

# MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Morning</b> 1 Stretch It Out Coffee Social <b>Afternoon</b> Heritage Hikers Armchair Travel: Minnesota Sensory Stations	<b>Morning</b> 2 Morning Stretch Short Stories & Coffee <b>Afternoon</b> Manicure Monday Watercolor Painting Sensory Stations	<b>Morning</b> 3 SingFit Aromatherapy <b>Afternoon</b> Flower Arranging Heritage House Calls	<b>Morning</b> 4 Morning Stretch Positive Stories & Coffee <b>Afternoon</b> Heritage Hikers Bingo Sensory Stations	<b>Morning</b> 5 Exercise w/ Spiro Coffee Social <b>Afternoon</b> Music w/ Davis Beck (Elvis) Coloring Club	<b>Morning</b> 6 Movement & Music Oreo Cookie Tasting <b>Afternoon</b> Heritage Hikers Happy Hour w/ Maintenance	<b>Morning</b> 7 Exercise w/ Spiro Aromatherapy <b>Afternoon</b> Bingo Nature Documentary Sensory Stations	
<b>Morning</b> 8 Morning Stretch Coffee Social <b>Afternoon</b> Heritage House Calls Armchair Travel: Oregon Daylight Savings Begins	<b>Morning</b> 9 Meditation Nature Documentary <b>Afternoon</b> Dynseo Games Bird Watching	<b>Morning</b> 10 SingFit Pet Therapy <b>Afternoon</b> Flower Arranging Coloring Club	<b>Morning</b> 11 Stretch It Out All About Johnny Appleseed <b>Afternoon</b> Midweek Manicures Bingo Heritage House Calls	<b>Morning</b> 12 SingFit Coffee Social <b>Afternoon</b> History of Girl Scouts Music: Remember w Randy Heritage House Calls	<b>Morning</b> 13 Morning Stretch Jewel Matching <b>Afternoon</b> Coloring Club Happy Hour Sensory Stations	<b>Morning</b> 14 Stretch It Out Positive Stories & Coffee <b>Afternoon</b> Pie Social Sensory Stations	
<b>Morning</b> 15 Exercise w. Spiro Coffee Social <b>Afternoon</b> Library Box Fun Heritage House Calls Dynseo Games	<b>Morning</b> 16 Movement & Music Pot of Gold Toss <b>Afternoon</b> St. Patty's Craft Armchair Travel: Ireland	<b>Morning</b> 17 SingFit St. Patty's Parade <b>Afternoon</b> Flower Arranging Heritage House Calls St. Patrick's Day	<b>Morning</b> 18 Morning Stretch Crafting Corner <b>Afternoon</b> Midweek Manicures Bingo Dynseo Games	<b>Morning</b> 19 SingFit Coffee Social <b>Afternoon</b> Library Box Fun Music w/ Barb Cheron Sensory Stations	<b>Morning</b> 20 Watercolor Painting Hand Care Corner <b>Afternoon</b> 2:00- Pub Crawl Heritage House Calls First Day of Spring	<b>Morning</b> 21 Stretch It Out Positive Stories & Coffee <b>Afternoon</b> Heritage Hikers Sensory Stations Nature Documentary	
<b>Morning</b> 22 SingFit Coffee Social <b>Afternoon</b> Armchair Travel: West Virginia Kinetic Sand Fun	<b>Morning</b> 23 Morning Stretch Aromatherapy <b>Afternoon</b> Chip & Dip Social Easter Egg Dyeing	<b>Morning</b> 24 SingFit Pet Therapy <b>Afternoon</b> Flower Arranging Heritage House Calls	<b>Morning</b> 25 Exercise w/ Spiro Bird Watching <b>Afternoon</b> Midweek Manicures Bingo Sensory Stations	<b>Morning</b> 26 SingFit Coffee Social <b>Afternoon</b> History of Little Red Wagon Music w/ Junkyard Kings Heritage House Calls	<b>Morning</b> 27 Movement & Music Short Stories & Tea <b>Afternoon</b> Aromatherapy Happy Hour: March Birthday Party	<b>Morning</b> 28 Morning Stretch Positive Stories & Coffee <b>Afternoon</b> Bingo Coloring Club Heritage House Calls	
<b>Morning</b> 29 Stretch It Out Coffee Social <b>Afternoon</b> Library Box Fun Jell-O Social Palm Sunday	<b>Morning</b> 30 Exercise w/ Spiro Manicure Monday <b>Afternoon</b> Scenic Bus Ride Hand Care Corner Heritage House Calls	<b>Morning</b> 31 SingFit Easter Egg Toss <b>Afternoon</b> Flower Arranging Heritage House Calls Sensory Stations				Happy Birthday:  1- Pat K., Nola P.    3-Bea D.    5- Claudia 11- Judy S.    14- Shirley B.    16- Sue A. 27- Marilyn L.    31- Elisabeth R.	

