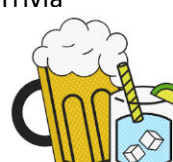
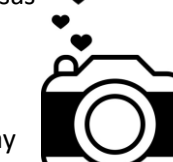


JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Please Note: ♦ “Heritage House Calls” happen daily, starting at 3pm ♦ Evening activities start at 6pm daily, and include movie & popcorn, engagement bins, courtyard club (weather permitting)		Morning: Nondenominational Worship Service (YouTube) “Stirring up Fun with Chef Tracy” Afternoon: BINGO! July IQ Quiz & Wordsearch Midweek Movie Matinee/Popcorn 	Morning: The Morning Gatherings 4 th of July Resident Parade Patriotic Coloring Sheets Afternoon: Firecracker Fitness Rocket Pop Social TV Concert Thursday 	Morning: 10AM Catholic Mass Livestream Dynseo Trivia Afternoon: 1PM Lifelong Learning: “A Day in the Life of Colonial Connecticut” Patriotic Floats & Singalong Fireworks (YouTube) 	HAPPY 4TH OF JULY! Morning: Patriotic “Finish the Lyrics” 4 th of July Parade (YT) BINGO! with Clare Afternoon: Popcorn & Movie Matinee 1:1 Popcorn Cart Room Visits Independence Day 
Morning: Daily Chronicle & Daily Devotion 9AM Catholic Mass Livestream Engagement Bins Afternoon: Sundaes on Sunday with Clare! Courtyard Club Heritage Hikers 	Morning: Mindfulness Meditation Star of the Month Presentation: Sylvester Stallone Sit & Be Fit Afternoon: Manicures Travelogue: Ye Olde Williamsburg 1:1 Manicure Room Visits 	NATIONAL PICNIC DAY Morning: The Morning Gatherings Bible Study SingFit! Afternoon: Brewers Tailgate Party Rosary Engagement Bins 	Morning: Nondenominational Worship Service (YouTube) Reminisce: Remembering Local Parades 11AM Resident Council Afternoon: BINGO! Movie Matinee/Popcorn 	Morning: The Morning Gatherings TV Concert Thursday Crafting Corner: Watermelon Banner Afternoon: Spiro 100 Exercise Gratitude Garden Heritage Hikers 	CAR COLLECTOR DAY Morning: 10AM Catholic Communion Service Classic Car Reminiscing Afternoon: 2PM Live Music: “Academy of Kids” Summer Show 	Morning: Daily Chronicle & Daily Devotion Lutheran Service (YouTube) Singalong with Susie Afternoon: Popcorn & Movie Matinee 1:1 Popcorn Cart Room Visits Summertime Coloring Sheets 
Morning: Daily Chronicle & Daily Devotion 9AM Catholic Mass Livestream Afternoon: Hydration Station & Snack Hour Independent Bible Study Engagement Bins 	BARBERSHOP MUSIC DAY Morning: Reminisce: Barbershop Music This or That? Game Manicures & Hand Massages Afternoon: Mindfulness Meditation Armchair Travel 1:1 Manicure Room Visits 	Morning: The Morning Gatherings Bible Study SingFit! Afternoon: Tai Chi Tuesdays Munch/Mingle: Mini S’mores Pies Rosary 	Morning: Nondenominational Worship Service (YouTube) Coffee Club BINGO! Afternoon: Movie Matinee/Popcorn 1:1 Popcorn Room Visits 6PM Spark! Program 	Morning: The Morning Gatherings TV Concert Thursday Crafting Corner: Tie Dye Shirts Afternoon: Drum Circle Fitness Gratitude Garden Engagement Bins 	Morning: Daily Chronicle & Daily Devotion 10AM Catholic Communion Service Fresh Lemonade & Trivia Afternoon: SingFit! Happy Hour Dice Games Sunshine Circle 	Morning: Daily Chronicle & Daily Devotion Lutheran Service (YouTube) Engagement Bins Afternoon: Popcorn & Movie Matinee 1:1 Popcorn Cart Room Visits 
NATIONAL ICE CREAM DAY Morning: Daily Chronicle & Daily Devotion 9AM Catholic Mass Livestream Heritage Hikers Afternoon: Ice Cream Social BINGO! with Clare 	Morning: Mindfulness Meditation Reminiscing Roundtable Manicures & Hand Massages Afternoon: Drum Circle Fitness Armchair Travel 1:1 Manicure Room Visits 	Morning: The Morning Gatherings Bible Study SingFit! Afternoon: Tai Chi Tuesdays Munch/Mingle: Fresh Cookie Social Rosary 	Morning: Nondenominational Worship Service (YouTube) Coffee Club Word Games Afternoon: BINGO! Movie Matinee/Popcorn 1:1 Popcorn Room Visits 	GORGEOUS GRANDMA DAY Morning: The Morning Gatherings Manicures & Mimosas Gorgeous Glamour Shots Afternoon: TV Concert Thursday Engagement Bins 	Morning: 10AM Catholic Communion Service Coffee Social & Trivia Afternoon: 2PM July Birthday Party & Live Music: 4 Guys & A Guitar Puzzles & Table Games 	Morning: Daily Chronicle & Daily Devotion Lutheran Service (YouTube) Courtyard Club Afternoon: Popcorn & Movie Matinee 1:1 Popcorn Cart Room Visits 
Morning: Daily Chronicle & Daily Devotion 9AM Catholic Mass Livestream Afternoon: Hydration Station & Snack Hour Independent Bible Study Engagement Bins 	Morning: Mindfulness Meditation Fun in the Sun Fitness Manicures & Hand Massages Afternoon: Balloon Volleyball Armchair Travel 1:1 Manicure Room Visits 	Morning: The Morning Gatherings Bible Study SingFit! Afternoon: Spiro 100 Exercise Mint Julep Social Rosary 	Morning: Nondenominational Worship Service (YouTube) Coffee Club Heartwarming Stories Afternoon: BINGO! Movie Matinee/Popcorn 1:1 Popcorn Room Visits 	Morning: The Morning Gatherings Funny Short Stories Wheelchair & Walker Car Wash Afternoon: Spiro 100 Exercise TV Concert Thursday Gratitude Garden 	Morning: Daily Chronicle & Daily Devotion 10AM Catholic Communion Service Coffee Social & Trivia Afternoon: Fresh Watermelon Happy Hour Dice Games 	Happy Birthday! Joan G. – July 31st 

SPECIAL EVENTS

Family Social – SPARK! Sensory Engagement Program: Wednesday, July 15th at 6PM
 Educational Presentation – “A Day in the Life of Colonial Connecticut”: Friday, July 3rd at 1PM

*All activities are subject to change when necessary.

*Residents’ families are invited to participate in community events.

Memory Care

Community Life Enrichment Calendar

HERITAGE
SENIOR LIVING
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