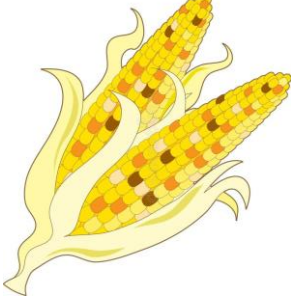


OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Heritage Hikers walking group meets every Monday thru Saturday in our Main Lobby to begin their walking – unless otherwise noted 	HAPPY BIRTHDAYS IN OCTOBER! Mary Ann – Oct. 2nd Peggy – Oct. 5th Marilyn – Oct. 6th Lee – Oct. 30th 		LEGEND All Events are held in Memory Support unless otherwise noted. LDR: Large Dining Room SAR: Small Activity Room ECDR: Enhanced Care Dining Room	Morning: Exercise & On This Day News 10:00 Lutheran Service/Elder Mike UNO/Crazy 8's Afternoon: Categories Game: PLUM BINGO! Sugar Cookie Baking	Morning: Donut Social & Story Shorts Catholic TV Mass Exercise & Floor Dice Game Afternoon: 2:00 Music by Bruce & Mary LDR Heritage Hikers House Calls (1:1 visits)	Morning: Chicken Soup for the Soul 10:00 Rosary Fellowship w/ Karen Activity HUB: Puzzlers, Brain Boosters & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Menu Selections/Room Visits
Morning: AM Stretch 10:00 Catholic Mass w/ Holy Apostles Live Stream (1:1) Nailcare Room Visits Afternoon: Packer Watch Party / Table Puzzles Adult Coloring Pages	Morning: AM Chronicles & Devotion Sit & Be Fit 10:30 Songs of Praise Afternoon: Music & Manicures Chocolate Chip Cookie Baking Heritage Hikers Everyday Life Trivia	Morning: News & Sittercise 10:00 Rosary w/ Mary & Lois Crafting w/ Karin & Leah Afternoon: Grid Words 2:00 Music: Four Guys/Guitars LDR Heritage Hikers Armchair Travels	Morning: Coffee Social 10:45 Lutheran Service w/ Pastor Jonathan Educational Presentation: Loveable Lemurs Afternoon: Balloon Volleyball & Word Games Heritage Hikers	Morning: Exercise & On This Day News 10:00 Lutheran Service/Elder Mike UNO/Crazy 8's Afternoon: Categories Game: BRUSH 1:00 Scenic Bus Ride – Holy Hill Heritage Hikers	Morning: Donut Social & Story Shorts 10:30 Catholic Mass/ Deacon Mike Exercise & Floor Dice Game Afternoon: Remembering Betty Crocker & Recipe Demonstration Heritage House Calls (1:1 visits)	Morning: Remember When? Reminisce 10:00 Rosary Fellowship w/ Karen Activity HUB: Puzzlers, Brain Boosters & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Menu Selections/Room Visits
Morning: AM Stretch 10:00 Catholic Mass w/ Holy Apostles Live Stream (1:1) Nailcare Room Visits Afternoon: BINGO! / Table Games Adult Coloring Pages	Morning: AM Chronicles & Devotion Sit & Be Fit Music & Manicures Afternoon: Sing-Along Heritage Hikers Everyday Life Trivia Columbus Day	Morning: News & Sittercise 10:00 Rosary w/ Mary & Lois Crafting w/ Karin & Leah Afternoon: Grid Words 2:00 Music by Craig Siemsen LDR Heritage Hikers Armchair Travels	Morning: Balloon Volleyball & Word Games 10:00 Lutheran Service w/ Pastor Becky Can You Picture This? Afternoon: Educational Presentation: OWLS Heritage Hikers	Morning: Exercise & On This Day News 10:00 Lutheran Service/Elder Mike UNO/Crazy 8's Afternoon: Categories Game: CHIME BINGO! Sugar Cookie Baking Heritage Hikers	Morning: Donut Social & Story Shorts Catholic TV Mass Exercise & Floor Dice Game Afternoon: Hangman Heritage House Calls (1:1 visits)	Morning: Chicken Soup for the Soul 10:00 Rosary Fellowship w/ Karen Activity HUB: Puzzlers, Brain Boosters & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Menu Selections/Room Visits
Morning: AM Stretch 10:00 Catholic Mass w/ Holy Apostles Live Stream (1:1) Nailcare Room Visits Afternoon: BINGO! / Table Puzzles Adult Coloring Pages	Morning: AM Chronicles & Devotion Sit & Be Fit 10:30 Songs of Praise Afternoon: Music & Manicures Chocolate Chip Cookie Baking Heritage Hikers Everyday Life Trivia	Morning: News & Sittercise 10:00 Rosary w/ Mary & Lois Crafting w/ Karin & Leah Afternoon: Grid Words 2:00 Music w/ Paul Bast LDR Heritage Hikers Armchair Travels	Morning: Coffee Social Educational Presentation: Pumpkins 10:45 Lutheran TV Service w/ Pastor Schmidt Afternoon: Balloon Volleyball & Word Games Heritage Hikers	Morning: Exercise & On This Day News 10:00 Lutheran Service/Elder Mike Polish Proverbs Puzzle/Game Afternoon: BINGO! 2:00 Flannel & Friends Chili Cook Off & Tasting w/Brighton Heritage Hikers	Morning: Donut Social & Story Shorts Catholic TV Mass Exercise & Floor Dice Game Afternoon: Hangman Heritage House Calls (1:1 visits)	Morning: Remember When? Reminisce 10:00 Rosary Fellowship w/ Karen Activity HUB: Puzzlers, Brain Boosters & Mindful Musings Afternoon: Intergenerational Family Boo Bash! (1:1) Menu Selections/Room Visits
Morning: AM Stretch 10:00 Catholic Mass w/ Holy Apostles Live Stream (1:1) Nailcare Room Visits Afternoon: BINGO! / Table Games Adult Coloring Pages	Morning: Donut Patrol (Coffee & Donuts w/N.B. Police Dept.) LDR Sit & Be Fit Music & Manicures Afternoon: Oct. Birthday Celebration Heritage Hikers Everyday Life Trivia	Morning: News & Sittercise 10:00 Rosary w/ Mary & Lois Crafting w/ Karin & Leah Afternoon: Grid Words Czech Peach Buchta Cake Snack Heritage Hikers Armchair Travels: Czech Republic	Morning: Balloon Volleyball & Word Games 10:00 Lutheran Service w/ Pastor Schmidt Photographic Memory Afternoon: Educational Presentation: SQUIRRELS Heritage Hikers	Morning: Exercise & On This Day News 10:00 Lutheran Service/Elder Mike UNO/Crazy 8's Afternoon: Word Generator: "F" BINGO! Heritage Hikers	Morning: Donut Social & Story Shorts 10:30 Catholic Mass/ Deacon Mike Exercise & Floor Dice Game Afternoon: Munch N Mingle: Apples & Caramel Dips House Heritage Calls (1:1 visits)	Morning: Chicken Soup for the Soul 10:00 Rosary Fellowship w/ Karen Activity HUB: Puzzlers, Brain Boosters & Mindful Musings Afternoon: Movie Matinee & Puffed Corn (1:1) Menu Selections/Room Visits Halloween

