

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning: Morning Gatherings: 1 Spiritual Reflection Light Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Social, Coffee & Conversation Evening: Quiet Hymns Wind Down Culinary Appreciation Week	Wear Your Heart Day 2 Morning: Morning Gatherings: Music & Stretch Neighbor to Neighbor Afternoon: (Lunch) Lavendar Towels Creative Station 1:1 Moments That Matter Evening: Relaxation Cart Nature Film Groundhog Day	Kitchen Pride Day 3 Morning: Music & Stretch Neighbor to Neighbor Life Story Spotlight Afternoon: (Lunch) Lavendar Towels Cognitive Station: Reminisce Bingo 1:1 Moments That Matter Evening: Hymn Song/Quiet Music	Comfort Food Cozy Day 4 Morning: Morning Gatherings: Music & Stretch Sorting Task Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Sweet Treat Social Evening: Hand Massage & Calm Conversations	Heritage Spirit Wear Day 5 Morning: Music & Stretch Neighbor to Neighbor Baking Club/ Kitchen Helpers Afternoon: (Lunch) Lavendar Towels Engagement Station: Aromatherapy Bingo 1:1 Moments That Matter Evening: Movie & Cozy Blankets	Fan Favorite Day 6 Morning: Morning Gatherings: Gratitude Circle Music & Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter 2:30 Happy Hour Evening: Soft Music & Coloring	Morning: Music & Stretch 7 Neighbor to Neighbor Humor Circle Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Engagement Matching Bingo Evening: Holiday Sing Along & Cocoa
Morning: Morning Gatherings: 8 Spiritual Reflection Light Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Social, Coffee & Conversation 5:30 Super Bowl LX Winter Olympics on NBC	Morning: Morning Gatherings: 9 Music & Stretch Neighbor to Neighbor Afternoon: (Lunch) Lavendar Towels Creative Station 1:1 Moments That Matter Evening: Relaxation Cart Nature Film	Morning: Music & Stretch 10 Neighbor to Neighbor Life Story Spotlight Afternoon: (Lunch) Lavendar Towels Cognitive Station: Reminisce Bingo Engagement Station: Fidgets 1:1 Moments That Matter Evening: Hymn Song/Quiet Music	Morning: Morning Gatherings: 11 Music & Stretch Sorting Task Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Sweet Treat Social Evening: Hand Massage & Calm Conversations	Morning: Music & Stretch 12 Neighbor to Neighbor Baking Club/ Kitchen Helpers Afternoon: (Lunch) Lavendar Towels Engagement Station: Aromatherapy Bingo Card Club 1:1 Moments That Matter Evening: Movie & Cozy Blankets	Morning: Morning Gatherings: 13 Gratitude Circle Music & Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter 2:30 Happy Hour & Valentine's Day Social Evening: Soft Music & Coloring	Morning: Music & Stretch 14 Neighbor to Neighbor Humor Circle Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Engagement Matching Bingo Evening: Holiday Sing Along & Cocoa Valentine's Day
Morning: Morning Gatherings: 15 Spiritual Reflection Light Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Social, Coffee & Conversation Evening: Quiet Hymns Wind Down Winter Olympics on NBC	Morning: Morning Gatherings: 16 Music & Stretch Neighbor to Neighbor Afternoon: (Lunch) Lavendar Towels Creative Station 1:1 Moments That Matter Evening: Relaxation Cart Nature Film President's Day	Fat Tuesday 17 Morning: Music & Stretch Neighbor to Neighbor Life Story Spotlight Afternoon: (Lunch) Lavendar Towels Cognitive Station: Reminisce Bingo & Mardi Gras Social 1:1 Moments That Matter Evening: Hymn Song/Quiet Music	Morning: Morning Gatherings: 18 Music & Stretch Sorting Task Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Sweet Treat Social Evening: Hand Massage & Calm Conversations	Morning: Music & Stretch 19 Neighbor to Neighbor Baking Club/ Kitchen Helpers Afternoon: (Lunch) Lavendar Towels Engagement Station: Aromatherapy Bingo Card Club 1:1 Moments That Matter Evening: Movie & Cozy Blankets	Morning: Morning Gatherings: 20 Gratitude Circle Music & Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter 2:30 Happy Hour Evening: Soft Music & Coloring	Morning: Music & Stretch 21 Neighbor to Neighbor Humor Circle Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Engagement Matching Bingo Evening: Holiday Sing Along & Cocoa
Morning: Morning Gatherings: 22 Spiritual Reflection Light Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Social, Coffee & Conversation Evening: Quiet Hymns Winter Olympics on NBC	Morning: Morning Gatherings: 23 Music & Stretch Neighbor to Neighbor Afternoon: (Lunch) Lavendar Towels Creative Station 1:1 Moments That Matter Evening: Relaxation Cart Nature Film	Morning: Music & Stretch 24 Neighbor to Neighbor Life Story Spotlight Afternoon: (Lunch) Lavendar Towels Cognitive Station: Reminisce Bingo Engagement Station: Fidgets 1:1 Moments That Matter Evening: Hymn Song/Quiet Music	Morning: Morning Gatherings: 25 Music & Stretch Sorting Task Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Sweet Treat Social Evening: Hand Massage & Calm Conversations	Morning: Music & Stretch 26 Neighbor to Neighbor Baking Club/ Kitchen Helpers Afternoon: (Lunch) Lavendar Towels Engagement Station: Aromatherapy Bingo Card Club 1:1 Moments That Matter Evening: Movie & Cozy Blankets	Morning: Morning Gatherings: 27 Gratitude Circle Music & Movement Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter 2:30 Happy Hour & Birthday Celebration Evening: Soft Music & Coloring	Morning: Music & Stretch 28 Neighbor to Neighbor Humor Circle Afternoon: (Lunch) Lavendar Towels 1:1 Moments That Matter Engagement Matching Bingo Evening: Holiday Sing Along & Cocoa
		In February We Celebrate: <ul style="list-style-type: none"> - Heart Month - Black History Month - The Winter Olympics 			Happy Birthday Clarence P. – Feb. 5 th Sally C. – Feb. 12 th Dorothy N. – Feb. 13 th Joyce B. – Feb. 18 th Susan B. – Feb. 22 nd	

Memory Support