

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday: 3- Fritz B. 5- Judy R. 17- Diana S. 24- Gloria M.	¹ 10:00- Strength Training-B 10:30- Pet Therapy-B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging- AR 3:30-Trivia- B	² 10:00- Morning Stretch- B 10:30- Bingo in the Bistro 1:30- Scenic Bus Ride 2:00- Midday Matinee- TH 4:00- Heritage House Calls	³ 10:00- Exercise w/ Spiro 10:30- Coffee Social-B 1:30- Wii Bowling- AR 2:30- Music w. Tom Kastle 3:45- UNO- AR	⁴ 10:00- Heritage Hikers 10:30- Devotions and Coffee- B 1:00- Garden Time- EC AL 2:30- Tailgate Themed Happy Hour	10:00- Strength Training- B 5 10:30- Positive Stories & Coffee- B 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Hummingbird Craft-AR
⁶ 10:00- Exercise w/ Spiro-B 10:30- Coffee Social- B 1:00- Heritage Hikers 2:00- Armchair Travel: Chile- B 3:30- Trivia- B	⁷ 10:00- Meditation-EC 10:30- Manicure Monday- B 1:00- Heritage Hikers 2:00- Grandma Moses Documentary- TH 3:30- Heritage House Calls Labor Day	⁸ 10:00- Morning Stretch- B 10:30- Crosswords & Coffee- B 1:00- Flower Arranging- AR 2:00- Resident Council- B 3:30- Mexican Train Dominoes- AR	⁹ 10:00- Exercise w/ Spiro- B 10:30- Bingo in the Bistro 1:30- Resident Led UNO- AR 2:00- Midday Matinee- TH 3:30- Trivia- B	¹⁰ 10:00- Morning Stretch- B 10:30- Coffee Social- B 1:30- Bottle Cap Magnet Craft- AR 2:30- Music w/ Davis Beck (Elvis) 4:00- Heritage House Calls	¹¹ 10:00- Exercise w/ Spiro 10:30- 9/11 Program & Coffee- B 1:00- Cards for First Responders- AR 2:30- Happy Hour-B 3:30- Trivia-B Patriot Day	¹² 10:00- Strength Training- B 10:30- Positive Stories & Coffee- B 1:00- Resident Led Games 2:00- Bingo in the Bistro 3:30- Chocolate Milkshakes-B
¹³ 10:00- Exercise w/ Spiro 10:30- Coffee Social- B 1:00- Heritage House Calls 2:00- Grandparents Day Ice Cream Social- B 3:30- Yahtzee- B	¹⁴ 10:00- Meditation- EC 10:30- Manicure Monday- B 1:00- Heritage Hikers 2:00- The Price is Right- 1950's vs. Now 3:30- Root Beer Float Social- B	¹⁵ 10:00- Strength Training- B 10:30- Pet Therapy- B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging- AR 3:30- Wisdom Wall- B	¹⁶ 10:00- Morning Stretch 10:30- Bingo in the Bistro 1:00- Heritage Hikers 2:00- Midday Matinee- TH 3:30- Art Show & Refreshments- B	¹⁷ 10:00- Exercise w/ Spiro 10:30- Coffee Social- B 1:30- Coloring Club- AR 2:30- Music w/ Northern Comfort- B 4:00- Heritage House Calls	¹⁸ 10:00- Morning Stretch- B 10:30- Good News Group- B 1:00- Heritage Hikers 2:30- Shining Stars Happy Hour 4:00- Heritage House Calls	¹⁹ 10:00- Resident Led Exercise 10:30- Puzzle Packet Pick Up 1:00- Resident Led Games 3:30- Bingo in the Bistro 6:00- Movie Night- TH
²⁰ 10:00- Strength Training- B 10:30- Coffee Social- B 12:00-Packers and Punch- B 1:30- Heritage Hikers 2:30- Armchair Travel: Norway- B 3:30- Hangman Word Game-B	²¹ 10:00- Meditation-EC 10:30- Manicure Monday- B 1:30- Baking Club-A R 2:30- Chai Tea Tasting- AR 3:30- Relaxation Stations- AR	²² 10:00- Exercise w/ Spiro 10:30- Crosswords & Coffee- B 1:00- Heritage House Calls 2:00- Flower Arranging- AR 3:30- Ice Cream Cone Day Cart	²³ 10:00- Strength Training- B 10:30- Bingo in the Bistro 1:15- Hymns & Communion w. St. Lukes- AR 2:00- Midday Matinee- TH 3:30- Fall Craft- AR First Day of Autumn	²⁴ HOEDOWN 11:00- 1:30pm Live music, food, yard games, photobooth, and petting farm. Earn tickets for raffle baskets!!	²⁵ 10:00- Heritage Hikers 11:00- Word Games- B 1:00- Resident Led UNO 2:30- Happy Hour: September Birthday Party 4:00- Heritage House Calls	²⁶ 10:00- Exercise w/ Spiro 10:30- Positive Stories & Coffee- B 1:00- Heritage House Calls 2:00- Bingo in the Bistro 3:30- Apple Tasting and All About Johnny Appleseed- B
²⁷ 10:00- Strength Training-B 10:30- Coffee Social- B 1:00- Heritage Hikers 2:00- Chocolate Milk Social- B 3:30- Trivia- B	²⁸ 10:00- Meditation- EC 10:30- Manicure Monday- B 1:30- Yahtzee- AR 2:30- Midday Matinee- TH 3:30- Beach Ball Game- B	²⁹ 10:00- Exercise w/ Spiro 10:30- National Coffee Day Sip and Craft- B 1:00- Heritage House Calls 2:00- Flower Arranging- B 3:30- Scrabble- B	³⁰ 10:00- Morning Stretch-B 10:30- Bingo in the Bistro 11:30- Lunch Outing 2:00- Midday Matinee- TH 3:30- Mulled Cider Social- B		Location Key: B- Bistro on 1 st Floor TH- Theater on 2 nd Floor EC- 1 st Floor- All Welcome AR- Activity Room- 2 nd Floor IL DR- Independent Dining Room on 1 st Floor	