
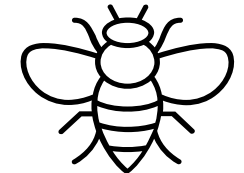












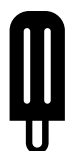



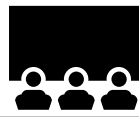





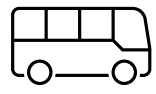










# MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Happy Birthday: 10- Flo S. 21- Julie A. 18- Lyn R. 21- Helen K. 19- Deb S. 20- Marlene T.			<b>Morning</b> 1 Exercise w/ Spiro Mother Goose Day Fun <b>Afternoon</b> Dynseo Games <b>Happy Hour</b> Sensory Stations 	<b>Morning</b> 2 Morning Stretch Space Documentary  <b>Afternoon</b> Heritage Hikers Kentucky Derby History Heritage House Calls
<b>Morning</b> 3 Stretch It Out <b>Coffee Social</b> <b>Afternoon</b> Tea Party in Bistro 2-3pm Aromatherapy & Bird Watching 	<b>Morning</b> 4 Morning Stretch Bird Watching <b>Afternoon</b> Crafting Corner  Kinetic Sand Sensory Stations	<b>Morning</b> 5 SingFit <b>Pet Therapy</b> <b>Afternoon</b> Flower Arranging  All About Cinco De Mayo Heritage House Calls	<b>Morning</b> 6 Exercise w/ Spiro <b>Bingo</b> <b>Afternoon</b> Heritage Hikers  Sensory Stations Heritage House Calls	<b>Morning</b> 7 SingFit <b>Coffee Social</b> <b>Afternoon</b> Midweek Manicures  Music w/ Davis Beck Sensory Stations	<b>Morning</b> 8 Stretch It Out Positive Stories & Coffee <b>Afternoon</b> Aromatherapy  <b>Happy Hour</b> Heritage House Calls	<b>Morning</b> 9 Exercise w/ Spiro Target Game  <b>Afternoon</b> Nature Documentary <b>Bingo</b> Sensory Stations
<b>Morning</b> 10 Morning Stretch <b>Coffee Social</b> <b>Afternoon</b> Balloon Volley  Relaxation Stations Mother's Day	<b>Morning</b> 11 Movement & Music Nature Documentary <b>Afternoon</b> Scenic Bus Ride  Heritage Hikers Sensory Stations	<b>Morning</b> 12 SingFit Positive Stories & Coffee <b>Afternoon</b> Flower Arranging  Sweet Treat Social Heritage House Calls	<b>Morning</b> 13 Stretch It Out <b>Bingo</b> <b>Afternoon</b> Aromatherapy  Midweek Manicures Sensory Stations	<b>Morning</b> 14 SingFit <b>Coffee Social</b> <b>Afternoon</b> Heritage Hikers  Music w/ Tom Kastle Patio Social	<b>Morning</b> 15 Morning Stretch Pizza Creations  <b>Afternoon</b> Dynseo Games <b>Happy Hour</b> Heritage House Calls	<b>Morning</b> 16 Movement & Music Coloring Club <b>Afternoon</b> Classic Movies & Popcorn <b>Bingo</b> Sensory Stations 
<b>Morning</b> 17 Exercise w/ Spiro <b>Coffee Social</b> <b>Afternoon</b> Armchair Travel: Idaho  Patio Social Sensory Stations	<b>Morning</b> 18 Stretch It Out Dynseo Games <b>Afternoon</b> Crafting Corner  Heritage House Calls	<b>Morning</b> 19 SingFit <b>Pet Therapy</b>  <b>Afternoon</b> Flower Arranging Heritage House Calls Patio Time	<b>Morning</b> 20 Morning Stretch <b>Bingo</b> <b>Afternoon</b> Midweek Manicures  Magazine I Spy Sensory Stations	<b>Morning</b> 21 SingFit  Strawberries & Cream Social <b>Afternoon</b> Coloring Club Music w/ Junkyard Kings Sensory Stations	<b>Morning</b> 22 Movement & Music <b>Scenic Bus Ride</b> <b>Afternoon</b> Coloring Club  <b>Happy Hour</b> Heritage House Calls	<b>Morning</b> 23 Stretch It Out Armchair Travel: Missouri <b>Afternoon</b> Balloon Volley  <b>Bingo</b> Sensory Stations
Same as 5/10  24	<b>Morning</b> 25 Exercise w/ Spiro  Nature Documentary <b>Afternoon</b> Virtual Museum Tour Sensory Stations Memorial Day	<b>Morning</b> 26 SingFit Dynseo Games  <b>Afternoon</b> Flower Arranging Heritage House Calls Sensory Stations	<b>Morning</b> 27 Movement & Music <b>Bingo</b> <b>Afternoon</b> Midweek Manicures  Grape Social Sensory Stations	<b>Morning</b> 28 SingFit <b>Coffee Social</b> <b>Afternoon</b> Relaxation Stations  Music w/ Remember w. Randy	<b>Morning</b> 29 Morning Stretch Garden Time  <b>Afternoon</b> Dynseo Games <b>Happy Hour</b> Heritage House Calls	<b>Morning</b> 30 SingFit Aromatherapy <b>Afternoon</b> <b>Bingo</b>  Patio Social Heritage House Calls
Same as 5/17 31						

## SPECIAL EVENTS

Tea Party with Princess Trish- 5/2 @ 2-3pm  
Armchair Travel: See Calendar for dates

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*