

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Popcorn is served daily at 1:30pm. 🍿 Daily evening activity stations with staff begin at 6:00pm. 🍪	Happy Birthday 🎂 9/11 Loren D. 9/19 Annette R. 9/19 Beverly F. 9/28 Joan D.	Morning: 1 The Morning Gatherings Spiro Sit & Stretch Afternoon: Music w/Todd Bartlett @2:00pm Home + Heart: The Flower Shop 🌸	Morning: 2 Travel Club: Germany @10:00am 🗺️ Afternoon: Oktoberfest Inspired Lunch Threshold Singers Visits Courtyard Crew: Iced Tea	Morning: 3 The Morning Gatherings SingFit Exercise Session Afternoon: Puzzles + Popcorn Watercolor Painting 🎨 Finish the Phrase	Morning: 4 The Morning Gatherings Spiro Sit & Stretch Afternoon: Football Kick-Off Party @2:30pm 🏈 Bingo!	Morning: 5 The Weekend Gatherings Late Morning Movement Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Saturday Connections + Pastimes
Morning: 6 The Weekend Gatherings Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Discovery Hour 📺 Weekend Wind-Down + Engage	Morning: 7 The Morning Gatherings Zumba w/Gloria @10:45am Afternoon: Heritage Happy Hour + A to Z Occupations Manicure Monday 💅 Labor Day	Morning: 8 Catholic Communion @9:45am The Morning Gatherings Spiro Sit & Stretch Afternoon: Men's Club: Football Memories Can You Picture This? 📺 Home + Heart: The Early Years	Morning: 9 The Morning Gatherings Balloon Exercise Group Afternoon: Birthday Bash @1:30pm 🎂 Courtyard Crew: Lemonade Match + Mingle	Morning: 10 The Morning Gatherings SingFit Exercise Session Afternoon: Gratitude Cards Craft Annual Heritage Hoedown @3:00pm 🎪	Morning: 11 The Morning Gatherings Spiro Sit & Stretch Afternoon: Music w/Sarah Ohr @2:00pm 🎵 Bingo! Patriot Day	Morning: 12 The Weekend Gatherings Late Morning Movement Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Saturday Connections + Pastimes
Morning: 13 Grandparents Day: Coffee + Donuts in the Lobby Church w/ Messiah Lutheran @ 11:15am Afternoon: Weekend Wind-Down + Engage Packers v. Vikings Game @3:25pm	Happy National Assisted Living Week! 14 Morning: The Morning Gatherings Zumba w/Gloria @10:45am Afternoon: Heritage Happy Hour + Ads Through the Decades Manicure Monday 💅	Morning: 15 The Morning Gatherings Spiro Sit & Stretch Afternoon: Memories and Melodies Home + Heart: Family Stories ❤️ Picture This: Stories from the Past	Morning: 16 Bible Study w/Mark @10:30am Balloon Exercise Group Afternoon: The Apple Variety Show: A Tasting 🍏 Courtyard Crew: Cran-Apple Punch Heritage Bonfire w/Live Music ft. Julia Huseth @6:00pm	Morning: 17 Outing to Connell's Apple Orchard @10:00am Afternoon: Short Story Reading: A Small Gift Music w/Matt Hoage @2:00pm 🎵 Shadowbox Collage Craft	Morning: 18 Shining Stars Brunch @10:00am Afternoon: Afternoon Zumba w/Natalie 🕺 Bingo! True or False?	Morning: 19 The Weekend Gatherings Late Morning Movement Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Saturday Connections + Pastimes
Morning: 20 The Weekend Gatherings Church w/ Messiah Lutheran @ 11:15am Afternoon: Packers v. Jets Game @12:00pm Sunday Discovery Hour 📺 Weekend Wind-Down + Engage	Morning: 21 The Morning Gatherings Zumba w/Gloria @10:45am Afternoon: Heritage Happy Hour + What Does it Mean to You? Manicure Monday 💅	Morning: 22 Catholic Communion @9:45am Fall Kick-Off Social @10:00am Afternoon: Therapy Dog Visit w/Chelsea @1:30pm 🐕 Where are We: Image Trivia Home + Heart: A Place for Everything	Morning: 23 The Morning Gatherings Balloon Exercise Group Afternoon: Baking Club: Snickerdoodles 🍪 Courtyard Crew: Chilled Apple Cider First Day of Autumn	Morning: 24 The Morning Gatherings SingFit Exercise Session Afternoon: Resident Council Meeting @1:30pm Fall Canvas Painting Craft 🎨 Packers v. Falcons Game @7:15pm	Morning: 25 The Morning Gatherings Spiro Sit & Stretch Afternoon: Riddle Me This! What's That Tune: One Hit Wonders Bingo! 🎵	Morning: 26 Annual Walk to End Alzheimer's at UWEC @8:00am Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Saturday Connections + Pastimes
Morning: 27 The Weekend Gatherings Church w/ Messiah Lutheran @ 11:15am Afternoon: Sunday Discovery Hour 📺 Weekend Wind-Down + Engage	Morning: 28 The Morning Gatherings Zumba w/Gloria @10:45am Afternoon: Heritage Happy Hour + Category Call Out Manicure Monday 💅	Morning: 29 The Morning Gatherings Spiro Sit & Stretch Afternoon: Home + Heart: Fresh and Folded Music w/Larry Radle @2:00pm 🎵 Musical Drumming Exercise	Morning: 30 The Morning Gatherings Balloon Exercise Group 🎈 Afternoon: Ribbon Tracing Exercise September Tea + Gossip @2:30pm Courtyard Crew: Grape Spritzer			

SPECIAL EVENTS

Annual Heritage Hoedown 9/10 at 3:00pm

Heritage Bonfire 9/16 @6:00pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*