

JULY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Happy Birthday</u> Betty O. – July 1st Dan L. – July 12th Les C. – July 14th Barb G. – July 15th Mary Ellen T. – July 25th	<u>July is National:</u> National Picnic Month National Ice Cream Month National Culinary Arts Month <u>National Days in July We Will Celebrate:</u> National Blueberry Muffin Day National Wine & Cheese Day National Cheesecake Day	 	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Lutheran Service w/ Pastor Jonathan LAR AFTERNOON Dice / Brain / Table Games Tie-Dye Event 1pm – 3pm (Small Dining Room) Heritage Hikers Dynseo Trivia EVENING 6:00 Happy Hour w/ Nick SAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball 11:00 Picnic @ The Park AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Mass Daily Devotions / Daily Chronicles Donut Friday LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers 2:00 Music by Bruce & Mary LDR Dynseo Trivia EVENING Wii Bowling w/ Nick LAR	MORNING Caregiver-Led Daily Devotions / Daily Chronicles Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles 1:30 Midday Matinee Brewers @ Diamondbacks – 8:40pm Independence Day
MORNING Caregiver-Led Daily Devotions / Daily Chronicles 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles Brewers @ Diamondbacks – 3:10pm	MORNING 10:30 Songs of Praise LAR Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Manicure Monday AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Rosary Daily Devotions / Daily Chronicles Rosary with Mary LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers / Menu Tuesday 2:00 Music by 4 Guys w/ Guitars LDR Dynseo Trivia EVENING Tuesday Travels w/ Andrea LAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Lutheran Service w/ Pastor Becky LAR AFTERNOON Dice / Brain / Table Games Heritage Hikers 1:00 Summer Craft LAR 3:00 Dynseo Trivia & Blueberry Muffin Snack LAR EVENING 6:00 Happy Hour w/ Nick SAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Lutheran Service w/ Elder Mike LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers Animal Visit (Platinum Sky Farms) 1pm – 3pm (OUT FRONT) SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Mass Daily Devotions / Daily Chronicles Donut Friday LAR Exercise / Balloon Volleyball Catholic Mass w/ Deacon Mike LAR AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit 2:00 TGIF Happy Hour LAR Dynseo Trivia EVENING Wii Bowling w/ Nick LAR	MORNING Caregiver-Led Daily Devotions / Daily Chronicles Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles 1:30 Midday Matinee Brewers @ Pirates – 3:05pm
MORNING Caregiver-Led Daily Devotions / Daily Chronicles 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles Brewers @ Pirates – 11:15am	MORNING 10:00 Educational Amelia Earhart Presentation LAR Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Manicure Monday AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Rosary Daily Devotions / Daily Chronicles Rosary with Mary LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers / Menu Tuesday 2:00 Music by Craig Siemsen LDR Dynseo Trivia EVENING Tuesday Travels w/ Andrea LAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Lutheran Service w/ Pastor Jonathan LAR AFTERNOON Dice / Brain / Table Games Heritage Hikers Dynseo Trivia EVENING 6:00 Happy Hour w/ Nick SAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Lutheran Service w/ Elder Mike LAR Exercise / Balloon Volleyball AFTERNOON Watermelon Social w/ Brighton Hospice 1PM – 3PM (Out Front) Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Mass Daily Devotions / Daily Chronicles Donut Friday LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit 2:00 TGIF Happy Hour LAR Dynseo Trivia EVENING Wii Bowling w/ Nick LAR	MORNING Caregiver-Led Daily Devotions / Daily Chronicles Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles 1:30 Midday Matinee Marlins @ Brewers – 3:10pm
MORNING Caregiver-Led Daily Devotions / Daily Chronicles 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR AFTERNOON 1:00 Brewers Game Watch Party LAR Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles	MORNING 10:30 Songs of Praise LAR Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Manicure Monday AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Rosary Daily Devotions / Daily Chronicles Rosary with Mary LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers / Menu Tuesday 2:00 Music by Paul Bast LDR Dynseo Trivia EVENING Tuesday Travels w/ Andrea LAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Lutheran Service w/ Pastor Schmidt LAR AFTERNOON Dice / Brain / Table Games Heritage Hikers 2:00 Sing-Along w/ Steve & Lois ECDR 3:00 Dynseo Trivia & Wine & Cheese Snack LAR EVENING 6:00 Happy Hour w/ Nick SAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Lutheran Service w/ Elder Mike LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Mass Daily Devotions / Daily Chronicles Donut Friday LAR 10:30 Aegis Informational Visit LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit 2:00 TGIF Happy Hour LAR Dynseo Trivia EVENING Wii Bowling w/ Nick LAR	MORNING Caregiver-Led Daily Devotions / Daily Chronicles Rosary Fellowship w/ Karen LAR Exercise / Motor Skills Activity AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles 1:30 Midday Matinee Rockies @ Brewers – 6:10pm
MORNING Caregiver-Led Daily Devotions / Daily Chronicles 9AM Catholic Mass on Chan 24 Catholic Mass w/ Holy Apostles LAR AFTERNOON Caregiver-Led - Table Games / Brain Games - Coloring / Puzzles Rockies @ Brewers – 1:10pm	MORNING Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Manicure Monday AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Rosary Daily Devotions / Daily Chronicles Rosary with Mary LAR Exercise / Balloon Volleyball AFTERNOON Dice / Brain / Table Games Heritage Hikers / Menu Tuesday 1:00 Summer Craft LAR Dynseo Trivia EVENING Tuesday Travels w/ Andrea LAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Exercise / Balloon Volleyball Lutheran TV Service LAR AFTERNOON Dice / Brain / Table Games Heritage Hikers 2:00 RESIDENT COUNCIL LAR 3:00 Dynseo Trivia & Cheesecake Snack LAR EVENING 6:00 Happy Hour w/ Nick SAR	MORNING Lutheran TV Service Daily Devotions / Daily Chronicles Lutheran Service w/ Elder Mike LAR Exercise / Balloon Volleyball 11:00 Picnic @ The Park AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit Dynseo Trivia EVENING Caregiver-Led Activity	MORNING Catholic TV Mass Daily Devotions / Daily Chronicles Donut Friday LAR Exercise / Balloon Volleyball Catholic Mass w/ Father Ariel LAR AFTERNOON Dice / Brain / Table Games Heritage Hikers SingFit 2:00 TGIF Happy Hour LAR Dynseo Trivia EVENING Wii Bowling w/ Nick LAR	

Heritage Deer Creek
Memory Care

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social Sunday July 19th at 1:00 pm

Educational Amelia Earhart Presentation Monday July 13th at 10:00 am

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

LEGEND

LAR = Large Activity Room (2nd Floor)

SAR = Small Activity Room (2nd Floor)

LDR = Large Dining Room (1st Floor)

ECDR = Enhanced Care Dining Room (2nd Floor)

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE