

# MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<b>MORNING</b> Daily Devotions <b>1</b> 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR <b>AFTERNOON</b> Table Games & Brain Games Card Club LAR Limericks & Castles LAR BINGO! LAR Heritage House Calls (1:1)	<b>MORNING</b> 10:30 Songs of Praise LAR <b>2</b> Daily Devotions / Daily Chronicles Dice Games / Brain Games Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers & Manicure Monday 1:30 Men's Club SAR SingFit Dynseo Trivia	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>3</b> Rosary with Mary LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Menu Tuesday Catholic TV Rosary 1:00 Winter Craft LAR Dynseo Trivia <b>EVENING</b> Tuesday Travels w/ Andrea LAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>4</b> Exercise & Word / Table Game Activity Lutheran Service w/ Pastor Jonathan LAR <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service 2:00 Sing-Along w/ Steve & Lois ECDR Dynseo Trivia <b>EVENING</b> 6:00 Happy Hour w/ Nick SAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>5</b> Lutheran Service w/ Elder Mike LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service SingFit 1:30 BINGO! LAR 3:00 Dynseo Trivia / Pancake Snack LAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>6</b> Donut Friday LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Catholic TV Mass 2:00 Music by Bruce & Mary LDR Dynseo Trivia <b>EVENING</b> Wii Bowling w/ Nick LAR	<b>MORNING</b> Daily Devotions & TV Mass <b>7</b> Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity <b>AFTERNOON</b> Table Games & Brain Games 1:30 Trinity Irish Dancers LDR Heritage House Calls (1:1)		
<b>MORNING</b> Daily Devotions <b>8</b> 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR <b>AFTERNOON</b> Table Games & Brain Games BINGO! LAR Heritage House Calls (1:1) Daylight Savings Begins	<b>MORNING</b> 10:00 Educational Girl Scout Presentation LAR <b>9</b> Daily Devotions / Daily Chronicles Dice Games / Brain Games Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Manicure Monday 1:30 Women's Club SAR SingFit Dynseo Trivia	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>10</b> Rosary with Mary LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Menu Tuesday Catholic TV Rosary 2:00 Music by Craig Siemsen LDR Dynseo Trivia <b>EVENING</b> Tuesday Travels w/ Andrea LAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>11</b> Exercise & Word / Table Game Activity Lutheran Service w/ Pastor Becky LAR <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service 1:00 Winter Craft LAR Dynseo Trivia <b>EVENING</b> 6:00 Happy Hour w/ Nick SAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>12</b> Lutheran Service w/ Elder Mike LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service SingFit 1:30 BINGO! LAR (BINGO! Store) Dynseo Trivia	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>13</b> Donut Friday LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Catholic TV Mass SingFit 2:00 TGIF Happy Hour LAR Dynseo Trivia <b>EVENING</b> Wii Bowling w/ Nick LAR	<b>MORNING</b> Daily Devotions & TV Mass <b>14</b> Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity <b>AFTERNOON</b> Table Games & Brain Games 2:00 Cookie Decorating w/ Girl Scouts LAR Heritage House Calls (1:1)		
<b>MORNING</b> Daily Devotions <b>15</b> 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR <b>AFTERNOON</b> Table Games & Brain Games Card Club LAR Limericks & Castles LAR BINGO! LAR Heritage House Calls (1:1)	<b>MORNING</b> 10:30 Songs of Praise LAR <b>16</b> Daily Devotions / Daily Chronicles Dice Games / Brain Games Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Manicure Monday SingFit Dynseo Trivia	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>17</b> Rosary with Mary LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Menu Tuesday Catholic TV Rosary 2:00 Music by Paul Bast LDR 3:00 St. Patrick's Day Party / Dynseo Trivia & Shamrock Shakes Snack w/ Brighton Hospice LAR <b>EVENING</b> Tuesday Travels w/ Andrea LAR St. Patrick's Day	