

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All outings Sign up at the Front Desk	Activity Location Key AL Pub – 1 st Floor IL Pub – 1 st Floor EC 2– 2 nd Floor Activity Room EC1 - 1 st floor Activity Room Library – 2 nd Floor Theater – 3 rd Floor LR – 1 st Floor Piano Room Patio- Outdoor Patio AH- Aspire Hall – 1 st Floor	1 9:30 Exercise – EC2 9:30 Outing to Marshall's 10:00 Wellness in the Water – Pool 10:00 Manicures- EC2 1:30 Resident Dietary Meeting -Pub 3:00 Pong Cup– EC2	2 9:00 Muffins and Coffee with Aegis Therapy 10:00 Lutheran Church-AH 1:30 Catholic Communion -AH 3:00 Bingo – Pub	3 9:30 Exercise – EC2 9:30 Outing to Piggly Wiggly 10:00 Wellness in the Water – Pool 1:30 Ladies Club-EC2 3:15 Music by Fernando - AH	4 9:30 Exercise – EC2 10:00 Book Club-EC1 10:15 Francis on Piano-AH 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub	5 9:30 Exercises – EC2 10:00 Coffee & Pastry -Pub 1:30 Board Games– EC2 3:00 Bingo – Pub
6 9:00 Catholic Mass on TV- Theater 10:00 Dice Games- EC2 1:30 Card Games- EC2 3:00 Pong Cup-EC2	7 9:30 Exercise – EC2 10:00 Crafts-EC2 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – IL Pub Labor Day	8 9:30 Exercise – EC2 9:30 Outing to Kohl's 10:00 Wellness in the Water – Pool 10:00 Manicures- EC2 1:30 Thrive Music Therapy-AH 3:00 Pong Cup – EC2	9 9:30 Exercise – EC2 10:00 Lutheran Church –AH 1:30 Trivia– Pub 3:00 Bingo – Pub	10 9:30 Exercise – EC2 9:30 Outing to Walmart 10:00 Wheel of Fortune– EC2 10:00 Wellness in the Water – Pool 1:30 Guess Who Game– EC2 3:00 Men's Club – EC2	11 9:30 Exercise – EC2 10:00 Adult Coloring– EC2 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub Patriot Day	12 9:30 Exercises – EC2 10:00 Coffee & Pastry -Pub 1:30 Technology Assistance–EC2 3:00 Bingo – Pub
13 9:00 Catholic Mass on TV- Theater 10:00 Craft Time- EC 1:30 Word Games– EC2 3:00 Table Games – EC2 National Assisted Living and Housekeeping Week	14 9:30 Exercise – EC2 10:00 Visit with Comfort Dog Hagar - EC2 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – IL Pub	15 9:30 Exercise – EC2 9:30 Outing to Thrift Shop 10:00 Wellness in the Water – Pool 10:00 Manicures – EC2 1:30 Resident Council -Pub 3:00 Paint by Numbers-EC2	16 9:30 Exercise – EC2 10:00 Lutheran Church-AH 1:30 Catholic Rosary Service-AH 3:00 Bingo – Pub	17 9:30 Exercise – EC 9:30 Outing to Aldi 10:00 Hangman- EC2 1:30 Wellness in the Water – Pool 1:30 Walking Club– EC2 3:00 Music with Bella Musik-AH	18 9:30 Exercise – EC2 10:00 Drum Circle – EC2 1:00 Popcorn & Movie -Theater 1:30 Catholic Mass –AH 3:00 Happy Hour- Pub	19 Hub's Hoedown 11:00am – 2:00pm *Sign Up at Front Desk or See Life Enrichment Director Dana*
20 9:00 Catholic Mass on TV- Theater 10:00 Heritage House Calls 1:1 1:30 Bananagrams– EC2 3:00 Walking Club– EC2	21 9:30 Exercise – EC2 10:00 Poetry Reading-EC2 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – IL Pub	22 9:30 Exercise – EC2 10:00 Wellness in the Water – Pool 10:00 Manicures – EC2 1:30 Bowling-EC2 3:00 Patio Social– EC2	23 9:30 Exercise – EC2 10:00 Lutheran Church –AH 1:30 Bowling – EC2 3:00 Bingo – Pub First Day of Autumn	24 9:30 Exercise – EC2 9:30 Outing to Walmart 10:00 Name That Tune– EC2 1:30 Wellness in the Water – Pool 1:30 Cookie Social- EC2 3:00 Baking Club- EC2	25 9:30 Exercise – EC2 10:00 In the News– EC2 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – Pub Birthday Party	26 9:30 Exercises – EC2 10:00 Coffee & Pastry -Pub 1:30 Move to the Music –EC2 3:00 Bingo – Pub
27 9:00 Catholic Mass on TV- Theater 10:00 Chair Yoga –EC2 1:30 Card Games- EC2 3:00 Heritage House Calls 1:1	28 9:30 Exercise – EC2 10:00 Blank Slate Word Fun -EC2 1:00 Popcorn & Movie -Theater 3:00 Happy Hour – IL Pub	29 9:30 Exercise – EC2 10:00 Wellness in the Water – Pool 10:00 Manicures – EC2 11:00 Outing Lunch at Fratello's 1:30 Who Am I? – EC2 3:00 Music with Bob Welsch - AH	30 9:30 Exercise – EC2 10:00 Lutheran Church – Pub 1:30 Pong Cup– EC2 3:00 Bingo – Pub	Happy Birthday to You! Charles G. 2 nd . Monique L. 3 rd . Gregory L. 8 th . Peggy S. 10 th . Dorothy N. 11 th . Don V. 13 th . Henry B. 16 th . Patricia G. 16 th . Michael G. 16 th . Norman W. 17 th . William Z. 17 th . Karen A. 17 th .		Happy Birthday to You! Mary Ann K. 18 th . Mary Q. 18 th . Ben B. 20 th . Ronald F. 21 st . Jean G. 25 th . Willaim B. 25 th . Robert J. 27 th . Irene U. 28 th . Stanley J. 28 th . Anne T. 30 th .