

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday: 3- Jolene O. 4- Pat D. 7- Tim L. 19- Mary Ann L. 31- Pat B., Robert C.	Location Key: B- Bistro on 1 st Floor TH- Theater on 2 nd Floor EC- 1 st Floor- All Welcome AR- Activity Room- 2 nd Floor IL DR- Independent Dining Room on 1 st Floor		¹ 10:00- Exercise w/ Spiro-EC 10:30- Coffee Social- B 1:30- Decorating Time- B 2:30- Music w. Remember w/ Randy- B 4:00- Heritage House Calls	² 10:00- Morning Stretch-B 10:30- Fall Walk- Collect Leaves for 10/3 1:00- Resident Led UNO-AR 2:30- Happy Hour-B 3:30- “Bobbing” for Apples- B	³ 10:00- Strength Training-B 10:30- Positive Stories & Coffee- B 1:00- Leaf Rubbing Art- AR 2:00- Bingo in the Bistro 3:30- Mexican Train Dominoes- AR
⁴ 10:00- Exercise w/ Spiro-EC 10:30- Coffee Social- B 1:30- Apple Crisp Baking- AR 3:30- Halloween Themed Hangman Word Game- B	⁵ 10:00- Meditation- EC 10:30- Manicure Monday-B 1:00- Bus Trip to Peck’s Market- \$\$\$ 2:00- Spooky Puzzle Packet Pick Up- Front Desk 3:30- Resident Led UNO- AR	⁶ 10:00- Morning Stretch- B 10:30- Pet Therapy- B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging- AR 3:30- Resident Council-B	⁷ 10:00- Strength Training- B 10:30- Bingo in the Bistro 1:00-Heritage Hikers 2:00- Bingo in the Bistro 3:30- Halloween Trivia- B	⁸ 10:00- Exercise w/ Spiro-EC 10:30- Local Author Meet and Greet- B 1:30- Pumpkin String Art- B 2:30- Music with Bird Brothers- B	⁹ 10:00- Stretch It Out- B 10:30-Heritage Hikers 11:00- Coffee & Crosswords-B 1:30- Midday Matinee TH 3:30- Sip ‘n Decorate Cupcakes-B	¹⁰ 10:00- Exercise w. Spiro-B 10:30- Positive Stories & Coffee- B 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Trivia- B
¹¹ 10:00-Strength Training-B 10:30- Coffee Social- B 1:30-Heritage House Calls 2:30- Coloring Club- B 3:30- Armchair Travel: Romania (Transylvania)- B	¹² 10:00- Exercise w/ Spiro-B 10:30- Manicure Monday- B 1:00- Heritage Hikers 2:00- Midday Matinee- TH 3:30- Resident Led UNO-AR Columbus Day	¹³ 10:00- Strength Training-B 10:30- Coffee & Crosswords-B 2:00- Flower Arranging- AR 3:30- Mexican Train Dominoes- AR	¹⁴ 10:00- Resident Led Exercise 11:00- Nature Documentary- EC Wing 1:00-Puzzle Packet Pick Up 2:00- Midday Matinee-TH 3:30- Resident Led Games- AR	¹⁵ 10:00- Resident Led Exercise 10:30- Coffee Social- B 1:30- Resident Led Games- AR 2:30- Music with Casey & Greg- B 4:00- Heritage House Calls	¹⁶ 10:00- Strength Training-B 10:30-Positive Stories & Coffee- B 1:00-Relaxation Stations- AR 2:30- Happy Hour-B 3:30-Trivia- B	¹⁷ 10:00- Morning Stretch-B 10:30-Good News Group-B 1:00-Heritage House Calls 2:00- Bingo in the Bistro 3:30-Caramel Apple Bar- B
¹⁸ 10:00-Exercise w/ Spiro-EC 10:30- Coffee Social-B 1:30-Pumpkin Painting Contest Sign Up & Ideas- B 2:30- Armchair Travel: Vermont-B 3:30-UNO- AR	¹⁹ 10:00- Morning Stretch-B 10:30- Manicure Monday- B 1:00- Resident Led UNO-AR 2:00- Midday Matinee- TH 4:00- Heritage House Calls	²⁰ 10:00- Strength Training-B 10:30- Pet Therapy- B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging-AR 3:30- Pumpkin Painting- AR	²¹ 10:00-Stretch It Out- B 10:30- Bingo in the Bistro 1:00-Heritage Hikers 2:00- Midday Matinee- TH 3:30-Pumpkin Painting- AR	²² 10:00- Exercise w/ Spiro- EC 10:30- Coffee Social- B 1:30-Watercolor Painting- AR 2:30- Jazz Music and Social Hour 4:00- Heritage House Calls	²³ 10:00- Morning Stretch- B 10:30- Cider & Crosswords-B 1:30- Trivia- B 2:30- Happy Hour -B 3:30- Decorating the Bistro 5:30-7pm- Trick or Treat Event- B	²⁴ 10:00- Exercise w/ Spiro- EC 10:30- Positive Stories & Coffee- B 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- “Trail Mix” Bar- B
²⁵ 10:00- Morning Stretch- B 10:30- Coffee Social- B 1:30- Heritage House Calls 2:30- Mulled Cider Social-B 3:30- Armchair Travel: Connecticut-B	²⁶ 10:00- Meditation- EC 10:30- Manicure Monday- B 1:00- Heritage Hikers 2:00-Baking Club- AR 3:30- Native American Tribes of Wisconsin- TH	²⁷ 10:00- Morning Stretch- B 10:30- Heritage Hikers 1:00- Resident Led Games- B 2:00- Flower Arranging- AR 3:30-Heritage House Calls	²⁸ 10:00- Strength Training-B 10:30- Bingo in the Bistro 1:30- Midday Matinee- TH 1:45- Scenic Bus Ride 3:30- Word Games- B	²⁹ 10:00-Exercise w/ Spiro-EC 10:30- Coffee Social-B 1:30-Scrabble- AR 2:30- Music w. Davis Beck (Elvis)- B 4:00- Heritage House Calls	³⁰ 10:00-Morning Stretch-B 10:30-Witch Hat Toss- B 1:00-UNO- AR 2:30- Happy Hour: Costume Party and Birthday Party-B	³¹ 10:00-Strength Training- B 10:30-Positive Stories & Coffee- B 1:00-Heritage House Calls 2:00- Halloween Bingo-B 3:30- Spooky Games- B Halloween

SPECIAL EVENTS

Trick or Treat Event- October 23rd 5:30-7pm

Armchair Travel: See Calendar for Dates & Times

*All activities are subject to change when necessary. Residents’ families are invited to participate in community events.