

MAY 2026

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|--|--|
| <p>*Card Club is held daily at 6:00pm in the activity room unless another activity is listed*</p> | | <p>Happy Birthday</p> <p>5/13 Dorothy H.</p> <p>5/18 Jan B.</p> <p>5/31 Dorothy M.</p> | | | <p>10:00 The Morning Gathering 1</p> <p>11:00 Chair Yoga w/Barb</p> <p>2:00 Kentucky Derby Hat Workshop</p> <p>3:15 Bingo</p> <p>4:15 SingFit Exercise Session</p> | <p>10:00 Coffee & Chronicles 2</p> <p>12:00 Kentucky Derby Inspired Lunch</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> |
| <p>10:15 Church w/Messiah Lutheran 3</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks</p> <p>3:00 History Hour in The Activity Room</p> | <p>10:00 The Morning Gathering 4</p> <p>11:15 Spiro 100: Balance Boogie</p> <p>1:30 Music w/The Garden Party</p> <p>3:00 Happy Hour + Bingo</p> | <p>10:00 Shopping Outing to Target 5</p> <p>11:15 Power for Parkinson's: Motion Is Medicine</p> <p>12:00 Mexican Inspired Lunch Buffet</p> <p>2:00 Cinco de Mayo Social</p> <p>3:30 Manicures!</p> | <p>10:00 The Morning Gathering 6</p> <p>11:15 Heritage Hikers</p> <p>1:30 Greenhouse Outing to Chippewa Valley Growers</p> <p>3:30 Bingo</p> <p>6:00 Spiro 100: Fighting Fatigue</p> | <p>10:00 The Morning Gathering 7</p> <p>11:00 Nurse's Day Food Truck Event</p> <p>11:15 Spiro 100: Tai Chi Balance</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:00 Garden Club: Flowers + Friends Floral Bed Planting Day</p> | <p>10:00 Mother's Day Morning Spa Stations 8</p> <p>11:00 Chair Yoga w/Barb</p> <p>1:00 Mother's Day Beauty Bar and Relaxation Social</p> <p>3:00 Mother's Day Glam Shots</p> | <p>10:00 Coffee & Chronicles 9</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p>*Activity sheets always available in the activity room*</p> |
| <p>10:15 Church w/Messiah Lutheran 10</p> <p>12:00 Mother's Day Lunch</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks</p> <p>3:00 History Hour in The Activity Room Mother's Day</p> | <p>10:00 The Morning Gathering 11</p> <p>11:15 Spiro 100: Posture Pleasers</p> <p>2:00 Happy Hour + Migratory Bird Quiz</p> <p>3:00 Bingo w/Assisted Living Advisors Group</p> | <p>10:00 The Morning Gathering 12</p> <p>11:15 Power for Parkinson's: Engage Your Body + Lift Your Mood</p> <p>12:00 Portugal Inspired Lunch</p> <p>2:30 Travel Club to Portugal</p> <p>3:30 Manicures!</p> | <p>10:00 The Morning Gathering 13</p> <p>11:15 Heritage Hikers</p> <p>2:00 May Birthday Bash</p> <p>3:00 Crochet Class: Basics w/Tammy</p> <p>6:00 Spiro 100: Full Body Seated Strength</p> | <p>10:00 Live Flower Arrangements w/Four Seasons on Grand Florists 14</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:00 Music w/Wayne C.</p> <p>3:30 Clay Garden Markers Craft Hour</p> <p>6:00 Spiro 100: Strength w/Rhythm</p> | <p>10:00 The Morning Gathering 15</p> <p>11:00 Chair Yoga w/Barb</p> <p>2:00 Hook, Line, and Hangout: May Men's Club Program</p> <p>3:15 Bingo</p> <p>4:15 SingFit Exercise Session</p> | <p>10:00 Coffee & Chronicles 16</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p>*Activity sheets always available in the activity room*</p> |
| <p>10:15 Church w/Messiah Lutheran 17</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks</p> <p>3:00 History Hour in The Activity Room</p> | <p>10:00 The Morning Gathering 18</p> <p>11:15 Spiro 100: Strong and Flexible</p> <p>1:30 Resident Council</p> <p>3:00 Happy Hour + Bingo</p> | <p>10:00 Dementia Support Group 19</p> <p>10:00 The Morning Gathering (Front Lobby)</p> <p>11:15 Power for Parkinson's: Energize Your Brain + Body</p> <p>2:00 Music w/Matt W.</p> <p>3:30 Manicures!</p> | <p>10:00 The Morning Gathering 20</p> <p>11:00 Lunch Outing to Randy's</p> <p>11:15 Heritage Hikers</p> <p>2:00 May Tea + Gossip</p> <p>3:30 Bingo!</p> <p>6:00 Spiro 100: Strong & Mobile</p> <p>7:00 Mennonite Choir Visit</p> | <p>10:00 The Morning Gathering 21</p> <p>11:15 Spiro 100: Qigong, Tai Chi, and Yoga</p> <p>11:30 Outing to Festival Brat Stand</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:00 Music w/Dave E.</p> <p>3:30 Resident Choice Craft Hour</p> | <p>10:00 The Morning Gathering 22</p> <p>11:00 Chair Yoga w/Barb</p> <p>12:00 Memorial Day Weekend Kick-off Lunch</p> <p>1:00 Catholic Mass</p> <p>2:30 Paint + Plant Spring Social</p> | <p>10:00 Coffee & Chronicles 23</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p>*Activity sheets always available in the activity room*</p> |
| <p>10:15 Church w/Messiah Lutheran 24</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks</p> | <p>10:00 The Morning Gathering 25</p> <p>11:15 Spiro 100: Sports Moves to Music</p> <p>2:00 Music w/Todd Bartlett</p> <p>3:00 Happy Hour + Bingo</p> <p>Memorial Day</p> | <p>10:00 The Morning Gathering 26</p> <p>11:15 Power for Parkinson's: Brain + Body Fitness</p> <p>2:30 Welcome Home Social</p> <p>3:30 Manicures!</p> | <p>Senior Health + Fitness Day 27</p> <p>10:00 Station 1: The Morning Gathering w/Snack Cups</p> <p>11:15 Station 2: Heritage Hikers</p> <p>1:00 Station 3: Hydration 101</p> <p>2:00 Station 4: Zumba w/Natalie</p> <p>3:00 Station 5: Yard Games</p> <p>6:00 Station 6: Spiro 100: Balance</p> | <p>10:00 The Morning Gathering 28</p> <p>11:15 Spiro 100: Flow with Flexibility</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:00 Garden Club: Vegetable + Herb Bed Planting Day</p> | <p>10:00 The Morning Gathering 29</p> <p>11:00 Chair Yoga w/Barb</p> <p>2:00 Short Stories Book Club</p> <p>3:15 Bingo</p> <p>4:15 SingFit Exercise Session</p> | <p>10:00 Coffee & Chronicles 30</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p>*Activity sheets always available in the activity room*</p> |
| <p>10:15 Church w/Messiah Lutheran 31</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks</p> | | | | | | |

SPECIAL EVENTS

Greenhouse Outing to Chippewa Valley Growers 5/6 at 1:30pm
 Live Flower Arrangements w/ Four Seasons on Grand 5/14 at 10:00am

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.