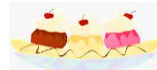


AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy Birthday! Mary R. – 8/1 John S. – 8/4 Gladys A. – 8/5 Gloria K. – 8/8 Royce N. – 8/14 Marty E. – 8/19 Betty M. – 8/22 John H. – 8/26 Charlotte L. – 8/26 Delores C. – 8/28 Frank K. – 8/31 		Please Note: ♦ Lavender Towels & Dining Scarves are given during lunch ♦ “Heritage House Calls” happen daily, starting at 3pm ♦ Evening activities start at 6pm daily, and include a movie & snack, engagement bins, and/or courtyard visits (weather permitting) ♦ Our Saturday Movie Matinee is always family friendly & anyone is welcome to join!			1 Morning: Morning Gatherings (Small Group) Rosary Fellowship Today's Chronicles & AM Exercise Afternoon: Golden Moments Reminisce Movie Matinee & Puffed Corn 1:1 Room Visits
2 Morning: 9AM Catholic Mass Livestream AM Exercise Morning Gatherings (Small Group) Today's Chronicles & A.M. Devotion Afternoon: Sundaes on Sunday Courtyard Club 	3 Morning: Mindfulness Meditation Balloon Volley Exercise Songs of Praise Who, What, & Where? Afternoon: Heritage Hikers or Garden Walk Music & Manicures Baking Cookies 	4 Morning: Today's Chronicles & A.M. Devotion Garden Exercise (weather permitting) Church Sing-Along Afternoon: Trivia Challenge 1:1 Room Visits Armchair Travels 	5 Morning: Morning Gatherings (Small Group) Lutheran Service “Baggie” Painting Craft  Afternoon: Heritage Hikers or Garden Walk Trivia / Lemonade Social 1:1 Room Visits	6 Morning: Today's Chronicles & A.M. Devotion Spiro 100 Exercise FAIRS Group Categories Game Afternoon: SingFit Bingo Baking Cookies 	7 Morning: Morning Gatherings (Small Group) AM Stretch Exercise Donuts & Dynseo Trivia Afternoon: Heritage Hikers or Garden Walk Entertainment w/ Bruce & Mary Color Me Calm	8 Morning: Morning Gatherings (Small Group) Rosary Fellowship Today's Chronicles & AM Exercise Afternoon: Remember When? Reminisce Movie Matinee & Puffed Corn 1:1 Room Visits
STATE FAIR WEEK! 9 Morning: 9AM Catholic Mass Livestream AM Exercise Morning Gatherings (Small Group) Today's Chronicles & A.M. Devotion Afternoon: Creamsicle Snack State Fair Discussion 	10 Morning: Mindfulness Meditation AM Stretch Exercise Educational Neil Armstrong Presentation Afternoon: Music & Manicures Mini Smoes Pies Snack 	SMORES DAY 11 Morning: Morning Gatherings (Small Group) Sit & Fit Exercise The Rosary Network Afternoon: Drumming Circle Entertainment w/ Craig Siemsen  Armchair Travels	12 Morning: Sharing Our Stories (Small Group) Lutheran Service Splatter Painting Craft  Afternoon: Heritage Hikers or Garden Walk Trivia / Sweet Tea Social 1:1 Room Visits	13 Morning: Today's Chronicles & A.M. Devotion Spiro 100 Exercise Garden Rock Decorating Craft Afternoon: State Fair Games & Fun! SingFit! Wii Bowling / Cream Puff Social 	14 Morning: Morning Gatherings (Small Group) AM Stretch Exercise Catholic Mass w/ Deacon Mike  Donuts & Dynseo Trivia Afternoon: Heritage Hikers Short Story Hour Table Games: Uno 	15 Morning: Morning Gatherings (Small Group) Rosary Fellowship Today's Chronicles & AM Exercise Afternoon: Pages from Time Reminisce Movie Matinee & Puffed Corn 1:1 Room Visits
ELVIS WEEK! 16 Morning: 9AM Catholic Mass Livestream AM Exercise Morning Gatherings (Small Group) Today's Chronicles & A.M. Devotion Afternoon: Sundaes on Sunday Color & Inspire – Elvis Presley 	17 Morning: Mindfulness Meditation Balloon Volley Exercise Songs of Praise The Big picture! Afternoon: Heritage Hikers or Garden Walk Music & Manicures Elvis' PB + Banana Sandwiches 	NATIONAL DOG DAY 18 Morning: Sit & Fit Exercise Drumming Circle The Rosary Network Afternoon: Dynseo Trivia Entertainment w/ Paul Bast  Armchair Travels	19 Morning: Morning Gatherings (Small Group) Lutheran Service Bird Houses Craft  Afternoon: Remembering Elvis Trivia Heritage Hikers or Garden Walk 1:1 Room Visits	20 Morning: Today's Chronicles & A.M. Devotion Spiro 100 Exercise Elvis TV Concert Afternoon: Elvis Inspired SingFit! Bingo Watermelon Social 	SENIOR CITIZENS DAY 21 Morning: Morning Gatherings (Small Group) AM Stretch Exercise Share Your Wisdom Donut Social Afternoon: Honoring Our Seniors Sing, Sing, Sing Along Table Games: Dominoes	22 Morning: Morning Gatherings (Small Group) Rosary Fellowship Today's Chronicles & AM Exercise Afternoon: Brain Quest Creative Coloring Table Puzzles 
23 Morning: See Aug 2 Schedule Afternoon: Finish the Line 3:00 “Sundae” Sunday Family Social 	24 Meditation Monday AM Stretch Exercise Music & Manicures Baking Cookies 	25 Morning: Morning Gatherings (Small Group) Sit & Fit Exercise Finish the Line Afternoon: Dynseo Trivia Munch/Mingle: Affogato 	26 Morning: Morning Gatherings (Small Group) Lutheran Service Crafting with Julianna Afternoon: Resident Council Heritage Hikers or Garden Walk 1:1 Room Visits	27 Morning: Today's Chronicles & A.M. Devotion TV Concert – Your Pick Coffee Filter Flowers Craft Afternoon: SingFit! Bingo Gratitude Garden 	28 Morning: Morning Gatherings (Small Group) AM Stretch Exercise Catholic Mass w/ Father Ariel  Donuts & Dynseo Trivia Afternoon: Table Games: Uno Entertainment w/ Julie 	29 Morning: Morning Gatherings (Small Group) Rosary Fellowship Today's Chronicles & AM Exercise Afternoon: Back in the Day Reminisce Movie Matinee & Puffed Corn 1:1 Room Visits
30 Morning: See Aug 2 Schedule Afternoon: Sundaes on Sunday Table Puzzles 	31 Balloon Volley Exercise Songs of Praise Music & Manicures August Birthdays Celebration 					

Heritage at Deer Creek

Memory Support

Community Life Enrichment Calendar

SPECIAL EVENTS

Sundae on Sunday Family Social – Sunday, August 23rd @ 2:00PM
 Educational Neil Armstrong Presentation – August 10th 1:00PM LAR

*All activities are subject to change when necessary.

*Residents' families are invited to participate in community events.

HERITAGE
SENIOR LIVING
Aspire | LINCOLN VILLAGE