

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All outings Sign up at the Front Desk	Activity Location Key Pub – 1st Floor EC 2– 2nd Floor Activity Room EC1 - 1st floor Activity Room Library – 2nd Floor Theater – 3rd Floor LR – 1st Floor Piano Room Patio- Outdoor Patio AH -Aspire Hall – 1st Floor	Morning 1 Exercise Manicures  Afternoon Matching Game	Morning 2 Spiro 100 Story Time 10:00 Lutheran Church – AH Afternoon 1:30 Communion Service -AH AH Happy Hour – MC Dining	Morning 3 Exercise Sticker by Number  Afternoon Puzzles 3:15 Music by Fernando	Morning 4 Spiro100 10:15 Francis on Piano -LR Afternoon Matching Game Bowling	Morning 5 Exercise 10:00 Coffee & Pastry -Pub Afternoon Bean Bag Toss
Morning 6 Church on TV Sing Fit Afternoon Story Time Puzzles / Take a Walk	Morning 7 Exercise Singfit Afternoon Engagement Bins Sticker by Number Labor Day	Morning 8 Exercise Manicures Afternoon Memory Match SingFit	Morning 9 Spiro 100 Story Time 10:00 Lutheran Church – AH Afternoon Puzzles Happy Hour – MC Dining	Morning 10 Exercise Engagement Bins Afternoon  Whack a Balloon	Morning 11 Spiro 100 Bowling Afternoon Engagement Bins Puzzles Patriot Day	Morning 12 Exercise 10:00 Coffee & Pastry -Pub Afternoon Music Sing-along Engagement Bins
Morning 13 Church on TV SingFit Afternoon Make Cookies Take a Walk  National Assisted Living and Housekeeping Week	Morning 14 Spiro 100 Whack a Ballon Afternoon Engagement Bins Dice Games	Morning 15 Exercise Manicures Afternoon Matching Game Puzzles	Morning 16 Spiro 100 Story Time 10:00 Lutheran Church – AH Afternoon 1:30 Catholic Rosary Service -AH Adult Coloring Happy Hour – MC Dining	Morning 17 Exercise Stencils Craft Afternoon Balloon Volleyball 3:00 Music with Bella Music -AH	Morning 18 Spiro 100 Engagement Bins Afternoon 1:30 Catholic Service –AH Left, Right, Center Bowling	Hub’s Hoedown 11:00am – 2:00pm *Sign Up at Front Desk or See Life Enrichment Director Dana*
Morning 20 Church on TV SingFit Afternoon Craft Making Cookies	Morning 21 Spiro 100 Toss Across Afternoon Water Painting Card Games 	Morning 22 9:30 Outing Heckrodt Wetlands Afternoon Engagement Bins	Morning 23 Spiro 100 Story Time 10:00 Lutheran Church –AH Afternoon Fishing game Happy Hour – MC Dining First Day of Autumn	Morning 24 Exercise Singfit Afternoon Engagement Bins Sticker by Number	Morning 25 Spiro 100 Balloon Volleyball Afternoon Water painting Dice	Morning 26 Exercise 10:00 Coffee & Pastry -Pub Afternoon Musical Instruments Bucket Toss National Pancake Day!
Morning 27 Church on TV SingFit Afternoon Adult Coloring Table Games	Morning 28 Exercise Water Painting Afternoon Engagement Bins Water painting	Morning 29 Exercise Manicures Afternoon Puzzles 3:00 Music with Bob Welsch -AH	Morning 30 Spiro 100 Story Time 10:00 Lutheran Church – AH Afternoon Puzzles Happy Hour – MC Dining	Happy Birthday to You! Charles G. 2nd. Monique L. 3rd. Gregory L. 8th. Peggy S. 10th. Dorothy N . 11th. Don V. 13th.		