

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Popcorn is served daily at 1:30pm. 🍿 Daily evening activity stations with staff begin at 6:00pm. 🍪	🍰 Happy Birthday 🍰 7/5 Barb R. 7/9 Sylvia N. 7/17 Dick B. 7/26 Fred B.		Morning: Bible Study w/Mark @10:30am Heritage Hikers Afternoon: Threshold Singer Room Visits Courtyard Crew + Patriotic Ice Cream Sundaes 🍦 Heritage House Calls	Morning: 2 Music w/Ryan Herman @10:00am Afternoon: Q-Tip Firework Canvas Craft Hour 🎆 Independence Day Party @2:30pm Heritage House Calls	Morning: 3 The Morning Gatherings Spiro Sit & Stretch Afternoon: American Flag Film + Fact Sheets 🍒 Popcorn + Puzzles Heritage House Calls	Morning: 4 Coffee & Chronicles Current Events Viewing Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Afternoon Brain Sparks Independence Day
Morning: 5 Coffee & Chronicles Church w/ Messiah Lutheran @ 11:15am Afternoon: History Hour in the Dining Room Weekend Wind-Down 🧺	Morning: 6 100 Years in Bloom: A Century Worth Celebrating @10:00am Afternoon: Heritage Happy Hour + Who Am I? Manicure Monday 💅	Morning: 7 The Morning Gatherings Spiro Sit & Stretch Afternoon: Maldives Inspired Lunch @12:00pm Travel Club: The Maldives @2:30pm 🛩️ Heritage House Calls	Morning: 8 Outing to the Downtown EC Farmer's Market @9:30am 🌿 The Morning Gatherings Heritage Hikers Afternoon: Courtyard Crew + Freezer Pops Heritage House Calls	Morning: 9 The Morning Gatherings Zumba w/Gloria @10:45am Afternoon: Music w/Sarah Ohr @2:00pm 🎵 Garden Rock Painting Craft Hour Heritage House Calls	Morning: 10 The Morning Gatherings Spiro Sit & Stretch Afternoon: Bingo! 🎲 Pina Coladas + Puzzles Heritage House Calls	Morning: 11 Coffee & Chronicles Current Events Viewing Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Afternoon Brain Sparks
Morning: 12 Coffee & Chronicles Church w/ Messiah Lutheran @ 11:15am Afternoon: History Hour in the Dining Room Weekend Wind-Down 🧺	Morning: 13 The Morning Gatherings Zumba w/Gloria @10:45am 🕒 Afternoon: Heritage Happy Hour + Patriotic Color Game Manicure Monday 💅	Morning: 14 Catholic Communion @9:45am The Morning Gatherings Spiro Sit & Stretch Afternoon: July Birthday Bash @2:00pm 🎂 Finish the Phrase Heritage House Calls	Morning: 15 Bible Study w/Mark @10:30am Heritage Hikers Afternoon: Courtyard Crew + Dole Whip Alphabet Quiz: Fruits + Veggies 🍎 Heritage House Calls	Morning: 16 The Morning Gatherings SingFit Exercise Session Afternoon: Music w/Todd Bartlett @2:00pm 🎵 Framed Button Flag Craft Hour Heritage House Calls	Morning: 17 The Morning Gatherings Spiro Sit & Stretch Afternoon: Men's Club: Stories of Service + Home @2:00pm 🏠 Popcorn + Puzzles Heritage House Calls	Morning: 18 Coffee & Chronicles Current Events Viewing Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Afternoon Brain Sparks
Morning: 19 Coffee & Chronicles Church w/ Messiah Lutheran @ 11:15am Afternoon: History Hour in the Dining Room Weekend Wind-Down 🧺	Morning: 20 The Morning Gatherings Zumba w/Gloria @10:45am 🕒 Afternoon: July Resident Council @1:30pm Happy Hour + Lifelong Learning: Colonial Connecticut	Morning: 21 The Morning Gatherings Spiro Sit & Stretch Afternoon: Animal Feature: Porcupine Floral Arrangements 🌸 Heritage House Calls	Morning: 22 The Morning Gatherings Heritage Hikers Afternoon: Outing to Irvine Park @1:00pm 🐙 Octopus Film + Fact Sheets Heritage House Calls	Morning: 23 Outing to Stand in the Light Memory Choir Summer Sings Concert @8:15am 🎵 Afternoon: Gorgeous Grandma Day Paint-n-Sip: Canvases + Manicures Heritage House Calls	Morning: 24 The Morning Gatherings Spiro Sit & Stretch Afternoon: Christmas in July Bingo! 🎄 Popcorn + Holiday Film Heritage House Calls	Morning: 25 Coffee & Chronicles Current Events Viewing Afternoon: Heritage House Calls Weekend Watch Party and Popcorn Social 🍿 Afternoon Brain Sparks
Morning: 26 Coffee & Chronicles Church w/ Messiah Lutheran @ 11:15am Afternoon: History Hour in the Dining Room Weekend Wind-Down 🧺	Morning: 27 The Morning Gatherings Zumba w/Gloria @10:45am Afternoon: Heritage Happy Hour + Where Are We Image Game Manicure Monday 💅	Morning: 28 Catholic Communion @9:45am The Morning Gatherings Spiro Sit & Stretch Afternoon: Music w/Larry Radle @2:00pm 🎵 Short Story Read Aloud Heritage House Calls	Morning: 29 The Morning Gatherings Heritage Hikers Afternoon: Outing to Beaver Creek Reserve Butterfly House @12:30pm 🦋 Mr. Rogers Film + Fact Sheets Heritage House Calls	Morning: 30 The Morning Gatherings SingFit Exercise Session Afternoon: July Tea + Gossip @2:00pm 🍵 Group Craft Hour: Painted Wooden Block Game Heritage House Calls	Morning: 31 The Morning Gatherings Spiro Sit & Stretch Afternoon: Matchdown! 🏈 Popcorn + Puzzles Heritage House Calls	

SPECIAL EVENTS

Independence Day Party 7/2 at 2:30pm

Outing To Stand In the Light Memory Choir Summer Sings Concert 7/23 @8:15am

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*