

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday! Fred S. – Sept. 8 th Annette S. – Sept. 10 th Tomi T. – Sept. 13 th Jean C. – Sept. 15 th John C. – Sept. 16 th Barb R. – Sept. 17 th Betty N. – Sept. 20 th Linda B. – Sept. 29 th 	LEGEND All Events are held in Memory Support unless otherwise stated. LAR: Large Activity Room (upstairs) LDR: Large Dining Room (off Main Lobby)	Morning: News & Sittercise Rosary Trivia Tuesday Afternoon: Heritage Hikers 2:00 Music by Bruce & Mary LDR 3:00 Sept. Jeopardy LDR Armchair Travels 	Morning: Daily Chronicles & AM Stretch 10:45 Lutheran Service Crafting: Sunflower Centerpieces Afternoon: Sing Along W/ Steve & Lois – ECDR Heritage Hikers & Hangman Classic Movie & Snacks 	Morning: On This Day & Sing Fit Lutheran Service Floor Dice to 25 Afternoon: Educational Presentation: Cranes BINGO! (1:1) Room Visits 	Morning: Donuts & Dynseo Catholic Mass Deal or No Deal Afternoon: ***4:00PM – 6:00PM*** HUB'S HOEDOWN! 	Morning: Chicken Soup for the Soul Rosary U-Pick Puzzles & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Room Visits 
Morning: Daily Chronicles & AM Stretch Catholic TV Mass Table Puzzles / Adult Coloring Pages Afternoon: True or False? (1:1) Nailcare Room Visits 	Morning: Daily Chronicles & AM Devotion Sit & Be Fit Music & Manicures Afternoon: Everyday Trivia & Salami & Cheese Snack (1:1) Heritage House Calls Labor Day 	Morning: News & Sittercise Rosary Word Games Afternoon: Heritage Hikers 2:00 Music by Craig Siemsen LDR 3:00 Top Ten Tuesday LDR Armchair Travels 	Morning: Daily Chronicles & AM Stretch 10:00 Lutheran Service w/ Pastor Becky LAR Crafting w/ Julianna: Pumpkin Wreaths Afternoon: Heritage Hikers & Hangman Classic Movie & Snacks 	Morning: On This Day & Sing Fit Lutheran Service Floor Dice to 50 Afternoon: A Chuckle or Two or a Few BINGO! (1:1) Room Visits 	Morning: Donuts & Dynseo Catholic Mass Deal or No Deal Afternoon: High Noon Stretch & Mid-Day Hike Educational Presentation: Apples (1:1) Room Visits Patriot Day 	Morning: Remember When? Reminisce Rosary U-Pick Puzzles & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Room Visits 
GENERATIONS THAT SHINE 13 Morning: Daily Chronicles & AM Stretch Catholic TV Mass Table Games / Adult Coloring Pages Afternoon: 1:00 Family BINGO (All Ages!) (1:1) Nailcare Room Visits 	THROUGH THE DECADES 14 Morning: Daily Chronicles & AM Devotion Sit & Be Fit Exercise Music & Manicures Afternoon: Songs Through the Decades Sing-Along LAR (1:1) Heritage House Calls 	STORIES THAT SHINE 15 Morning: News & Sittercise Rosary Trivia Tuesday Afternoon: 2:00 Music w/ Paul Bast LDR 3:00 You Guess Who - LDR Armchair Travels 	HERITAGE HAS TALENT 16 Morning: Daily Chronicles & AM Stretch Lutheran Service Afternoon: 2:00 Roll Out the Red-Carpet Talent Show w/Steve, Lois, & YOU! ECDR 3:30 Famous Couples Match ECDR 	OUR TEAM SHINES 17 Morning: On This Day & Sing Fit Lutheran Service Floor Dice to 25 Afternoon: BINGO! "All That Glitters" Sparkle & Glitz Snacks & The Golden Girls 	SHINING STARS 18 Morning: Donuts & Dynseo Catholic TV Mass Afternoon: Apple Harvest Social W/Applesauce Quick Bread & Apple Game High Noon Stretch & Mid-Day Hike 	LIGHT THE WAY FORWARD 19 Morning: Chicken Soup for the Soul Rosary U-Pick Puzzles & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Room Visits 
Morning: Daily Chronicles & AM Stretch Catholic TV Mass Table Puzzles / Adult Coloring Pages Afternoon: Slogans & Jingles (1:1) Nailcare Room Visits 	Morning: Daily Chronicles & AM Devotion Sit & Be Fit Exercise Music & Manicures (Sing Along) Songs of Praise Afternoon: BIG Boggle Game (1:1) Heritage House Calls 	Morning: News & Sittercise Rosary Word Games Afternoon: Heritage Hikers Chocolate Chip Cookie Baking Armchair Travels 	Morning: Daily Chronicles & AM Stretch Lutheran Service Pennies In Game Afternoon: Heritage Hikers Classic Movie & Snacks First Day of Autumn 	Morning: On This Day & Sing Fit Lutheran Service Floor Dice to 50 Afternoon: BINGO (1:1) Room Visits 	Morning: Donuts & Dynseo Catholic Mass Deal or No Deal Afternoon: High Noon Stretch & Mid-Day Hike 2:00 Music w/ Julie Thompson LDR (1:1) Heritage House Calls 	Morning: Remember When? Reminisce Rosary U-Pick Puzzles & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Room Visits 
Morning: Daily Chronicles & AM Stretch Catholic TV Mass Table Games / Adult Coloring Pages Afternoon: Brain Quest (1:1) Nailcare Room Visits 	Morning: AM Exercise & "I Haven't Got Time for the Pain" Discussion Music & Manicures (Sing Along) Afternoon: Sept. Birthdays Celebration Everyday Life Trivia (1:1) Heritage House Calls 	Morning: News & Sittercise Rosary Trivia Tuesday Afternoon: Heritage Hikers Sugar Cookie Baking Armchair Travels 	Morning: Daily Chronicles & AM Stretch Lutheran Service Pennies In Game Afternoon: Heritage Hikers Educational Presentation: Migrating Birds 			Days & Weeks We Will Celebrate: Ntnl. Assisted Living Week 13 th – 19 th Salami Day – Sept. 7 th Grandparent's Day Sept 13 th September is National: Pain Awareness Month Advertising Month 