

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Location Key AL: Assisted Living AL+D: Assisted Living Dining Room EC1: 1st FL EC1 Activity Room EC1+D: 1 FL EC1 Dining Room EC2: 2nd FL EC2 Activity Room EC2+D: 2nd FL EC2 Dining Room PUB: Pub off Front Entrance ***: Resident Led IL: Independent Living		Happy Birthday Harvey R. - July 13 th Darlene D. - July 14 th Myma G. - July 14 th Mabel G. - July 22 nd Andy O. - July 28 th Peggy Z. - July 30 th	Morning Morning Gatherings (Small Group) Exercise Reminiscing Afternoon -Lunch w/ Aromatherapy Nature Watch & Garden Club Live Music & Popcorn Evening Heritage Hikers	Morning Morning Gatherings (Small Group) Exercise Craft Corner & Lutheran Service Afternoon -Lunch w/ Aromatherapy Cookie Social SingFit Evening Movie & Popcorn	Morning Morning Gatherings (Small Group) Exercise Balloon Volleyball or Catholic Mass Afternoon -Lunch w/ Aromatherapy Happy Hour Social Courtyard Fun Evening Flashback Friday & Popcorn	Morning Morning Meditation & Exercise Coffee Clutch 4 th of July Discussion Afternoon -Lunch w/ Aromatherapy Bomb Pop Social 4 th of July Creative Color  Evening Fireworks (TV) & Popcorn Independence Day
Morning Morning Gatherings 5 Mass (TV) Exercise Heritage Hikers Afternoon -Lunch w/ Aromatherapy SingFit Engagement Bins Evening Movie & Popcorn	Morning 6 Morning Gatherings (Small Group) Exercise "This or That" Afternoon -Lunch w/ Aromatherapy Manicure Monday Life Story Sharing Evening Scent, Story, and Song	Morning 7 Morning Gatherings (Small Group) Exercise Tunes & Traditions Afternoon -Lunch w/ Aromatherapy Trivia & Cookie Social Bingo Evening Tuesday Travel & Popcorn	Morning 8 Morning Gatherings (Small Group) Exercise Reminiscing Afternoon -Lunch w/ Aromatherapy Nature Watch & Garden Club Live Music & Popcorn Evening Heritage Hikers	Morning 9 Morning Gatherings (Small Group) Exercise Craft Corner Afternoon -Lunch w/ Aromatherapy Cookie Social SingFit Evening Movie & Popcorn	Morning 10 Morning Gatherings (Small Group) Exercise Balloon Volleyball Afternoon -Lunch w/ Aromatherapy Happy Hour Social Courtyard Fun Evening Flashback Friday & Popcorn	Morning 11 Morning Meditation & Exercise Coffee Clutch 11:00 Pet Therapy -AL Fireplace Afternoon -Lunch w/ Aromatherapy Courtyard Social Nature Noise Evening Movie & Popcorn
Morning Morning Gatherings 12 Mass (TV) Exercise Heritage Hikers Afternoon -Lunch w/ Aromatherapy SingFit Engagement Bins Evening Movie & Popcorn	Morning 13 Morning Gatherings (Small Group) Exercise "This or That" Afternoon -Lunch w/ Aromatherapy Manicure Monday Life Story Sharing Evening Scent, Story, and Song	Morning Morning Gatherings 14 9:30 Catholic Prayer & Communion Exercise Tunes & Traditions Afternoon -Lunch w/ Aromatherapy Trivia & Cookie Social Bingo Evening Tuesday Travel & Popcorn	Morning 15 Morning Gatherings (Small Group) Exercise Reminiscing Afternoon -Lunch w/ Aromatherapy Nature Watch & Garden Club Live Music & Popcorn Evening Heritage Hikers	Morning 16 Morning Gatherings (Small Group) Exercise Craft Corner & Lutheran Service Afternoon -Lunch w/ Aromatherapy Cookie Social SingFit Evening Movie & Popcorn	Morning 17 Morning Gatherings (Small Group) Exercise Balloon Volleyball Afternoon -Lunch w/ Aromatherapy Happy Hour Social Courtyard Fun Evening Flashback Friday & Popcorn	Morning 18 Morning Meditation & Exercise Coffee Clutch Afternoon -Lunch w/ Aromatherapy Courtyard Social Nature Noise Evening Movie & Popcorn
Morning Morning Gatherings 19 Mass (TV) Exercise Heritage Hikers Afternoon -Lunch w/ Aromatherapy SingFit Engagement Bins Evening Movie & Popcorn	Morning 20 Morning Gatherings (Small Group) Exercise "This or That" Afternoon -Lunch w/ Aromatherapy Manicure Monday Life Story Sharing Evening Scent, Story, and Song	Morning 21 Morning Gatherings (Small Group) Exercise Tunes & Traditions Afternoon -Lunch w/ Aromatherapy Trivia & Cookie Social Bingo Evening Tuesday Travel & Popcorn	Morning 22 Morning Gatherings (Small Group) Exercise Reminiscing Afternoon -Lunch w/ Aromatherapy Nature Watch & Garden Club Live Music & Popcorn Evening Heritage Hikers	Morning 23 Morning Gatherings (Small Group) Exercise Craft Corner Afternoon -Lunch w/ Aromatherapy Cookie Social SingFit Evening Movie & Popcorn	Morning 24 Morning Gatherings (Small Group) Exercise Balloon Volleyball Afternoon -Lunch w/ Aromatherapy Happy Hour Social Courtyard Fun Evening Flashback Friday & Popcorn	Morning 25 Morning Meditation & Exercise Coffee Clutch Afternoon -Lunch w/ Aromatherapy Courtyard Social Nature Noise Evening Movie & Popcorn
Morning Morning Gatherings 26 Mass (TV) Exercise Heritage Hikers Afternoon -Lunch w/ Aromatherapy SingFit Engagement Bins Evening Movie & Popcorn	Morning 27 Morning Gatherings (Small Group) Exercise "This or That" Afternoon -Lunch w/ Aromatherapy Manicure Monday Life Story Sharing Evening Scent, Story, and Song	Morning 28 Morning Gatherings (Small Group) Exercise Tunes & Traditions Afternoon -Lunch w/ Aromatherapy Trivia & Cookie Social Bingo Evening Tuesday Travel & Popcorn	Morning 29 Morning Gatherings (Small Group) Exercise Reminiscing Afternoon -Lunch w/ Aromatherapy Nature Watch & Garden Club Live Music & Popcorn Evening Heritage Hikers	Morning 30 Morning Gatherings (Small Group) Exercise Craft Corner Afternoon -Lunch w/ Aromatherapy Cookie Social SingFit Evening Movie & Popcorn	Morning 31 Morning Gatherings (Small Group) Exercise Balloon Volleyball Afternoon -Lunch w/ Aromatherapy Happy Hour Social Courtyard Fun Evening Flashback Friday & Popcorn	

Memory Support

Community Life Enrichment Calendar

Heritage News:

Small Group Gatherings are held every morning.
 (This is for Meaningful & Purposeful Engagement)

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

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