

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00-Morning Stretch- B 10:30- Coffee Social- B 1:00- Heritage Hikers 2:00- Resident Led Games-AR 3:30- Trivia- AR	2 10:00- Meditation- B 10:30- Manicure Monday- B 1:30-Midday Matinee- TH 2:00- Read Across America Day Fun- A.R. 3:30- Name 3 Game- B	3 10:00-Strength Training-B 10:30- Good News Group-B 1:15- Communion & Rosary- IL Dining Room 1 st Fl. 2:00-Flower Arranging- AR 4:00-Heritage House Calls	4 10:00- Morning Stretch-B 10:30- Positive Stories & Coffee- 1 st Floor Fireplace 1:00- Garden Club Meeting- B 2:00- Bingo in the Bistro 3:30- Coloring Club- B	5 10:00- Exercise w/ Spiro-AR 10:30- Coffee Social- B 1:00- UNO- A.R. 2:30- Music w/ Davis Beck (Elvis)- B 4:00-Heritage House Calls	6 10:00- Stretch It Out- B 10:30- Coloring Club- B 2:30- Happy Hour: Maintenance Appreciation 4:00- Heritage House Calls	7 10:00- Exercise w/ Spiro- B 10:30- Positive Stories & Coffee- B 1:00- Taboo- A.R. 2:00- Bingo in the Bistro 3:30- Heritage House Calls
8 10:00- Morning Stretch-B 10:30- Coffee Social- B 1:00-Heritage Hikers 2:00-Armchair Travel: Japan- B 3:30-UNO- A.R. Daylight Savings Begins	9 10:00- Resident Led Exercise 10:30- Activity Packet Pick Up- B 1:30-Midday Matinee- TH 2:00- Resident Led Bingo 3:30-UNO- A.R.	10 10:00- Morning Stretch- B 11:00- Pet Therapy- B 1:00-Flower Arranging- A.R. 2:00- Resident Council- B 4:00-Heritage House Calls	11 10:00- Exercise w/ Spiro- B 11:00- Card Making Class- B 1:00- Midweek Manicures- B 2:00-Bingo in the Bistro 3:30- Trivia- B	12 10:00- Strength Training- B 10:30- Coffee Social 1:00- Garden Planting- A.R. 2:30-Music w/ Remember with Randy- B 4:00- Heritage House Calls	13 10:00- Stretch It Out- B 10:30- Good News Group 1:00- Crafting Corner- A.R. 2:30- Happy Hour: Shamrock Shakes 4:00- Heritage House Calls	14 10:00-Morning Stretch-B 10:30- Positive Stories & Coffee- B 1:00- Pot of Gold Toss- B 2:00- Bingo in the Bistro 3:30- Pie Social for PI Day
15 10:00- Exercise w/ Spiro-B 10:30- Coffee Social-B 1:00- Heritage Hikers 2:00- Chair Volleyball-A.R. 3:30-St. Patty's Trivia- B	16 10:00- Strength Training- B 10:30- Manicure Monday- B 1:00- Heritage Hikers 2:00- Baking Club- A.R. 3:30- Armchair Travel: Ireland- B	17 10:00- Meditation- A.R. 10:30- St. Patty's Bingo-B 1:15- Communion & Rosary- IL Dining Room 2:00- Flower Arranging- AR 4:00- Heritage House Calls St. Patrick's Day	18 10:00-Strength Training-B 10:30-Positive Stories & Coffee- B 1:00- Bus to Goodwill- \$\$ 2:00-Midday Matinee- TH 3:30- Trivia- B	19 10:00- Morning Stretch-B 10:30- Coffee Social- B 1:00- Crafting Corner- A.R. 2:30- Music w/ Barb Cheron- B 4:00-Heritage House Calls	20 10:00- Exercise w/ Spiro-B 10:30- Crosswords & Coffee 1:00- Resident Led Games 2:00- Pub Crawl 4:00- Heritage House Calls First Day of Spring	21 10:00- Stretch It Out- B 10:30- Positive Stories & Coffee- B 1:00-Heritage Hikers 2:00-Bingo in the Bistro 3:30-Heritage House Calls
22 10:00- Strength Training-B 10:30- Coffee Social- B 1:00-Heritage Hikers 2:00- Taboo- B 3:30- Crosswords & Cocoa- A.R.	23 10:00- Morning Stretch-B 10:30- Manicure Monday- B 1:30- Midday Matinee- TH 2:00- Resident Led Bingo- AR 3:30- Coloring Club- B	24 10:00- Exercise w/ Spiro-B 11:00- Pet Therapy- B 1:00-Heritage Hikers 2:00- Flower Arranging-AR 4:00- Heritage House Calls	25 10:00- Stretch It Out- B 11:00- Bus to Nitty Gritty for Lunch- \$\$ 2:30- Bingo in the Bistro 4:00- Trivia	26 10:00- Meditation- AR 10:30- Coffee Social- B 1:00- Easter Craft- A.R. 2:30- Music w/ Junkyard Kings- B 4:00-Heritage House Calls	27 10:00- Strength Training- B 10:30- Cup of Joe with Joe- B 1:00-UNO- A.R. 2:30-Happy Hour: March Birthday Party 4:00- Heritage House Calls	28 10:00- Morning Stretch-B 10:30- Positive Stories & Coffee- B 1:00- Chair Volleyball- B 2:00- Bingo in the Bistro 3:30- Heritage House Calls
29 10:00- Exercise w/ Spiro-B 10:30- Coffee Social- B 1:00-Heritage Hikers 2:00- Trivia- A.R 3:30- Heritage House Calls Palm Sunday	30 10:00-Meditation-B 10:30- Manicure Monday- B 1:30- Midday Matinee- TH 2:00-Resident Led Bingo- AR 3:30- Easter Egg Dyeing- AR	31 10:00- Stretch It Out- B 10:30-Good News Group-B 1:00- Heritage Hikers 2:00-Flower Arranging- A.R. 4:00- Heritage House Calls	<div style="border: 1px solid green; padding: 5px;"> Location Key: B- Bistro on 1st Floor TH- Theater on 2nd Floor EC- 1st Floor- All Welcome AR- Activity Room- 2nd Floor IL DR- Independent Dining Room on 1st Floor </div>		<div style="background-color: #f4a460; padding: 10px;"> Happy Birthday: 1- Pat K., Nola P. 3-Bea D. 5- Claudia 11- Judy S. 14- Shirley B. 16- Sue A. 27- Marilyn L. 31- Elisabeth R. </div>	

