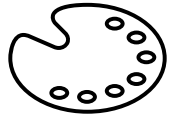
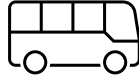
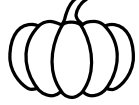
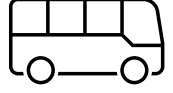
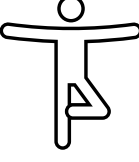


SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday: 3- Fritz B. 5- Judy R. 17- Diana S. 24- Gloria M.	Morning 1 SingFit Pet Therapy Afternoon Flower Arranging Heritage Hikers Sensory Stations 	Morning 2 Balloon Volley Bingo Afternoon Nature Documentary Relaxation Stations Heritage House Calls 	Morning 3 SingFit Coffee Social Afternoon Music w. Tom Kastle Dynseo Games Sensory Stations 	Morning 4 Heritage Hikers Positive Stories & Coffee Afternoon Aromatherapy Happy Hour Sensory Stations 	Morning 5 Morning Stretch Dynseo Games Afternoon Bingo Heritage Hikers All About Hummingbirds 
Morning 6 SingFit Coffee Social Afternoon Balloon Volley Heritage Hikers Armchair Travel: Chile 	Morning 7 Morning Stretch Aromatherapy Afternoon Heritage Hikers Watercolor to Jazz Garden Time Labor Day 	Morning 8 SingFit Positive Stories & Coffee Afternoon Flower Arranging Ants on a Log Creations Sensory Stations 	Morning 9 Stretch It Out Bingo Afternoon Scenic Bus Ride Midweek Manicures Heritage House Calls 	Morning 10 SingFit Coffee Social Afternoon Heritage Hikers Music w. Davis Beck (Elvis) Sensory Stations 	Morning 11 Morning Stretch Kinetic Sand Fun Afternoon Flag Crafting Happy Hour Sensory Stations Patriot Day 	Morning 12 Exercise w. Spiro Positive Stories & Coffee Afternoon Bingo Chocolate Milkshakes Sensory Stations 
Morning 13 Balloon Volley Coffee Social Afternoon Heritage Hikers Ice Cream Social Sensory Stations 	Morning 14 Stretch It Out Coloring Club Afternoon Manicure Monday Root Beer Floats Sensory Stations 	Morning 15 SingFit Pet Therapy Afternoon Flower Arranging Wisdom Wall Sensory Stations 	Morning 16 Morning Stretch Bingo Afternoon Crafting Corner Dynseo Games Sensory Stations 	Morning 17 SingFit Coffee Social Afternoon Relaxation Stations Music w. Northern Comfort Sensory Stations 	Morning 18 Exercise w/ Spiro Positive Stories & Coffee Afternoon Heritage Hikers Happy Hour: Happy Moments 	Morning 19 Nature Documentary Garden Time Afternoon Sensory Stations Bingo Movie Night 
Morning 20 Morning Stretch Coffee Social Afternoon Heritage Hikers Armchair Travel: Norway Sensory Stations 	Morning 21 Balloon Volley Library Box Fun Afternoon Manicure Monday Tea & Positive Stories Sensory Stations 	Morning 22 SingFit Pumpkin Toss Afternoon Flower Arranging Ice Cream Cone Day Sensory Stations 	Morning 23 Stretch It Out Bingo Afternoon Scenic Bus Ride Aromatherapy First Day of Autumn 	HOEDOWN 24 11:00- 1:30pm Live music, food, yard games, photobooth, and petting farm. Earn tickets for raffle baskets!!	Morning 25 Morning Stretch Comics of the Past Afternoon Cup Shoot Out Happy Hour Sensory Stations 	Morning 26 SingFit Relaxation Stations Afternoon Bingo Apple Tasting All About Johnny Appleseed 
Morning 27 Stretch It Out Coffee Social Afternoon History of Photography Photo Show and Tell Heritage House Calls 	Morning 28 Morning Stretch Armchair Travel: NC Afternoon Heritage Hikers Manicure Monday Sensory Stations 	Morning 29 SingFit Coffee Sip and Craft Afternoon Flower Arranging Coloring Club Hand Massages 	Morning 30 Balloon Volley Bingo Afternoon Nature Documentary Mulled Cider Social Sensory Stations 			

SPECIAL EVENTS

National Assisted Living Week: September 13-19th

Hub's Hoedown: September 24th 11:00-1:30pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*