

# AUGUST 2026

| SUNDAY                                                                                                                                                                                                                                                                                                                                                  | MONDAY                                                                                                                                                                                                                                                                                                                                                        | TUESDAY                                                                                                                                                                                                                                                                                                                                                                     | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                     | THURSDAY                                                                                                                                                                                                                                                                                                                                                                         | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                 | SATURDAY                                                                                                                                                                                                                                                                                                                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>Activity Location Key</div> <div>AL: Assisted Living</div> <div>AL+D: Assisted Living Dining Room</div> <div>EC1: 1st FL EC1 Activity Room EC1+D: 1 FL EC1 Dining Room</div> <div>EC2: 2nd FL EC2 Activity Room EC2+D: 2nd FL EC2 Dining Room PUB: Pub off Front Entrance</div> <div>***: Resident Led AL, EC,</div>                               |                                                                                                                                                                                                                                                                              | <div>Happy Birthday</div> <div>Susan Y. – 8/5</div> <div>Dorothy M. – 8/5</div> <div>Clara D. – 8/6</div> <div>Roger J. 8/6</div> <div>Elaine M. – 8/7</div> <div>Rosalie M. – 8/9</div> <div>Loretta E. – 8/14</div> <div>Virginia B. – 8/24</div>                                      |                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                               | <div>1</div> <div>Morning</div> <div>Morning Meditation &amp; Exercise</div> <div>Coffee Clutch</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Courtyard Social</div> <div>Nature Noise</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                             |                                                                                                                                                                                                                                                                                                                                                                             |
| <div>Morning</div> <div>Morning Gatherings 2</div> <div>Mass (TV)</div> <div>Exercise</div> <div>Heritage Hikers</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>SingFit</div> <div>Engagement Bins</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>     | <div>Morning</div> <div>Morning Gatherings (Small Group) 3</div> <div>Exercise</div> <div>“This or That”</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Manicure Monday</div> <div>Life Story Sharing</div> <div>Evening</div> <div>Scent, Story, and Song</div>                                                                                      | <div>Morning</div> <div>Morning Gatherings (Small Group) 4</div> <div>Exercise</div> <div>Tunes &amp; Traditions</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Trivia &amp; Cookie Social</div> <div>Bingo</div> <div>Evening</div> <div>Tuesday Travel &amp; Popcorn</div>     | <div>Morning</div> <div>Morning Gatherings (Small Group) 5</div> <div>Exercise</div> <div>Reminiscing</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Nature Watch &amp; Garden Club</div> <div>Live Music &amp; Popcorn</div> <div>Evening</div> <div>Heritage Hikers &amp; Lemonade Social</div>                  | <div>Morning</div> <div>Morning Gatherings (Small Group) 6</div> <div>Exercise</div> <div>Craft Corner &amp; Lutheran Service</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>National Root Beer Float Day</div> <div>SingFit</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>  | <div>Morning</div> <div>Morning Gatherings (Small Group) 7</div> <div>Exercise</div> <div>Balloon Volleyball or Catholic Mass</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Happy Hour Social</div> <div>Courtyard Fun</div> <div>Evening</div> <div>Flashback Friday &amp; Popcorn</div>  | <div>Morning</div> <div>Morning Meditation &amp; Exercise 8</div> <div>Coffee Clutch</div> <div>11:00 Pet Therapy -AL Fireplace</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Courtyard Social</div> <div>Nature Noise</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>  |
| <div>Morning</div> <div>Morning Gatherings 9</div> <div>Mass (TV)</div> <div>Exercise</div> <div>Heritage Hikers</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>SingFit</div> <div>Engagement Bins</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>    | <div>Morning</div> <div>Morning Gatherings (Small Group) 10</div> <div>Exercise</div> <div>“This or That”</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Manicure Monday</div> <div>Life Story Sharing</div> <div>Evening</div> <div>Scent, Story, and Song</div>  | <div>Morning</div> <div>Morning Gatherings 11</div> <div>9:30 Catholic Prayer &amp; Communion</div> <div>Exercise</div> <div>Ladies Teatime</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Trivia &amp; Cookie Social</div> <div>Resident Council</div> <div>Bingo</div> <div>Evening</div> <div>Tuesday Travel &amp; Popcorn</div>                                 | <div>Morning</div> <div>Morning Gatherings (Small Group) 12</div> <div>Exercise</div> <div>Reminiscing</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Nature Watch &amp; Garden Club</div> <div>Live Music &amp; Popcorn</div> <div>Evening</div> <div>Heritage Hikers</div> <div>Lavender Lemonade</div>        | <div>Morning</div> <div>Morning Gatherings (Small Group) 13</div> <div>Exercise</div> <div>Craft Corner</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Cookie Social</div> <div>SingFit</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                     | <div>Morning</div> <div>Morning Gatherings (Small Group) 14</div> <div>Exercise</div> <div>Balloon Volleyball</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Happy Hour Social</div> <div>Courtyard Fun</div> <div>Evening</div> <div>Flashback Friday &amp; Popcorn</div>                | <div>Morning</div> <div>Morning Meditation &amp; Exercise 15</div> <div>Coffee Clutch</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Courtyard Social</div> <div>Nature Noise</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                          |
| <div>Morning</div> <div>Morning Gatherings 16</div> <div>Mass (TV)</div> <div>Exercise</div> <div>Heritage Hikers</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>SingFit</div> <div>Engagement Bins</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>  | <div>Morning</div> <div>Morning Gatherings (Small Group) 17</div> <div>Exercise</div> <div>“This or That”</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Manicure Monday</div> <div>Life Story Sharing</div> <div>Evening</div> <div>Scent, Story, and Song</div>                                                                                     | <div>Morning</div> <div>Morning Gatherings (Small Group) 18</div> <div>Exercise</div> <div>Tunes &amp; Traditions</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Trivia &amp; Cookie Social</div> <div>Bingo</div> <div>Evening</div> <div>Tuesday Travel &amp; Popcorn</div>  | <div>Morning</div> <div>Morning Gatherings (Small Group) 19</div> <div>Exercise</div> <div>Watermelon Social</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Nature Watch &amp; Garden Club</div> <div>Live Music &amp; Popcorn</div> <div>Evening</div> <div>Heritage Hikers</div> <div>Lavender Lemonade</div>  | <div>Morning</div> <div>Morning Gatherings (Small Group) 20</div> <div>Exercise</div> <div>Craft Corner &amp; Lutheran Service</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Cookie Social</div> <div>SingFit</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                                                                                   | <div>Morning</div> <div>Morning Gatherings (Small Group) 21</div> <div>Exercise</div> <div>Balloon Volleyball</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Happy Hour Social</div> <div>Courtyard Fun</div> <div>Evening</div> <div>Flashback Friday &amp; Popcorn</div>                | <div>Morning</div> <div>Morning Meditation &amp; Exercise 22</div> <div>Coffee Clutch</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Courtyard Social</div> <div>Nature Noise</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                                                                                                               |
| <div>Morning</div> <div>Morning Gatherings 23</div> <div>Mass (TV)</div> <div>Exercise</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>SingFit</div> <div>Engagement Bins</div> <div>Evening- Movie &amp; Popcorn</div>                                       | <div>Morning</div> <div>Morning Gatherings (Small Group) 24</div> <div>Exercise</div> <div>Fresh Peach Social</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Manicure Monday</div> <div>Scent, Story, and Song</div>                                               | <div>Morning</div> <div>Morning Gatherings (Small Group) 25</div> <div>Exercise</div> <div>Morning Gatherings (Small Group)</div> <div>Exercise</div> <div>Men’s Club</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Trivia &amp; Cookie Social</div> <div>Bingo</div> <div>Evening</div> <div>Tuesday Travel &amp; Popcorn</div>                                   | <div>Morning</div> <div>Morning Gatherings (Small Group) 26</div> <div>Exercise</div> <div>Reminiscing</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Nature Watch &amp; Garden Club</div> <div>Live Music &amp; Popcorn</div> <div>Evening</div> <div>Heritage Hikers</div> <div>Lavender Lemonade</div>        | <div>Morning</div> <div>Morning Gatherings (Small Group) 27</div> <div>Exercise</div> <div>Craft Corner</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Cookie Social</div> <div>SingFit</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                     | <div>Morning</div> <div>Morning Gatherings (Small Group) 28</div> <div>Exercise</div> <div>Balloon Volleyball</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>End of Summer Happy Hour Social</div> <div>Courtyard Fun</div> <div>Evening</div> <div>Flashback Friday &amp; Popcorn</div>  | <div>Morning</div> <div>Morning Meditation &amp; Exercise 29</div> <div>Coffee Clutch</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Courtyard Social</div> <div>Nature Noise</div> <div>Evening</div> <div>Movie &amp; Popcorn</div>                                          |
| <div>Morning</div> <div>Morning Gatherings 30</div> <div>Mass (TV)</div> <div>Exercise</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>SingFit</div> <div>Engagement Bins</div>                                                                               | <div>Morning</div> <div>Morning Gatherings (Small Group) 31</div> <div>Exercise</div> <div>Afternoon -Lunch w/ Aromatherapy</div> <div>Manicure Monday</div> <div>Scent, Story, and Song</div>                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                             |

Memory Support

Community Life Enrichment Calendar

*\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE  
SENIOR LIVING  
Aspire | LINCOLN VILLAGE