

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10:15 Church w/Messiah Lutheran</p> <p>1:00 Weekend Wind-Down (Games)</p> <p>3:00 History Hour in The Activity Room</p>	<p>2</p> <p>10:00 The Morning Gathering</p> <p>11:15 Spiro 100: Qigong, Tai Chi, and Yoga w/Gloria</p> <p>2:00 Happy Hour + Groundhog Day Trivia</p> <p>3:15 Bingo</p> <p>Groundhog Day</p>	<p>3</p> <p>10:00 The Morning Gathering</p> <p>11:15 Power for Parkinsons: Move to the Music</p> <p>1:30 Monthly Shopping Outing</p> <p>2:00 Music w/Wayne Compeau</p> <p>3:30 Manicures!</p>	<p>4</p> <p>10:00 The Morning Gathering</p> <p>11:15 Heritage Hikers</p> <p>12:00 Brazilian Themed Lunch</p> <p>2:00 Travel Club: Brazil</p> <p>3:00 HearingLife Visit: Complimentary Cleaning and Information</p>	<p>5</p> <p>10:00 The Morning Gathering</p> <p>11:15 Spiro 100: Sports Move w/Peggy</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:30 Men's Club: Dream Machines</p> <p>3:30 All Things Pink: Faux Floral Arrangements</p>	<p>6</p> <p>10:00 The Morning Gathering</p> <p>11:00 Chair Yoga w/Barb</p> <p>11:00 Catholic Communion</p> <p>2:00 Fro-Yo Social</p> <p>3:15 Bingo</p> <p>4:00 SingFit Exercise Session</p>	<p>7</p> <p>10:00 Coffee & Chronicles</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p>6:00 Music w/Ian Christopher</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>8</p> <p>10:15 Church w/Messiah Lutheran</p> <p>1:00 Weekend Wind-Down (Games)</p> <p>3:00 History Hour in The Activity Room</p> <p>5:30 Super Bowl Watch Party!</p>	<p>9</p> <p>10:00 The Morning Gathering</p> <p>11:15 Spiro 100: Chair Dance w/Gloria</p> <p>2:00 Happy Hour + Lifelong Learning: The Beautiful & The Bold</p> <p>3:15 Bingo</p>	<p>10</p> <p>10:00 The Morning Gathering</p> <p>11:15 Balloon Volleyball</p> <p>2:00 February Birthday Bash</p> <p>3:30 Manicures!</p>	<p>11</p> <p>10:00 The Morning Gathering</p> <p>11:15 Heritage Hikers</p> <p>2:00 Show and Tell: Wedding Photos</p> <p>3:15 Bingo</p> <p>4:00 SingFit Exercise Session</p>	<p>12</p> <p>10:00 The Morning Gathering</p> <p>11:15 Yes 2 Next: 1960's Workout</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:00 Therapy Dog Visit w/Coda</p> <p>2:30 Sing-Along w/Lynne McFadyen</p> <p>3:30 Heart Shaped Suncatchers</p>	<p>13</p> <p>10:00 The Morning Gathering</p> <p>11:00 Chair Yoga w/Barb</p> <p>11:00 Catholic Communion</p> <p>12:00 From the Heart: A Valentine's Dining Experience</p> <p>2:00 Valentine's Day Party</p> <p>3:15 Cover-It Dice Game</p> <p>Valentine's Day</p>	<p>14</p> <p>10:00 Coffee & Chronicles</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>15</p> <p>10:15 Church w/Messiah Lutheran</p> <p>1:00 Weekend Wind-Down (Games)</p> <p>3:00 History Hour in The Activity Room</p>	<p>16</p> <p>10:00 The Morning Gathering</p> <p>11:15 Power for Parkinsons: Move and Shout</p> <p>2:00 Happy Hour + President's Day Trivia</p> <p>3:15 Bingo</p> <p>4:00 SingFit Exercise Session</p> <p>President's Day</p>	<p>17</p> <p>10:00 The Morning Gathering (Dining Room)</p> <p>11:15 Spiro 100: Chair Dance w/Beth</p> <p>12:00 Fat Tuesday Themed Lunch</p> <p>2:00 Mardi Gras Social</p> <p>3:30 Manicures!</p>	<p>18</p> <p>10:00 The Morning Gathering</p> <p>11:15 Heritage Hikers</p> <p>1:30 Resident Council</p> <p>3:00 Paint-n-Sip Event w/Cheese Tasting</p> <p>7:00 Mennonite Choir</p>	<p>19</p> <p>9:45 Coffee Chat: Outing to Randy's Family Restaurant</p> <p>11:15 Spiro 100: Joyous Movement w/Beth</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:30 February Tea and Trivia</p> <p>3:30 Resident Choice Craft Hour</p>	<p>20</p> <p>10:00 The Morning Gathering</p> <p>11:00 Chair Yoga w/Barb</p> <p>11:00 Catholic Communion</p> <p>1:00 Catholic Mass</p> <p>2:00 Resident Roundtable: Life Enrichment Goals & Ideas</p> <p>3:15 Bingo</p>	<p>21</p> <p>10:00 Coffee & Chronicles</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
<p>22</p> <p>10:15 Church w/Messiah Lutheran</p> <p>1:00 Weekend Wind-Down (Games)</p> <p>3:00 History Hour in The Activity Room</p>	<p>23</p> <p>10:00 The Morning Gathering</p> <p>11:15 Spiro 100: Tai Chi Balance w/Gloria</p> <p>2:00 Happy Hour + What Am I?</p> <p>3:15 Bingo</p> <p>4:00 SingFit Exercise Session</p>	<p>24</p> <p>10:00 The Morning Gathering</p> <p>11:15 Balloon Tennis</p> <p>1:00 Therapy Dog Visit w/Chelsea</p> <p>2:00 Housewarming Party</p> <p>3:30 Manicures!</p>	<p>25</p> <p>10:00 The Morning Gathering</p> <p>11:15 Heritage Hikers</p> <p>2:00 Over 90's Party w/Live Music by Larry Radle</p> <p>3:30 Tabletop Olympics</p>	<p>26</p> <p>10:00 Strong Bones Exercise Group w/Aveanna</p> <p>2:00 Bible Study (Hall 1)</p> <p>2:30 Chili Cook-Off and Tasting</p> <p>4:00 Caring Transitions Presentation</p>	<p>27</p> <p>10:00 The Morning Gathering</p> <p>11:00 Chair Yoga w/Barb</p> <p>11:00 Catholic Communion</p> <p>12:00 50's Themed Lunch</p> <p>2:00 Retro Day: 50's Social</p> <p>3:15 50's Bingo</p>	<p>28</p> <p>10:00 Music w/Ryan Herman</p> <p>1:30 Weekend Watch Party and Popcorn Social</p> <p><i>*Activity sheets always available in the activity room*</i></p>
		<p>Happy Birthday!</p> <p>2/4 Sarah C.</p> <p>2/5 Yvonne M.</p> <p>2/6 Ralph A.</p>	<p>Happy Birthday!</p> <p>2/6 Lois E.</p> <p>2/13 Jo. S.</p> <p>2/27 Rose S.</p>		<p>Note:</p> <p>Card Club is held daily at 6:00pm in the activity room, unless another activity is listed.</p>	

SPECIAL EVENTS

Super Bowl Watch Party 2/8 @5:30pm
 Valentine's Day Party 2/13 @2:00pm
 Over 90's Party 2/25 @2:00pm

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*