





# MARCH

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|--|---|---|---|---|
| <b>Happy Birthday!</b><br>Carol 3/1<br>Jill 3/7<br>Marge 3/28<br>Leonard 3/30  |   |    |    |    | <b>Activity Location Key</b><br>2AR- 2nd Floor Activity Room<br>2SR- 2nd Floor Sunroom<br>1DR- 1st Floor Dining Room<br>2DR- 2nd Floor Dining Room<br>***Sign Up Required | <b>1</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 What's Up with Jason? - 2AR<br>3:00 Movie Matinee & Popcorn- Theatre     |
| <b>2</b><br>10:00 Virtual Church Service- YouTube-2AR<br>1:30 Trivia- Pub<br>3:00 Rummikub- -2AR                                       | <b>3</b><br>10:00 Morning Stretch & Exercise- 2AR<br>10:30 Presentation with Aegis Therapy- 2AR<br>1:30 Mexican Train- 2AR<br>3:00 Digital Lecture- Theatre "Alzheimer's & Dementia; What We Now Know" | <b>4</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories-2AR<br>1:00 Shopping at Walmart***<br>3:00 Recipe Club- King Cake-2AR<br>4:00 Chair Yoga-2AR<br><b>Beauty Shop Open</b> | <b>5</b><br>9:45 Morning Stretch & Exercise-2AR<br>10:30 Worship Service-2DR<br>1:30 King's in the Corner-2AR<br>3:00 Pokeno- 2AR<br><b>Paczkis</b>                       | <b>6</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories- 2AR<br>12:00 Lunch outing to Red Robin***<br>3:00 Bingo! - 2DR<br>4:00 Chair Yoga- 2SR<br><b>Beauty Shop Open</b> | <b>7</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Resident Choice Game Time--2AR<br>3:00 Happy Hour- 1DR   | <b>8</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 What's Up with Mackaylee? -2AR<br>3:00 Movie Matinee & Popcorn- Theatre  |
| <b>9</b><br>10:00 Virtual Church Service- YouTube-2AR<br>1:30 Rummikub- -2AR<br>3:00 Puzzles-2SR<br><br><b>Daylight Savings Begins</b> | <b>10</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Mexican Train-2AR<br>3:00 Digital Lecture- Theatre- Harry Houdini: His Life and Legendary Magic  | <b>11</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories-2AR<br>1:00 Shopping at Festival Foods***<br>3:00 Farkle-2AR<br>4:00 Chair Yoga-2AR<br><b>Beauty Shop Open</b>         | <b>12</b><br>9:45 Morning Stretch & Exercise-2AR<br>10:30 Worship Service-2DR<br>1:30 King's in the Corner-2AR<br>3:00 Resident Birthday Social- 1DR<br>4:00 Pokeno- 1DR  | <b>13</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories- 2AR<br>1:15 Harp Music with Shari-LTBA<br>3:00 Bingo! - 2DR<br>4:00 Chair Yoga- 2SR<br><b>Beauty Shop Open</b>   | <b>14</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Resident Choice Game Time--2AR<br>3:00 Happy Hour- 1DR with musical entertainment by "The Drowsy Maggies"       | <b>15</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 What's Up with Jason? - 2AR<br>3:00 Movie Matinee & Popcorn- Theatre    |
| <b>16</b><br>10:00 Virtual Church Service- YouTube-2AR<br>1:30 Trivia- Pub<br>3:00 Rummikub- -2AR                                      | <b>17</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Mexican Train-2AR<br>3:00 Saint Patty's Day Trivia & Green Beer- Pub<br><br><b>St. Patrick's Day</b>   | <b>18</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories-2AR<br>1:00 Shopping at Aldi***<br>3:00 Recipe Club<br>4:00 Chair Yoga-2AR<br><b>Beauty Shop Open</b>                  | <b>19</b><br>9:45 Morning Stretch & Exercise-2AR<br>10:30 Worship Service-2DR<br>1:30 King's in the Corner-2AR<br>3:00 Pokeno- 2AR  | <b>20</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories- 2AR<br>3:00 Bingo! - 2DR<br>4:00 Chair Yoga- 2SR<br><b>Beauty Shop Open</b><br><br><b>First Day of Spring</b>    | <b>21</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Resident Choice Game Time--2AR<br>3:00 Happy Hour- 1DR  | <b>22</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 What's Up with Mackaylee? -2AR<br>3:00 Movie Matinee & Popcorn- Theatre |
| <b>23</b><br>10:00 Virtual Church Service- YouTube-2AR<br>1:30 Rummikub- -2AR  | <b>24</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Mexican Train-2AR<br>3:00 Digital Lecture- Theatre   | <b>25</b><br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories-2AR<br>1:00 Shopping at Walmart***<br>3:00 Arts & Crafts-2AR<br>4:00 Chair Yoga-2AR<br><b>Beauty Shop Open</b>         | <b>26</b><br>9:45 Morning Stretch & Exercise-2AR<br>10:30 Worship Service-2DR<br>1:30 King's in the Corner-2AR<br>3:00 New Resident Meet & Greet- 1DR<br>4:00 Pokeno- 1DR | <b>27</b><br>8:30 Breakfast Outing- IHOP***<br>10:00 Morning Stretch & Exercise-2AR<br>11:00 Musical Memories- 2AR<br>3:00 Bingo! - 2DR<br>4:00 Chair Yoga- 2SR<br><b>Beauty Shop Open</b>    | <b>28</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Resident Choice Game Time--2AR<br>3:00 Happy Hour - 1DR- with musical entertainment with Arlie Schnieder        | <b>29</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 What's Up with Jason? - 2AR<br>3:00 Movie Matinee & Popcorn- Theatre    |
| <b>30</b><br>10:00 Virtual Church Service- YouTube-2AR<br>1:30 Rummikub- -2AR  | <b>31</b><br>10:00 Morning Stretch & Exercise-2AR<br>1:30 Mexican Train-2AR<br>3:00 Digital Lecture- Theatre   |  |   |   |   |   |

## Assisted Living Activities\* Calendar

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.