

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SEPTEMBER BIRTHDAYS NO BIRTHDAYS FOR SEPTEMBER		1 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- BINGO 3:15pm- Left, Right, Center	2 9:30- Coffee Social 10:30- Balloon Volleyball 1pm-Heritage Hikers n MC 2pm- Crafty Corner 3:30pm- Praying the Rosary- Resident Led	3 9:30- Coffee Social 10:30- Drumming Thursday 1pm-Heritage Hikers n MC 2pm- BINGO 3pm- What was the Cost?	4 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- Happy Hour in the Pub 3pm- Book Club	5 9:30am- Coffee Social 10:30- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Grab a friend or two and play a game
6 9:30- Sunday Bakery Delivery 10:30-Catholic Mass in AL 11:15 Exercise W/Kris 1pm- Heritage Hikers in MC 2pm-Movie Matinee & Popcorn 4pm- Pokeno-Resident Led	7 9:30- Coffee Social 10:30- Noodlesize 11:00- Kick Ball 1pm- Heritage Hikers in MC 2pm- Manicure Mondays 3pm-Cornhole and Popsicles Labor Day	8 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 1:30- Resident Council Meeting 2pm- BINGO 3pm- Heritage House Calls 1:1	9 9:30- Coffee Social 10:30- Chair Palates W/Tamara 1pm-Heritage Hikers n MC 2pm- Crafty Corner 3:30pm- Praying the Rosary- Resident Led	10 9:30- Coffee Social 10:30- Drumming Thursday 1pm-Heritage Hikers n MC 2pm- Happy Hour & Bingo 3pm- UNO	11 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- Left, Right, Center- Resident Led 3pm- Garbage Patriot Day	12 9:30am- Coffee Social 10:30- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Grab a friend or two and play a game
National Grandparents Day 13 9:30- Sunday Bakery Delivery 10:30-Catholic Mass in AL 11:15- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm- Sundaes on Sunday in Pub 3pm- Trivia	14 9:30- Coffee Social 10:30- Noodlesize 11:00- Kick Ball 1pm- Heritage Hikers in MC 2pm- Manicure Mondays 3pm-Heritage House Calls 1:1	15 9:30- Coffee Social 10:30- Chair Exercise 11:00- Try It Tuesday 1pm-Heritage Hikers n MC 2pm- BINGO 3pm- Mexican Train (Dominos)	16 9:30- Coffee Social 10:30- Balloon Volleyball 1pm-Heritage Hikers n MC 2pm- Crafty Corner 3:30pm- Praying the Rosary- Resident Led	17 National Apple Dumpling Day 9:30- Coffee Social 10:30- Drumming Thursday 1pm-Heritage Hikers n MC 2pm- BINGO 3pm- Movie	18 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- Happy Hour 2:30pm- Jeopardy	19 9:30am- Coffee Social 10:30- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Kings Corner
20 9:30- Sunday Bakery Delivery 10:30-Catholic Mass in AL 11:15- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm-Movie Matinee & Popcorn 4pm- Pokeno-Resident Led	21 9:30- Coffee Social 10:30- Noodlesize 11:00- Kick Ball 1pm- Heritage Hikers in MC 2pm- Manicure Mondays 3pm-Heritage House Calls 1:1	22 National Ice Cream Cone Day 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- BINGO followed w/Ice Cream Cones 6pm- German Shepard Dog Club	23 9:30- Coffee Social 10:30- Balloon Volleyball 1pm-Heritage Hikers n MC 2pm- Crafty Corner 3:30pm- Praying the Rosary- Resident Led First Day of Autumn	24 9:30- Coffee Social 10:30- Drumming Thursday 1pm-Heritage Hikers n MC 2pm- BINGO 3pm- Pictionary	25 National Quesadilla Day 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- Happy Hour in the Pub Margaritas and Quesadillas 3pm- Mexican Train (Dominos)	26 9:30am- Coffee Social 10:30- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm- BINGO 3pm- Puzzles
27 9:30- Sunday Bakery Delivery 10:30-Catholic Mass in AL 11:15- Exercise W/Kris 1pm- Heritage Hikers in MC 2pm- Sundaes on Sunday in Pub 3pm- Trivia	28 9:30- Coffee Social 10:30- Noodlesize 11:00- Kick Ball 1pm- Heritage Hikers in MC 2pm- Manicure Mondays 3pm-Heritage House Calls 1:1	29 9:30- Coffee Social 10:30- Chair Exercise 1pm-Heritage Hikers n MC 2pm- BINGO 3:00- Movie and Popcorn	30 9:30- Coffee Social 10:30- Balloon Volleyball 1pm-Heritage Hikers n MC 2pm- Crafty Corner 3:30pm- Praying the Rosary- Resident Led			What's New? *Heritage Readers Book Club starting September 4 th @ 3pm *Try it (Monthly event where we try new things, come check it out) *Drumming Thursday (New form of exercise)