

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Rosemary S. – February 21st						
9:00 Coffee social 9:00 Mass on TV (Channel 24) 10:00 Exercise w/ Spiro 100 10:30 Table Talk Tidbits (Resident Led) 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn 6:00 Adult Coloring 2 Groundhog Day	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Manicure Monday 3:00 Card Club/ Dice Games 6:00 Heritage House Calls (1:1) 3 National Carrot Cake Day	9:30 Coffee Social 10:00 Rosary 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Trivia-Dynseo 6:00 Tuesday Travel Club 4	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Resident Council 6:00 Movie & Popcorn 5	9:00 Heritage House Calls 10:00 Spa Day & Hand Massages 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Dynseo Trivia 3:00 Dominoes 6:00 Hot Chocolate Social 6	10:00 Morning Coffee Social w/ Daily News and Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 TGIF Happy Hour 3:00 Heritage House Calls (1:1) 6:00 Game Night! (Resident Led) 7	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring 8
9:00 Coffee social 9:00 Mass on TV (Channel 24) 10:00 Exercise w/ Spiro 100 10:30 Table Talk Tidbits (Resident Led) 1:00 Heritage Hikers 5:30 Superbowl Sunday 9 	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Manicure Monday 3:00 Card Club/ Dice Games 6:00 Heritage House Calls (1:1) 10 National Brownie Day	9:30 Coffee Social 10:00 Rosary 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Trivia-Dynseo 6:00 Tuesday Travel Club 11	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 Happy Hour Social 6:00 Movie & Popcorn 12	9:00 Heritage House Calls 10:00 Spa Day & Hand Massages 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Dynseo Trivia 3:00 Card Games 6:00 Hot Chocolate Social 13	10:00 Morning Coffee Social w/ Daily News and Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 Valentine's Day Social 6:00 Game Night! (Resident Led) 14 Valentine's Day	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring 15
9:00 Coffee social 9:00 Mass on TV (Channel 24) 10:00 Exercise w/ Spiro 100 10:30 Table Talk Tidbits (Resident Led) 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn 6:00 Adult Coloring 16	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Manicure Monday 3:00 Card Club/ Dice Games 6:00 Heritage House Calls (1:1) 17 President's Day	9:30 Coffee Social 10:00 Rosary 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Trivia-Dynseo 6:00 Tuesday Travel Club 18	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 Happy Hour Social 3:00 Mint Chocolate Ice Cream 6:00 Movie & Popcorn 19	9:00 Heritage House Calls 10:00 Spa Day & Hand Massages 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Dynseo Trivia 3:00 Dominoes 6:00 Hot Chocolate Social 20	9:45 Morning Coffee Social w/ Daily News and Devotion 10:00 Keepin' Fit 1:30 Heritage Hikers 2:00 TGIF Happy Hour 3:00 Heritage House Calls (1:1) 6:00 Game Night! (Resident Led) 21	9:30 Coffee social 10:00 Keepin' Fit 11:00 Mindful Meditation w/ Spiro 100 1:00 Heritage Hikers 2:00 Bingo 6:00 Adult Coloring 22
9:00 Coffee social 9:00 Mass on TV (Channel 24) 10:00 Exercise w/ Spiro 100 10:30 Table Talk Tidbits (Resident Led) 1:00 Heritage Hikers 2:00 Midday Matinee & Popcorn 6:00 Adult Coloring 23	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Manicure Monday 3:00 Card Club/ Dice Games 6:00 Heritage House Calls (1:1) 24 Celebrating National Tortilla Chip Day	9:30 Coffee Social 10:00 Rosary 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Bingo 3:00 Tuesday Trivia-Dynseo 6:00 Tuesday Travel Club 25	10:00 Morning Coffee Social w/ Daily News & Devotion 11:00 Keepin' Fit 1:30 Heritage Hikers 2:00 Happy Hour Social 6:00 Movie & Popcorn 26	9:00 Heritage House Calls 10:00 Spa Day & Hand Massages 11:00 Keepin' Fit 1:00 Heritage Hikers 2:00 Dynseo Trivia 3:00 Card Games 6:00 Hot Chocolate Social 27	9:45 Morning Coffee Social w/ Daily News and Devotion 10:00 Keepin' Fit 1:30 Heritage Hikers 2:00 TGIF Happy Hour & Birthday Celebration 6:00 Game Night! (Resident Led) 28	

Assisted Living

Community Life Enrichment Calendar

SPECIAL EVENTS

Valentine's Day Social on February 14th

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.