

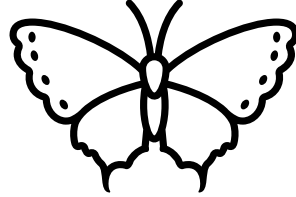


# MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Location Key:</b> B- Bistro on 1 <sup>st</sup> Floor TH- Theater on 2 <sup>nd</sup> Floor EC- 1 <sup>st</sup> Floor- All Welcome AR- Activity Room- 2 <sup>nd</sup> Floor IL DR- Independent Dining Room on 1 <sup>st</sup> Floor		Happy Birthday: 10- Flo S. 21- Julie A. 18- Lyn R. 21- Helen K. 19- Deb S. 20- Marlene T.				
3 10:00- Morning Stretch-B 10:30- Coffee Social-B 1:00- UNO- A.R. 2:00- Tea Party for Mother's Day- B 3:30- Heritage House Calls	4 10:00- Meditation- B 10:30- Manicure Monday- B 1:30-May the 4 <sup>th</sup> Be with You Fun- A.R. 2:00- Midday Matinee- TH 3:30-Trivia- B	5 10:00- Pass The Sombrero-AR 10:30- History of Cinco De Mayo- -B 1:15- Communion & Rosary- IL Dining Room on 1 <sup>st</sup> Fl 2:00- Flower Arranging-AR 4:00- Heritage House Calls	6 10:00- Strength Training-B 10:30- Bingo in the Bistro 1:00- Heritage Hikers 2:00- Scenic Bus Ride 4:00- Heritage House Calls	7 10:00-Exercise w/ Spiro-B 10:30- Coffee Social-B 1:00- Hidden Gems of Wisconsin- A.R. 2:30- Music w/ Davis Beck-B 4:00- Heritage House Calls	8 10:00- Morning Stretch- B 10:30- Crosswords & Coffee- B 1:00- Relaxation Time- AR 2:30- Happy Hour-B 4:00- Trivia- B	9 10:00- Exercise w/ Spiro-B 10:30- Positive Stories & Coffee- B 1:00- SingFit- E.C. 2:00- Bingo in the Bistro 3:30- Archery Day Fun-B
10 10:00- Strength Training- B 10:30- Coffee Social- B 1:30-Relaxation Stations- A.R. 2:30- Midday Matinee- TH 3:30- Trivia- B Mother's Day	11 10:00- Meditation- B 10:30- Manicure Monday-B 1:00- Heritage House Calls 2:00- Resident Led Games-AR 3:30- History of Trains in the US- TH	12 10:00- Strength Training- B 11:00- Pet Therapy-B 1:00- Flower Arranging-AR 2:00- Resident Council-B 3:30- Coloring Club- B	13 10:00- Morning Stretch- B 10:30- Bingo in the Bistro 1:00- Heritage House Calls 2:00- Bus to Greenhouse 3:30- Garden Planting-EC Courtyard	14 10:00- Exercise w/ Spiro-B 10:30- Coffee Social-B 1:00- Garden Planting- AL Patio 2:30- Music w/ Tom Kastle-B 4:00- UNO-A.R.	15 10:00- Stretch It Out- B 10:30- Good News Group-B 1:00- Yahtzee- A.R. 2:30- Happy Hour: Trivia- B 4:00- Heritage House Calls	16 10:00- Strength Training-B 10:30- Positive Stories & Coffee- B 1:00- Crafting Corner- A.R. 2:00- Bingo in the Bistro 3:30- Midday Matinee- TH
17 10:00- Stretch It Out- B 10:30- Coffee Social-B 1:00- Heritage Hikers 2:00- Armchair Travel: Shenandoah Nat'l Park- B 3:30-Heritage House Calls	18 10:00- Meditation- B 10:30- Manicure Monday-B 1:00- Heritage Hikers 2:00- Cookies & Crosswords- B 3:30- Trivia- B	19 10:00- Strength Training- B 10:30- Positive Stories & Coffee- B 1:15- Communion & Rosary- IL Dining Room on 1 <sup>st</sup> Fl 2:00- Flower Arranging-AR 4:00- Heritage House Calls	20 10:00- Exercise w/ Spiro- B 10:30- Bingo in the Bistro 1:30- Scenic Bus Ride 2:00- Resident Led Games 3:30- SingFit- E.C.	21 10:00- Morning Stretch- B 10:30- Strawberries & Cream Social- B 1:00- Garden Club- EC/ AL 2:30- Music w/ Junkyard Kings- B 4:00- Heritage House Calls	22 10:00- Resident Led Exercise 10:30- Word Puzzle Packet Pick Up- B 1:00- Heritage Hikers 2:30- Happy Hour: May Birthday Party- B 4:00- Taboo on the Patio	23 10:00- Stretch It Out-B 10:30- Positive Stories & Coffee- B 1:00- Heritage House Calls 2:00- Bingo in the Bistro 3:30- UNO- A.R.
24 Same as 5/10 2:30- Scavenger Hunt- B	25 10:00-Meditation- B 10:30- Manicure Monday-B 1:00- Virtual Memorial Day Service -TH on 2 <sup>nd</sup> Fl 2:00- How It's Made: Wine- AR 3:30- SingFit Memorial Day	26 10:00- Strength Training- B 11:00- Pet Therapy- B 1:00- Paper Airplane Toss- B 2:00- Flower Arranging- AR 4:00- Heritage House Calls	27 10:00- Morning Stretch-B 11:00- Bus to Jet Room Restaurant 1:00- Resident Led Games- AR 2:00- Courtyard Social- E.C. 3:30- Trivia- B	28 10:00- Strength Training-B 10:30- Coffee Social-B 1:00- Garden Club- EC/ AL 2:30- Music w/ Remember w. Randy- B 4:00- Heritage House Calls	29 10:00- Stretch It Out-B 10:30- Good News Group-B 1:00- Heritage Hikers 2:30- Happy Hour: Mint Juleps- B 4:00- Trivia- B	30 10:00- Exercise w/ Spiro-B 10:30- Positive Stories & Coffee- B 1:00- Heritage Hikers 2:00- Bingo in the Bistro 3:30- Smile Day Fun-B
31 Same as 5/17 Armchair Travel: Crater Lake Nat'l Park @ 2pm						

### SPECIAL EVENTS

Princess Family Tea- May 3<sup>rd</sup> 2-3pm  
 Armchair Travel: See Calendar for dates

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.