

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Location Key: B- Bistro on 1st Floor TH- Theater on 2nd Floor EC- 1st Floor- All Welcome AR- Activity Room- 2nd Floor IL DR- Independent Dining Room on 1st Floor		Happy Birthday: 1st-Ruth F. 20th- Shirley B. & Darlene V. 4th- Carol H. 26th- Wilma S. 9th- Alice B.			1 10:00- Morning Stretch-B 10:30- Positive Stories & Coffee- B 1:00- Resident Led Games- AR 2:00- Bingo in the Bistro 3:30- SingFit- EC Wing	
2 10:00- Heritage Hikers 10:30- Coffee Social- B 1:00- Heritage House Calls 2:00- Ice Cream Sundaes-B 3:30- Trivia- B	3 10:00- Meditation- EC Wing 10:30- Manicure Monday-B 1:30- Midday Matinee- TH 1:30- Mosaic Crafting-AR 3:00- Watermelon Social- B	4 10:00- Heritage Hikers-B 11:00- Pet Therapy-B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging- AR 3:30- Chocolate Chip Cookie Social- B	5 10:00- Stretch It Out- B 10:30- Bingo in the Bistro 1:00- Resident Led Games-AR 2:00- Documentary in Theater 3:30- SingFit- EC Wing	6 10:00- Exercise w/ Spiro-EC 10:30- Coffee Social- B 1:30- Root Beer Float Cart 2:30- Music w/ Bird Brothers- B 4:00- Heritage House Calls	7 10:00- Morning Stretch- B 11:00- Sunshine & Wellness Program- B 2:00- Water Gun Fight-Courtyard- All welcome! 3:00- Happy Hour-B	8 10:00- Strength Training- B 10:30- Positive Stories & Coffee- B 1:00- Heritage House Calls 2:00- Bingo in the Bistro 3:30- Heritage House Calls
9 10:00- Morning Stretch-B 10:30- Coffee Social- B 1:00- Short Stories & Iced Tea- B 2:00- Armchair Travel: Maldives- B 3:30- SingFit- EC	10 10:00- Meditation- EC Wing 10:30- Manicure Monday- B 1:00- SingFit- EC 2:00- Trivia- B 3:30- S'mores in the Bistro	11 10:00- Strength Training-B 10:30- Coffee on Patio 1:00- Flower Arranging- AR 2:00- Resident Council 3:30- BINGO in the Bistro	12 10:00- Morning Stretch-B 11:00- Card Making Class- B 1:00- Resident Led Games-AR 2:00- Midday Matinee- TH 3:30- Scratch Art Corner- AR	13 10:00- Exercise w/ Spiro- EC 10:30- Coffee Social- B 1:30- Coloring Club-AR 2:30- Music w/ Richard Shaten- B 4:00- Heritage House Calls	14 10:00- Stretch It Out- B 10:30- Coffee & Crosswords-B 1:00- Resident Led UNO-AR 2:00- Wheelchair & Walker Wash- EC Courtyard 3:30- Popsicle Social- B	15 10:00- Strength Training-B 10:30- Positive Stories & Coffee-B 1:00- Resident Led Games- AR 2:00- Bingo in the Bistro 3:30- Relaxation Stations- AR
16 10:00- Exercise w/ Spiro-B 10:30- Coffee Social- B 1:00- Heritage Hikers 2:00- Armchair Travel: Australia-B 3:30- SingFit- EC	17 10:00- Meditation- EC Wing 10:30- Manicure Monday-B 1:30- Bus to Thrift Shops in Verona 2:30- Myths of Hospice Presentation- B 4:00- Heritage House Calls	18 10:00- Morning Stretch-B 11:00- Pet Therapy- B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging- AR 3:30- BINGO in the Bistro	19 10:00- Heritage Hikers 10:30- Hot Potato Toss-B 11:00- Bus to Hubbard Ave Diner and Mustard Museum Outing 1:15- Hymns and Communion- A.R.	20 10:00- Strength Training-B 10:30- Coffee Social- B 1:30- Music Trivia- A.R. 2:30- Music w/ Casey & Greg- B 4:00- Heritage House Calls	21 10:00- Morning Stretch-B 11:00- Garden Time- EC/ AL 1:30- Heritage Hikers 2:30- Happy Hour-B 3:30- Trivia- B	22 10:00- Stretch It Out- B 10:30- Positive Stories & Coffee-B 1:00- Sunset Painting- AR 2:00- Bingo in the Bistro 3:30- UNO- A.R.
23 Same as 8/16- Armchair Travel @ 2:00- London	24 Same as 8/10- Midday Matinee @ 2:00pm	25 10:00- Strength Training-B 10:30- Good News Group-B 1:00- Heritage House Calls 2:00- Flower Arranging- AR 3:30- Mexican Train Dominoes-B	26 10:00- Morning Stretch-B 10:30- Bingo in the Bistro 1:30- Midday Matinee- TH 2:00- Puzzle Packet Pick Up- Front Desk 3:30- Trivia- B	27 10:00-Heritage Hikers 10:30- Coffee Social- B 1:30- Peach Day Tasting-AR 2:30- Music w/ Remember w. Randy 4:00- Heritage House Calls	28 10:00- Strength Training-B 10:30- SingFit-EC Wing 1:30- How It's Made: Red Wine- N/A Samples Included- TH 2:30- Happy Hour: August Birthday Party- B	29 10:00- Exercise w/ Spiro-B 10:30- Positive Stories & Coffee- B 1:30- Lemonade Social- B 2:00- Bingo in the Bistro 3:30- Trivia- B
30 Same as 8/ 16- 2:00- Armchair Travel: Top Beaches of the World- B	31 Same as 8/3- 11:45-Picnic Lunch on back Patio					

SPECIAL EVENTS

8/14 @ 2:00pm Wheelchair & Walker Wash- Courtyard on 1st Floor
 8/17 @ 2:30 Myths of Hospice Presentation in Bistro

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.