

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
October Birthdays Carol R. 10/2 Dennis J. 10/5 Kathleen U. 10/14 Shirely P. 10/17 Karen D. 10/23	*Daily Hydration and Snack Cart *Daily Lavender Towels @ lunch 	What's New - Reading by The Fireplace every Friday at 11am with Kathy - Manicures every Monday - Sips, Snacks & Stories every Fridays		Morning Activities Parachute Kickball Afternoon Activities: Heritage Hikers in MC BINGO Happy Hour	Morning Activities Balloon Volleyball Music W/ Susie Q Reading W/Kathy B. Afternoon Activities: Heritage Hikers in MC Hangman Sips, Snacks & Stories	Morning Activities Chair Exercise Kickball BINGO Afternoon Activities: Heritage Hikers in MC Table games by the Fireplace
Morning Activities Chair Exercise Kickball Church Services-YouTube Match Game Afternoon Activities: Heritage Hikers in MC What's in the Bag	Morning Activities Noodle-Size Bean Bag Toss Manicure Monday Afternoon Activities: Heritage Hikers in MC Card Making Gathering by the Fireplace	Morning Activities Drum Fit Tuesday Ax Throwing Water Painting Afternoon Activities: Heritage Hikers in MC BINGO Match Game	Morning Activities Chair Exercises Crafty Corner Coloring & Puzzles Afternoon Activities: Heritage Hikers in MC Bowling Heritage House Calls 1:1	Morning Activities Parachute Kickball Afternoon Activities: Heritage Hikers in MC BINGO Music W/Joe Kadlec @3pm	Morning Activities Balloon Volleyball Music W/ Susie Q Reading W/Kathy B. Afternoon Activities: Heritage Hikers in MC Puzzles Sips, Snacks & Stories	Morning Activities Noodle Size Balloon Toss Bingo Afternoon Activities: Heritage Hikers in MC Violin by the Fireplace @ 2pm Fall Coloring
Morning Activities Chair Exercise Kickball Church Services-YouTube Match Game Afternoon Activities: Heritage Hikers in MC Coloring & Puzzles	Morning Activities Noodle-Size Bean Bag Toss Manicure Monday Afternoon Activities: Heritage Hikers in MC Table Games by the Fireplace Columbus Day	Morning Activities Drum Fit Tuesday Ax Throwing Water Coloring Afternoon Activities: Heritage Hikers in MC BINGO Engagement Bins	Morning Activities Chair Exercises Crafty Corner Bean Bag Toss Afternoon Activities: Heritage Hikers in MC Coloring & Puzzles Heritage House Calls 1:1	Morning Activities Parachute Kickball I love Lucy Trivia Afternoon Activities: Heritage Hikers in MC Music W/Bruce & Mary @ 2pm	Morning Activities Balloon Volleyball Music W/ Susie Q Reading W/Kathy B. Afternoon Activities: Heritage Hikers in MC Fall themed Jeopardy Sips, Snacks & Stories	Morning Activities Chair Exercise Kickball BINGO Afternoon Activities: Heritage Hikers in MC Table games by the Fireplace
Morning Activities Chair Exercise Kickball Church Services-YouTube Match Game Afternoon Activities: Heritage Hikers in MC What's in the Bag	Morning Activities Noodle- Size Bean Bag Toss Manicure Monday Afternoon Activities: Heritage Hikers in MC Engagement Bins	Morning Activities Drum Fit Tuesday Ax Throwing Water Coloring Afternoon Activities: Heritage Hikers in MC BINGO Engagement Bins	Morning Activities Chair Exercises Crafty Corner Coloring & Puzzles Afternoon Activities: Heritage Hikers in MC Music W/Susie Q Heritage House Calls 1:1	Morning Activities Parachute Kickball Hangman Afternoon Activities: Heritage Hikers in MC BINGO Happy Hour	Morning Activities Balloon Volleyball Music W/ Susie Q Reading W/Kathy B. Afternoon Activities: Heritage Hikers in MC Sips, Snacks & Stories	Morning Activities Chair Exercises BINGO Afternoon Activities: Heritage Hikers in MC Fall Coloring Music Therapy
Morning Activities Chair Exercise Kickball Church Services-YouTube What's in the Bag Afternoon Activities: Heritage Hikers in MC Movie & Popcorn	Morning Activities Noodle-Size Bean Bag Toss Manicure Monday Afternoon Activities: Heritage Hikers in MC Hangman by the Fireplace	Morning Activities Drum Fit Tuesday Ax Throwing Water Coloring Afternoon Activities: Heritage Hikers in MC BINGO Engagement Bins	Morning Activities Chair Exercises Crafty Corner Music W/Susie Q Afternoon Activities: Heritage Hikers in MC Coloring & Puzzles Heritage House Calls 1:1	Morning Activities Parachute Bowling Color Sorting Afternoon Activities: Heritage Hikers in MC BINGO Halloween Happy Hour	Morning Activities Balloon Volleyball Music W/ Susie Q Reading W/Kathy B. Afternoon Activities: Heritage Hikers in MC October Birthday Celebration	Morning Activities Chair Exercises Bean Bag Toss Halloween Coloring Afternoon Activities: Heritage Hikers in MC Hangman Halloween Movie & Treats Halloween

SPECIAL EVENTS

Family Social -TRUNK or TREAT Friday, October 30 from 3-5pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*