NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **MORNING:** Live Stream Mass AL Coffee Social **AFTERNOON:** Lunch w/Aromatherapy Bingo **EVENIN :** Movie Matinee **Daylight Saving Time Ends**	**2** **MORNING:** Exercise Story Time **Afternoon** Lunch w/Aromatherapy Manicures & Hand Massages **Evening:** Movie Matinee	**3** **MORNING:** Exercise Bible Study **AFTERNOON:** Lunch w/ Aromatherapy **EVENING:** Movie Matinee	**4** **MORNING:** Exercise Travel Adventure **AFTERNOON:** Lunch w/ Aromatherapy Common Bonds **EVENING:** Movie Matinee	**5** **MORNING:** Exercise Trivia Time **AFTERNOON:** Lunch w/ Aromatherapy Crafting **EVENING:** Movie Matinee	**6** **MORNING:** Catholic Mass Exercise **AFTERNOON:** Lunch w/ Aromatherapy Kicking it Country Happy Hour **EVENING:** Movie Matinee	**7** **MORNING:** Devotion & Exercise Sing Fit **AFTERNOON:** Lunch w/ Aromatherapy Balloon Volleyball **EVENING:** Movie Matinee
8 **MORNING:** Live Stream Mass AL Coffee Social **AFTERNOON:** Lunch w/ Aromatherapy Bingo **EVENING:** Movie Matinee	**9** **MORNING:** Exercise Story Time **AFTERNOON:** Lunch w/ Aromatherapy Manicures & Hand Massages Coloring Club **EVENING:** Movie Matinee	**10** **MORNING:** Exercise Bible Study **AFTERNOON:** Lunch w/ Aromatherapy Cookies and Coffee **EVENING:** Movie Matinee	**11** **MORNING:** Exercise Veteran's Day Recollections **AFTERNOON:** Lunch w/ Aromatherapy 1pm Veteran's Day Ceremony 3pm Live Music Dan Sullivan **Veterans Day**	**12** **MORNING:** Exercise Trivia Time **AFTERNOON:** Lunch w/ Aromatherapy Crafting **EVENING:** Movie Matinee	**13** **MORNING:** Exercise Sing Fit **AFTERNOON:** Lunch w/ Aromatherapy Oldies but Goodies Happy Hour **EVENING:** Movie Matinee	**14** **MORNING:** Devotion & Exercise Therapy Dogs **AFTERNOON:** Lunch w/ Aromatherapy Chair Hockey **EVENING:** Movie Matinee
15 **MORNING:** Live Stream Mass AL Coffee Social **AFTERNOON:** Lunch w/ Aromatherapy Bingo **EVENING:** Movie Matinee	**16** **MORNING:** Exercise Story Time **AFTERNOON:** Lunch w/ Aromatherapy Manicures & Hand Massages **EVENING:** Movie Matinee	**17** **MORNING:** Exercise Catholic Services **AFTERNOON:** Lunch w/ Aromatherapy Cooking Club **EVENING:** Movie Matinee	**18** **MORNING:** Exercise Travel Adventure **AFTERNOON:** Lunch w/ Aromatherapy **3pm** Live Music Randy Plunkett **EVENING:** Movie Matinee	**19** **MORNING:** Lutheran Service Exercise **11AM-1PM Heritage Thanksgiving Dinner** **3pm** Live Music Bahama Bob **EVENING:** Movie Matinee	**20** **MORNING:** Exercise Sing Fit **AFTERNOON:** Lunch w/ Aromatherapy 3pm Disco Dancing Happy Hour **EVENING:** Movie Matinee	**21** **MORNING:** Devotion & Exercise Thanksgiving Reminisce **AFTERNOON:** Lunch w/ Aromatherapy Bowling **EVENING:** Movie Matinee
22 **MORNING:** Live Stream Mass AL Coffee Social **AFTERNOON:** Lunch w/ Aromatherapy Bingo **EVENING:** Movie Matinee	**23** **MORNING:** Exercise Story Time **AFTERNOON:** Thanksgiving Trivia Manicures & Hand Massages **EVENING:** Movie Matinee	**24** **MORNING:** Exercise Bible Study **AFTERNOON:** Lunch w/ Aromatherapy Truth or a Lie**?** **EVENING:** Movie Matinee	**25** **MORNING:** Exercise Travel Adventures **AFTERNOON:** Lunch w/ Aromatherapy 3pm Live Music **EVENING:** Movie Matinee	**26** **MORNING:** Exercise Macy's Thanksgiving Parade **AFTERNOON:** Thanksgiving Traditions **EVENING:** Movie Matinee **Thanksgiving Day**	**27** **MORNING:** Exercise Sing Fit **AFTERNOON:** Lunch w/ Aromatherapy **3pm** Black Friday Christmas Happy Hour **EVENING:** Movie Matinee	**28** **MORNING:** Devotion & Exercise Story Time **AFTERNOON:** Lunch w/Aromatherapy Balloon Basketball **EVENING:** Movie Matinee
29 **MORNING:** Live Stream Mass AL Coffee Social **AFTERNOON:** Lunch w/ Aromatherapy Bingo **EVENING:** Movie Matinee	**30** **MORNING:** Exercise Story Time **AFTERNOON:** Lunch w/ Aromatherapy Manicures & Hand Massages **EVENING:** Movie Matinee	**Activity Location Key:** **AL:** 2nd Floor AL Activity Room **EC1** 1st Floor EC1 Activity Room **EC1+D** 1st Fl EC1 Dining Room **EC2** 2nd Fl EC2 Activity Room **PUB** Pub Off Front Entrance *** Resident Lead				**Birthdays:** **Bruce B. 11/15** **Harriett C 11/20** **Nancy L 11/20** **Elizabeth A 11/26**

Memory Support

Community Life Enrichment Calendar

SPECIAL EVENTS

Veteran's Day Pinning Ceremony: Wednesday, November 11th at 1PM – EC1+D

Heritage Thanksgiving Lunch: Thursday, November 19th at 11AM

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE SENIOR LIVING

Aspire | Lincoln Village