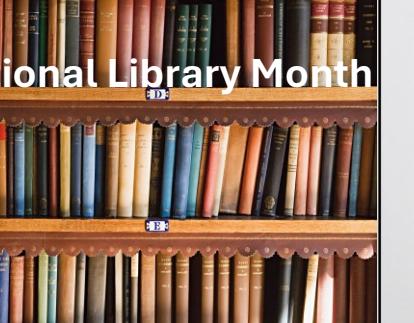


# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>February is Black History Month</b>	The 1st week in February is Pride in Food Service	The 14th-21st is Alzheimer's and Dementia Care Education			<b>February Day's 7<sup>th</sup> is Wear Red 14<sup>th</sup> is Valentine's 15<sup>th</sup> is Wisconsin 20<sup>th</sup> is Leadership 21<sup>st</sup> is Caregivers</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit 12:00 Lunch 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Inessa's Pick In the Activities Room 5:00 Dinner
8:00 Breakfast 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut Delivery <b>12:00 Lunch</b> 2:00 Movie and Popcorn in the Activities Room <b>5:00 Dinner</b> <b>Groundhog Day</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Yahtzee (Dice Game) In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b> <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 You Pick the Card Game <b>5:00 Dinner</b> <b>6:00 German Shepard Tricks</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Bingo In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 2:00 Happy Hour Cooking Demonstration with Chef Chad in the Pub <b>5:00 Dinner</b> <b>Wear Red Day</b>	8:00 Breakfast 9:30 Heritage Herald <b>Valentine's Brunch</b> <b>10:30-12:00</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Pat's Pick In the Activities Room <b>5:00 Dinner</b>
8:00 Breakfast 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut Delivery <b>12:00 Lunch</b> 2:00 Movie and Popcorn In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Left Right Center In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:30 <b>Resident Council in the Activities Room</b> 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b> <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 You Pick the Card Game: GOLF, King's Corners etc. <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Bingo <b>5:00 Dinner</b> <b>5:30-6:30 Valentine's Trivia</b>	8:00 Breakfast <b>Audiology Here Today</b> 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 2:00 Hearts and Happy Hour in the Activities Room <b>3:30-4:30 Heinzel Playing Piano in Memory Care</b> <b>Valentine's Day</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Wisconsin Jeopardy In the Activities Room <b>5:00 Dinner</b> <b>National Wisconsin Day</b>
8:00 Breakfast 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut Delivery <b>12:00 Lunch</b> 2:00 Movie and Popcorn In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Hikers in Memory Care 2:00 Presidential Jeopardy <b>3-4pm Bruce Anthony Performs in Memory Care</b> <b>President's Day</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b> <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Making Your Own Instant Hot Chocolate <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Bingo In the Pub <b>5:00 Dinner</b> <b>National Leadership Day</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers 2:00 Happy Hour with Games and Chit Chat <b>5:00 Dinner</b> <b>National Caregivers Day</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Pat's Pick In the Activities Room <b>5:00 Dinner</b>
8:00 Breakfast 10:00 <b>Church Services</b> 10:30 Heritage Herald 10:45 Doughnut Delivery <b>12:00 Lunch</b> 2:00 Movie and Popcorn In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care <b>2-3pm Joe Kadlec Performs</b> <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Hiking in Memory Care 2:00 <b>Virtual Mass</b> 2:30 <b>CBC Service</b> <b>5:00 Dinner</b> <b>Optometry is here today</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> <b>1:00 Trip to Target</b> 2:00 You Pick the Card Game: GOLF, King's Corners etc. <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers, Come Hike in Memory Care 2:00 Bingo In the Activities Room <b>5:00 Dinner</b>	8:00 Breakfast 9:30 Heritage Herald 11:15 Keepin' Fit <b>12:00 Lunch</b> 1:00 Heritage Hikers 2:00 Happy Hour W/Birthday Cake and Chit Chat <b>5:00 Dinner</b>	<b>February Birthday's</b> <b>Agnes 2/3</b> <b>Betty G. 2/26</b>

## SPECIAL EVENTS

Valentine's Brunch February 8<sup>th</sup> from 10:30am-Noon

Heinzel performs February 14<sup>th</sup> from 3:30-4:30pm

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.