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>18</b> Exercise & Word / Table Game Activity Lutheran Service w/ Pastor Jonathan LAR <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service 2:00 Sing-Along w/ Steve & Lois ECDR Dynseo Trivia <b>EVENING</b> 6:00 Happy Hour w/ Nick SAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>19</b> Lutheran Service w/ Elder Mike LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service SingFit 1:30 BINGO! LAR 3:00 Dynseo Trivia / Cheese Doodle Snack LAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>20</b> Donut Friday LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Catholic TV Mass SingFit 2:00 TGIF Happy Hour LAR Dynseo Trivia <b>EVENING</b> Wii Bowling w/ Nick LAR First Day of Spring	<b>MORNING</b> Daily Devotions & TV Mass <b>21</b> Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity <b>AFTERNOON</b> Table Games & Brain Games 2:00 Music by Kalani LDR Heritage House Calls (1:1)		
<b>MORNING</b> Daily Devotions <b>22</b> 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR <b>AFTERNOON</b> Table Games & Brain Games BINGO! LAR Heritage House Calls (1:1)	<b>MORNING</b> 10:00 Stations of the Cross w/ Karen LAR <b>23</b> 10:45 Aegis Informational Visit LAR Daily Devotions / Daily Chronicles Dice Games / Brain Games Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Manicure Monday SingFit Dynseo Trivia	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>24</b> Rosary with Mary LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Menu Tuesday Catholic TV Rosary 1:00 Spring Craft LAR Dynseo Trivia <b>EVENING</b> Tuesday Travels w/ Andrea LAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>25</b> Exercise & Word / Table Game Activity Lutheran Service w/ Pastor Schmidt LAR <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service 2:00 RESIDENT COUNCIL LAR Dynseo Trivia <b>EVENING</b> 6:00 Happy Hour w/ Nick SAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>26</b> Lutheran Service w/ Elder Mike LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Lutheran TV Service SingFit 1:30 BINGO! LAR 3:00 Dynseo Trivia / Peanut Butter Snack LAR	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>27</b> Donut Friday LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Brain Games Catholic TV Mass SingFit 2:00 Music by Julie Thompson LDR Dynseo Trivia <b>EVENING</b> Wii Bowling w/ Nick LAR	<b>MORNING</b> Daily Devotions & TV Mass <b>28</b> Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity <b>AFTERNOON</b> Table Games & Brain Games 1:30 Midday Matinee & Popcorn Social LAR Heritage House Calls (1:1)		
<b>MORNING</b> Daily Devotions <b>29</b> 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR <b>AFTERNOON</b> Table Games & Brain Games Card Club LAR Presidential Trivia LAR BINGO! LAR Heritage House Calls (1:1) Palm Sunday	<b>MORNING</b> 10:30 Songs of Praise LAR <b>30</b> Daily Devotions / Daily Chronicles Dice Games / Brain Games Exercise & Word / Table Game Activity <b>AFTERNOON</b> 12:30 MONTHLY BIRTHDAY PARTY Heritage Hikers / Manicure Monday SingFit Dynseo Trivia	<b>MORNING</b> Daily Devotions / Daily Chronicles <b>31</b> Rosary with Mary LAR Exercise & Word / Table Game Activity <b>AFTERNOON</b> Heritage Hikers / Menu Tuesday Catholic TV Rosary 2:00 Game Show LAR Dynseo Trivia <b>EVENING</b> Tuesday Travels w/ Andrea LAR	<b>March Is National:</b> National Social Work Month National Women's History Month National Nutrition Month National Days in March We Will Celebrate: National Pancake Day National Cheese Doodle (Puff) Day National Peanut Butter Lover's Day					<b>Happy Birthday</b> Sharon F. – March 21st Marie E. – March 22nd

Memory Care

**SPECIAL EVENTS**

Family Social March 30th at 12:30pm

Educational Girl Scout Presentation March 9th at 10:00am

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

**LEGEND**

LAR = Large Activity Room ( 2nd Floor )

SAR = Small Activity Room ( 2nd Floor )

LDR = Large Dining Room ( 1st Floor )

ECDR = Enhanced Care Dining Room ( 2nd Floor )

HERITAGE SENIOR LIVING

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