

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>JULY BIRTHDAYS</u> Carol P. 7/5 John A. 7/7 Sharlene W. 7/7 Jane P. 7/8 Patricia W. 7/19	¹ 9:30- Coffee Social (Resident Run) 10:30-Chair Exercise 1pm- Heritage Hikers in MC 2pm- Crafty Corner 3:30pm- Praying the Rosery (Resident Run)	² 9:30- Coffee Social (Resident Led) 10:30- Balloon Volleyball 11:00-Words that end in.... 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Heritage House Calls	³ 9:30- Coffee Social (Resident Run) 10:30- Chair Exercise 1pm- Heritage Hikers in MC 2pm- Happy Hour in the Pub 3pm- Trivia	9:30- Coffee Social (Resident Run) 10:30 -Chair Exercise W/Kris 11:00- Hangman 1pm Heritage Hikers in MC 2pm BINGO 3pm- Grab a friend for table games Independence Day
9:30- Sunday Bakery Delivery 10:30- Catholic Mass 11:00- Chair Exercises W/Kris 1:00 Heritage Hikers in MC 2:00- Movie Matinee 4:00- POKENO ⁵	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 1pm- Heritage Hikers in MC 1pm- <u>Bus trip to Target</u> 2pm-Manicure Monday 3pm- Movie Monday ⁶	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises followed by Ax throwing 1pm- Heritage Hikers in MC 2pm- BINGO 3pm Left, Right, Center ⁷	9:30- Coffee Social (Resident Run) 10:30-Chair Exercise 1pm- Heritage Hikers in MC 2pm- Crafty Corner 3:30pm- Praying the Rosery (Resident Run) ⁸	9:30- Coffee Social (Resident Run) 10:30-Balloon Volleyball 1pm- Heritage Hikers in MC 2pm -BINGO 3pm- Cards & Conversation ⁹	<u>National Pina Colada Day</u> 9:30- Coffee Social (Resident Run) 10:30- Chair Exercise 1pm- Heritage Hikers in MC 2pm- Happy Hour in the Pub (Pina Colada) ¹⁰	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises W/Kris 1:00 Heritage Hikers in MC 2:00- BINGO 3:00- Grab a friend and play a game ¹¹
9:30- Sunday Bakery Delivery 10:30- Catholic Mass 11:00- Chair Exercises W/ Kris 1:00 Heritage Hikers in MC 2:00- Hangman 3:30- POKENO ¹²	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 11am- <u>Bus trip to Dollar Tree</u> 1pm- Heritage Hikers in MC 2pm- Manicure Monday 3pm- Movie Monday ¹³	9:30- Coffee Social (Resident Run) 10:30-Chair Exercise followed by Ax throwing 1pm- Heritage Hikers in MC <u>1:30 Resident Council</u> 2pm- BINGO 3pm- Left, Right, Center ¹⁴	9:30- Coffee Social (Resident Run) 10:30-Chair Exercise 1pm- Heritage Hikers in MC 2pm- Crafty Corner 3:30pm- Praying the Rosery (Resident Run) ¹⁵	9:30- Coffee Social (Resident Run) 10:30- Chair Exercise 1pm Heritage Hikers in MC <u>3pm- Entertainment W/Alan Snyder</u> ¹⁶	9:30- Coffee Social (Resident Run) 10:30 Chair Exercise 1pm- Heritage Hikers in MC 2pm- Happy Hour w/ BINGO 3pm- Puzzles ¹⁷	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises W/Kris 1:00 Heritage Hikers in MC 2:00- BINGO 3:00-Grab a friend and play ¹⁸
<u>National Ice Cream Day</u> 9:30- Sunday Bakery Delivery 10:30- Catholic Mass 11:00- Chair Exercises W/ Kris 1:00 Heritage Hikers in MC 2:00- Sundaes on Sunday 4:00- POKENO ¹⁹	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 1pm- Heritage Hikers in MC 1pm- <u>Bus Trip to Sendik's</u> 2pm- Manicure Monday 3pm- Movie Monday ²⁰	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 11:00- Table Hockey 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Kings Corner ²¹	9:30- Coffee Social (Resident Run) 10:30-Chair Exercise 1pm- Heritage Hikers in MC 2pm- Crafty Corner 3:30pm- Praying the Rosery (Resident Run) ²²	<u>Gorgeous Grandma Day</u> 9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Gorgeous Grandma Photo Shoot ²³	9:30- Coffee Social (Resident Run) 10:30- Balloon Volleyball 1pm- Heritage Hikers in MC 2pm- Happy Hour in the Pub 3pm-Cards (Resident Choice) ²⁴	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises W/Kris 1:00 Heritage Hikers in MC 2:00- BINGO 3:00- Grab a friend and play a game ²⁵
9:30- Sunday Bakery Delivery 10:30- Catholic Mass 11:00- Chair Exercises W/ Kris 1:00 Heritage Hikers in MC 2:00- Puzzles & Board games 3:30- POKENO ²⁶	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 11:00- Trivia 1pm- Heritage Hikers in MC 2pm- Manicure Mondays 3pm- Movie Monday ²⁷	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises 11:00- Ax throwing 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Table Games ²⁸	9:30- Coffee Social (Resident Run) 10:30-Chair Exercise 1pm- Heritage Hikers in MC 2pm- Crafty Corner 3pm- Heritage House Calls 3:30pm- Praying the Rosery (Resident Run) ²⁹	9:30- Coffee Social (Resident Run) 10:30- Chair Exercise 12:00- <u>Bus trip to Farmers Market</u> 1pm- Heritage Hikers in MC 2:00- BINGO 3:00-Left, Right, Center ³⁰	9:30- Coffee Social (Resident Run) 10:30- Chair Exercises followed by Ax throwing 1pm- Heritage Hikers in MC <u>2pm-The Diamond Dancers</u> 3pm-Happy Hour/ July Birthday Party ³¹	

SPECIAL EVENTS

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
SENIOR LIVING