

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Activity Location Key AL: Assisted Living AL+D: Assisted Living Dining Room EC1: 1st FL EC1 Activity Room EC1+D: 1 FL EC1 Dining Room EC2: 2nd FL EC2 Activity Room EC2+D: 2nd FL EC2 Dining Room PUB: Pub off Front Entrance ***: Resident Led IL: Independent Living		Happy Birthday Harvey R. - July 13 th Darlene D. - July 14 th Myma G. - July 14 th Mabel G. - July 22 nd Andy O. - July 28 th Peggy Z. - July 30 th	1 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Wisdom Wednesday – EC1 1:30 Heritage Hikers – PUB 3:00 Live Music & Popcorn EC1+D 6:00 Wind Down Wednesday (Decaf Coffee/Tea & Great Company***	2 9:30 Exercise w/ Weights– AL 10:00 Coffee Social – AL 10:30 Exercise -EC1 11:00 Lutheran Service – AL 1:30 Bakers Club -TBD 3:00 Euchre & Cribbage – AL 6:00 Music & Memories -EC2	3 9:30 Exercise – AL 10:30 Catholic Mass – EC1 11:00 Coffee Social – EC1 1:30 Heritage Hikers – PUB 3:00 Happy Hour – EC1+D 6:00 Friday Night at the Movies-AL	4 9:30 Heritage Hikers*** 11:00 4 th of July Discussion 1:30 Resident Led Rummy – AL 2:00 Bomb Pop Social-AL 3:00 Bingo – AL 6:00 Fireworks (TV) & Popcorn  Independence Day
5 9:30 Keepin' Fit *** 10:30 Catholic Mass (TV) – AL 1:30 Heritage Hikers: PUB 2:00 Card Club - AL 6:00 Movie & Popcorn - AL	6 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise – EC1 11:00 Monday Motivation & Mimosas – EC2 1:30 Heritage Hikers -PUB 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	7 9:30 Exercise w/ Weights– AL 10:00 Coffee Social & Complete Menu Orders-AL 10:30 Exercise w/ Weights – EC1 11:00 Tuesday Trivia & Complete Menu Orders-EC1 1:30 Ladies Teatime - AL 3:00 Bingo – AL 6:00 Tuesday Travel Club -EC2	8 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Wisdom Wednesday – EC1 1:30 Heritage Hikers – PUB 3:00 Live Music & Popcorn EC1+D 6:00 Wind Down Wednesday (Decaf Coffee/Tea & Great Company***	9 9:30 Exercise w/ Weights– AL 10:00 Coffee Social – AL 10:30 Exercise -EC1 11:00 Throwback Thursday -EC1 1:30 Creative Crafts -TBD 3:00 Euchre & Cribbage – AL 6:00 Music & Memories - EC2	10 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Uno -EC1 1:30 Heritage Hikers – PUB 3:00 Happy Hour – EC1+D 6:00 Friday Night at the Movies-AL	11 9:30 Heritage Hikers*** 11:00 Therapy Dogs – AL Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo Store – AL 6:00 Creative Coloring ***
12 9:30 Keepin' Fit *** 10:30 Catholic Mass (TV) – AL 1:30 Heritage Hikers: PUB 2:00 Card Club - AL 6:00 Movie & Popcorn - AL	13 9:30 Exercise – AL 10:30 Exercise – EC1 11:00 Monday Motivation & Mimosas – EC2 1:30 Heritage Hikers -PUB 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	14 9:30 Catholic Minister/Prayer & Communion – EC1 10:00 Coffee Social & Complete Menu Orders-EC1 10:30 Exercise w/ Weights – EC1 11:00 Tuesday Trivia & Complete Menu Orders -EC1 1:30 Resident Council- AL 3:00 Bingo – AL 6:00 Tuesday Travel Club -EC2	15 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Wisdom Wednesday – EC1 1:30 Heritage Hikers – PUB 3:00 Live Music & Popcorn EC1+D 6:00 Wind Down Wednesday (Decaf Coffee/Tea & Great Company***	16 9:30 Exercise w/ Weights– AL 10:00 Coffee Social – AL 10:30 Lutheran Service – IL 11:00 Exercise -EC1 1:30 Bakers Club -TBD 3:00 Euchre & Cribbage – AL 6:00 Music & Memories - EC2	17 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Dominoes -EC1 1:30 Heritage Hikers – PUB 3:00 Happy Hour – EC1+D 6:00 Friday Night at the Movies-AL	18 9:30 Heritage Hikers*** 11:00 Daily Devotions & Coffee Social- Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo – AL 6:00 Creative Coloring ***
19 9:30 Keepin' Fit *** 10:30 Catholic Mass (TV) – AL 1:30 Heritage Hikers: PUB 2:00 Card Club - AL 6:00 Movie & Popcorn - AL	20 9:30 Exercise – AL 10:30 Exercise – EC1 11:00 Monday Motivation & Mimosas – EC2 1:30 Heritage Hikers -PUB 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	21 9:30 Exercise w/ Weights– AL 10:00 Coffee Social & Complete Menu Orders-AL 10:30 Exercise w/ Weights – EC1 11:00 Tuesday Trivia & Complete Menu Orders -EC1 -EC1 1:30 Hangman - AL 3:00 Bingo – AL 6:00 Tuesday Travel Club -EC2	22 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Wisdom Wednesday – EC1 1:30 Heritage Hikers – PUB 3:00 Live Music & Popcorn EC1+D 6:00 Wind Down Wednesday (Decaf Coffee/Tea & Great Company***	23 9:30 Exercise w/ Weights– AL 10:00 Coffee Social – AL 10:30 Exercise -EC1 11:00 Throwback Thursday -EC1 1:30 Creative Crafts -TBD 3:00 Euchre & Cribbage – AL 6:00 Music & Memories - EC2	24 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Uno -EC1 1:30 Heritage Hikers – PUB 3:00 Happy Hour – EC1+D 6:00 Friday Night at the Movies-AL	25 9:30 Heritage Hikers*** 11:00 Daily Devotions & Coffee Social- Fireplace 1:30 Resident Led Rummy – AL 3:00 Bingo – AL 6:00 Creative Coloring ***
26 9:30 Keepin' Fit *** 10:30 Catholic Mass (TV) – AL 1:30 Heritage Hikers: PUB 2:00 Card Club - AL 6:00 Movie & Popcorn - AL	27 9:30 Exercise – AL 10:30 Exercise – EC1 11:00 Monday Motivation & Mimosas – EC2 1:30 Heritage Hikers -PUB 2:00 Manicure Monday 3:00 Euchre & Cribbage – AL 6:00 Tables Games***	28 9:30 Exercise w/ Weights– AL 10:00 Coffee Social & Complete Menu Orders-AL 10:30 Exercise w/ Weights – EC1 11:00 Tuesday Trivia & Complete Menu Orders-EC1 1:30 Men's Club - AL 3:00 Bingo – AL 6:00 Tuesday Travel Club -EC2	29 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Wisdom Wednesday – EC1 1:30 Heritage Hikers – PUB 3:00 Live Music & Popcorn EC1+D 6:00 Wind Down Wednesday (Decaf Coffee/Tea & Great Company***	30 9:30 Exercise w/ Weights– AL 10:00 Coffee Social – AL 10:30 Exercise -EC1 11:00 Throwback Thursday -EC1 1:30 Bakers Club -TBD 3:00 Euchre & Cribbage – AL 6:00 Music & Memories - EC2	31 9:30 Exercise – AL 10:00 Coffee Social - AL 10:30 Exercise -EC1 11:00 Dominoes -EC1 1:30 Heritage Hikers – PUB 3:00 Happy Hour – EC1+D 6:00 Friday Night at the Movies-AL	

Enhanced 1, Enhanced 2, & Assisted Living

Community Life Enrichment Calendar

Heritage News:

Food Orders will be completed on Tuesday's

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE