

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:15 Church w/Messiah Lutheran 1</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks 3:00 History Hour in The Activity Room</p>	<p>10:00 The Morning Gathering 2 11:15 Spiro 100: Mindful Movement w/Peggy</p> <p>2:00 Happy Hour + Lifelong Learning: From Mythology to My Fair Lady 3:15 Bingo</p>	<p>10:00 The Morning Gathering 3 11:15 Balloon Tennis</p> <p>2:00 Baking Club: Decorate Your Own Shamrock Cookies 3:30 Manicures!</p>	<p>10:00 The Morning Gathering 4 11:15 Heritage Hikers</p> <p>2:00 Board Game Social w/Chex Mix! 3:30 Garden Club Meeting: Plans & Hopes for 2026</p>	<p>10:00 The Morning Gathering 5 11:15 Spiro 100: Parkinson's and Movement w/Gloria</p> <p>1:30 Monthly Shopping Outing 2:00 Bible Study (Hall 1) 3:00 Music w/Dave Engedal</p>	<p>10:00 The Morning Gathering 6 11:00 Chair Yoga w/Barb</p> <p>2:00 Men's Club: March Madness & Other Great Sports 3:15 Bingo 4:15 SingFit Session</p>	<p>10:00 Coffee & Chronicles 7</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>10:15 Church w/Messiah Lutheran 8</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks 3:00 History Hour in The Activity Room</p> <p>Daylight Savings Begins</p>	<p>10:00 The Morning Gathering 9 11:15 Spiro 100: Chair Dance w/Gloria</p> <p>2:00 Happy Hour + International Women's Day Trivia 3:15 Bingo</p>	<p>10:00 The Morning Gathering 10 11:15 Power for Parkinsons: Improve Gait + Mobility</p> <p>1:00 Therapy Dog Chelsea Visit 2:00 Music w/Todd Bartlett 3:30 Manicures! (Hall 1) 4:00 Consumer Scams Presentation</p>	<p>10:00 The Morning Gathering 11 11:15 Heritage Hikers</p> <p>2:00 March Birthday Bash! 3:15 Matchdown Card Game</p>	<p>10:00 The Morning Gathering 12 11:15 Yes 2 Next: Gentle Stretch</p> <p>12:00 The Heritage Chef's Table: Afternoon Edition 2:00 Bible Study (Hall 1) 2:30 Glass Outline Picture Frame Paintings</p>	<p>10:00 The Morning Gathering 13 11:00 Chair Yoga w/Barb</p> <p>12:00 Greek Themed Lunch 2:00 Travel Club: Greece 3:15 Bingo 4:15 SingFit Session</p>	<p>10:00 Coffee & Chronicles 14</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>10:15 Church w/Messiah Lutheran 15</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks 3:00 History Hour in The Activity Room</p>	<p>10:00 The Morning Gathering 16 11:15 Spiro 100: Strong and Flexible w/Peggy</p> <p>2:00 Happy Hour + St. Patrick's Day Trivia 3:15 St. Patrick's Day Bingo</p>	<p>10:00 Dementia Support Group 17 10:00 The Morning Gathering (Dining Room) 11:15 Balloon Tennis</p> <p>12:00 Irish Inspired Lunch 2:00 St. Patrick's Day Party! 4:00 Manicures! St. Patrick's Day</p>	<p>9:00 Tilly's Coffee Shoppe Outing (Fall Creek) 18 10:00 The Morning Gathering 11:15 Heritage Hikers</p> <p>2:00 Decorate Your Own Glass Tumblers 3:15 Jeopardy Game 7:00 Mennonite Choir Visit</p>	<p>10:00 The Morning Gathering 19 11:15 Spiro 100: Shibashi w/Gloria</p> <p>2:00 Bible Study (Hall 1) 2:30 Casino Party!</p>	<p>10:00 The Morning Gathering 20 11:00 Chair Yoga w/Barb</p> <p>1:00 Catholic Mass (Hall 1) 2:00 Music w/Mickey Lynnes 3:15 Bingo 4:15 SingFit Session</p> <p>First Day of Spring</p>	<p>10:00 Coffee & Chronicles 21</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>10:15 Church w/Messiah Lutheran 22</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks 3:00 History Hour in The Activity Room</p>	<p>10:00 The Morning Gathering 23 11:15 Spiro 100: Breathing and Joint Mobility w/Franz</p> <p>1:00 Spring Election 3:00 Happy Hour + Bingo</p>	<p>10:00 The Morning Gathering 24 (Dining Room) 11:15 Power for Parkinsons: Move and Shout</p> <p>2:00 Music w/Matt Wahl 2:00 Therapy Dog Coda Visit 3:30 Manicures!</p>	<p>10:00 The Morning Gathering 25 11:15 Heritage Hikers</p> <p>1:30 Resident Council 3:00 March Tea + Trivia 4:00 Cover-It Dice Game!</p>	<p>10:00 Strong Bones Exercise w/Aveanna 26</p> <p>2:00 Bible Study (Hall 1) 2:30 Music w/Jack Gorski 3:30 Terracotta Pot Painting (Hall 1) 4:00 DoTerra Aging Naturally Presentation</p>	<p>10:00 The Morning Gathering 27 11:00 Chair Yoga w/Barb</p> <p>2:00 Plant Feature: African Violets 3:15 Bingo 4:15 SingFit Session</p>	<p>10:00 Coffee & Chronicles 28</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>10:15 Church w/Messiah Lutheran 29</p> <p>1:00 Weekend Wind-Down: Board Games & Snacks 3:00 History Hour in The Activity Room</p> <p>Palm Sunday</p>	<p>10:00 The Morning Gathering 30 11:15 Spiro 100: Flow with Flexibility w/Gloria</p> <p>2:00 Happy Hour + What am I? 3:15 Bingo</p>	<p>10:00 The Morning Gathering 31 11:15 Balloon Tennis</p> <p>1:30 Afternoon Yoga w/Mandy 2:30 Housewarming Party 4:00 Manicures!</p>		<p>Happy Birthday!</p> <p>3/5 Pam H. 3/15 Judy A. 3/20 Marion W.</p>		

SPECIAL EVENTS

Tilly's Coffee Shoppe Outing 3/18 @9:00am

Casino Party 3/19 @2:30pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*