Bible Study <b>16</b> AL Activity Room 11:00 Sit'n Fit- Pub</p> <p>LUNCH</p> <p>1:30 Mid-Day Matinee in Theater</p>	<p>10:00 Catholic Communion <b>17</b> St. Charles- Theater 11:00 Drum Club – Pub</p> <p><b>Wear GREEN</b></p> <p>3:00 St. Patrick's Day and Birthday Party in the PUB</p> <p> <b>St. Patrick's Day</b></p>	<p>10:00 Wii Bowling-Theater <b>18</b> 11:00 Sit'n Fit YOGA - Pub LUNCH</p> <p>2:00 BINGO-AL Dining room 3:00-3:30 <b>-MARCH MADNESS</b> Mingle with Myndi- AL Dining Room</p>	<p>10:00 Trivia-Theater <b>19</b> 11:00 Drum Club-Pub</p> <p>LUNCH</p> <p>3:00 Aegis Talk in Pub "Seeing things through a different lens" 3:00 Pokeno in AL Dining Room</p>	<p>Morning Donut Cart <b>20</b> 11:00 - Sit'n Fit- Pub</p> <p>Lunch 2:00 Mystery Pop Up Event in Pub- More information to come!</p> <p><b>First Day of Spring</b></p>	<p>11:00 Exercise Video -Theater <b>21</b></p> <p>LUNCH</p> <p>1:15 Trivia-Theater 2:15 Movie &amp; Popcorn-Theater</p>
<p>11:00 Exercise Video-Theater <b>22</b></p> <p>LUNCH</p> <p>1:30-2:15 Express Candy Bar BINGO AL Dining Room</p>	<p>10:00 Elmbrook Church <b>23</b> AL Activity Room 11:00 Sit'n Fit- Pub</p> <p>LUNCH</p> <p><b>2:45 Live Music Craig Sieman AL Dining Room</b></p>	<p>10:00 Catholic Communion <b>24</b> St. Charles- Theater 11:00 Drum Club – Pub</p> <p>LUNCH</p> <p>2:00 Make it with Melissa- ART</p>	<p>10:00 Wii Bowling-Theater <b>25</b> 11:00 Sit'n Fit YOGA- Pub LUNCH</p> <p>2:00 Quarter BINGO-AL Dining room 3:00-3:30 <b>-MARCH MADNESS</b> Mingle with Myndi- AL Dining</p>	<p>10:00 Trivia-Theater <b>26</b> 11:00 Drum Club-Pub</p> <p>LUNCH</p> <p>3:00 Pokeno-AL Activity Room</p>	<p>Morning Donut Cart <b>27</b> 11:00 - Sit'n Fit- Pub</p> <p>Lunch 2:00 Movie in Theater Mr. Fred Rogers' 90th Birthday Celebrate "Our Neighborhood" here at Heritage!</p>	<p>11:00 Exercise Video -Theater <b>28</b></p> <p>LUNCH</p> <p>1:15 Trivia-Theater 2:15 Movie &amp; Popcorn-Theater</p>
<p>11:00 Exercise Video-Theater <b>29</b></p> <p>LUNCH</p> <p>1:30-2:15 Express Candy Bar BINGO AL Dining Room</p> <p><b>Palm Sunday</b></p>	<p>10:00 Men's Bible Study <b>30</b> AL Activity Room 11:00 Sit'n Fit- Pub</p> <p>LUNCH</p> <p>1:30 Mid-Day Matinee in Theater</p>	<p>10:00 Catholic Communion <b>31</b> St. Charles- Theater 11:00 Drum Club – Pub</p> <p>LUNCH</p> <p>2:00 Make it with Melissa- ART</p>		<p>Gloria 6<sup>th</sup> David 9<sup>th</sup> Fletch 12<sup>th</sup> Pat N 18<sup>th</sup> Marilou 22<sup>nd</sup> Diana 27<sup>th</sup> Amy 30<sup>th</sup> Bob 31<sup>st</sup></p> <p> <b>MARCH BIRTHDAYS</b></p>	<p><b>Resident Led Activities</b> Monday 4:45 Hand &amp; Foot - Pub Tuesday 3:00 LRC &amp; 6:00 Bridge -Pub Wednesday 1:15 Sheepshead- Pub Thursday 5:30 Poker- Pub Friday 1:30 Royal Rummy- Pub Saturday 5:00 Social- Pub Daily 9:00 Pool Exercise Daily 11:00 Exercise Video -Theater</p>	

*\*All activities are subject to change when necessary.*

*Residents' families are invited to participate in community events.*