

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday: 2- Joan D. 11- MK 24- Sue M. & June G. 28- Deb V. 29-Kay D.		¹ 10:00- Strength Training-B 10:30- Patriotic Bracelet Making- AR <u>1:00- Trivia Competition- B</u> 2:00- Bingo in the Bistro 3:30- Patriotic Trivia-B	² 10:00-Exercise w/ Spiro-EC 10:30- Coffee Social-B 1:30- State Silhouette Game-AR 2:30- Music w/ Remember w. Randy- B 4:00- Trivia Competition- AR	³ 10:00- Stretch It Out- B 10:30- Walker and Wheelchair Decorating- B 1:30- Patriotic Photo Fun 2:30- Happy Hour: 4th of July themed <u>3:30- Trivia Competition- B</u>	⁴ 10:00- Strength Training-B 10:30- Positive Stories & Coffee- B 1:00- Lemonade in the Courtyard- 1 st Fl 2:00- 13 Colonies BINGO-B 3:30- SingFit- EC Independence Day
⁵ 10:00- Morning Stretch-B 10:30- Coffee Social- B 1:30- Patriotic Sing Along- B <u>2:30- Armchair Travel: National Parks- TH</u> 3:30- Heritage House Calls	⁶ 10:00- Meditation- EC 10:30- Manicure Monday-B 1:00- Heritage Hikers <u>2:00- Midday Matinee-TH on 2nd Fl</u> 3:30- UNO- A.R.	⁷ 10:00- Stretch It Out- B 10:30- Pet Therapy- B 1:15- Communion & Rosary- IL Dining Room on 1 2:00- Flower Arranging- AR 4:00- Heritage House Calls	⁸ 10:00- Exercise w/ Spiro-EC 10:30- Good News Group-B 1:00- Garden Time- EC/AL 2:00- Bingo in the Bistro 3:30- Life, Liberty, and Lemonade Social- B	⁹ 10:00- Morning Stretch-B 10:30- Coffee Social-B 1:30- Coloring Club- AR 2:30- Music w/ Davis Beck (ELVIS)- B 4:00- Heritage House Calls	¹⁰ 10:00- Strength Training-B 10:30- Heritage Hikers <u>1:30- History of Women's Suffrage in Wisconsin- TH</u> 2:30- Happy Hour-B 3:30- Patio Time- B	¹¹ 10:00- Exercise w/ Lavender 10:30- Positive Stories & Coffee-B 1:00- Popsicle Craft- AR 2:00- Bingo in the Bistro 3:30- Trivia- B
¹² 10:00- Strength Training- B 10:30- Coffee Social- B 1:30- UNO- A.R. 2:30- Coloring Club- B 3:30- SingFit- EC	¹³ 10:00- Resident Led Exercise 10:30- Word Puzzle Packet Pick up-B <u>1:30- History of Barbershop Quartets- TH</u> 2:00- Resident Led Games-AR 3:00- Courtyard Social- EC/B	¹⁴ 10:00- Morning Stretch-B 10:30- Coffee in Courtyard- 1st 1:00- Flower Arranging 2:00- Resident Council-B 3:30- UNO-A.R.	¹⁵ 10:00- Strength Training-B 10:30- Good News Group-B 1:00- SingFit- EC 2:00- Bingo in Bistro 3:30- Iced Tea on the Patio	¹⁶ 10:00- Exercise w/ Spiro-EC 10:30- Coffee Social- B 1:30- Crafting Corner-AR 2:30- Music w/ Cameron Webb-B 4:00- Heritage House Calls	¹⁷ 10:00- Morning Stretch- B 10:30- Heritage Hikers 1:00- Dynseo Games- EC 2:30-Happy Hour-B 3:30- Garden Time- EC/AL	¹⁸ 10:00- Strength Training- B 10:30- Positive Stories & Coffee- B 1:00- Heritage House Calls 2:00- Bingo in the Bistro <u>3:30- Armchair Travel: New Mexico- B</u>
¹⁹ 10:00- Stretch It Out- B 10:30- Coffee Social- B 1:30- Heritage Hikers 2:30- Finish The Phrase-B 3:30- Trivia- B	²⁰ 10:00- Meditation- EC 10:30- Manicure Monday- B 1:00- Courtyard Social- EC/B <u>2:00- Midday Matinee- TH on 2nd Fl</u> 3:30- Taboo- AR	²¹ 10:00- Strength Training- B 10:30- Pet Therapy- B 1:15- Communion & Rosary- IL Dining Room on 1 2:00- Flower Arranging- AR 4:00- Heritage House Calls	²² 10:00- Exercise w/ Spiro 10:30- Garden Time- EC/ AL 1:15- Hymns and Communion- AR 2:00- Bingo in the Bistro 3:30- Pictionary & Lemonade- B	²³ 10:00- Stretch It Out- B 10:30- Coffee Social- B 1:30- Coloring Club-AR 3:00- Music w/ Junkyard Kings- B 4:00- Heritage House Calls	²⁴ 10:00- Morning Stretch- B 10:30- Heritage Hikers 1:00- Flower Collage Craft-AR 2:30- Happy Hour-B 3:30- Trivia- B	²⁵ 10:00- Exercise w/ Spiro- EC 10:30- Positive Stories & Coffee- B 1:00- Heritage House Calls 2:00- Bingo in the Bistro 3:30-UNO- AR
²⁶ 10:00- Morning Stretch- B 10:30- Coffee Social- B 1:00- Heritage Hikers 2:00- Jell-O Creations-AR 3:30- SingFit- EC	²⁷ 10:00- Meditation- EC 10:30- Manicure Monday- B 1:00- UNO- A.R. <u>2:00- Midday Matinee- TH</u> 3:30- Coloring Club & Cookies- B	²⁸ 10:00- Stretch It Out-B 10:30- Good News Group 1:00- Resident Led Games- B 2:00- Flower Arranging- AR 4:00- Heritage House Calls	²⁹ 10:00- Strength Training-B 10:30- Scavenger Hunt- B 1:00- Garden Time- EC/ AL 2:00- Bingo in the Bistro 3:30- Lemonade Social-B/ EC	³⁰ 10:00-11:30AM- Coffee and Cars Event in back parking lot 1:00- Dynseo Games- EC 2:30- Courtyard Social- EC/B 4:00- Heritage House Calls	³¹ 10:00- Exercise w/ Spiro-EC 10:30- Finish the Phrase- B 1:00- Heritage House Calls 2:30- July Birthday Party-B 3:30- Coloring Club- B	