

OCTOBER

Independent Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00 Outing Walmart 9:30 Exercise 10:00 Manicures - EC 1:00 Walking Club – Lobby 2:00 CHILI COOK OFF- pub 6:00 Sheepsheads**	9:00 Water Aerobics 10:00 Lutheran Church Service - Pub 1:00 Aspire Hikers*** 1:30 Catholic Mass - Pub 1:30 Dominos (Library)*** 2:00 Farkle-EC 3:00 Crochet/Knitting Club – EC	9:30 Exercise - EC 1:00 Aspire Hikers*** 2:00 Wacky words- EC 3:00 Music by Bob Welsch-Pub 6:00 Sheepshead***	9:30 Exercise-EC 10:00 Book Club with Joie 1:30 Movie and popcorn 3:00 Happy Hour-Pub	Come Celebrate the Hoe Down
10:00 Canasta – EC 1:00 Aspire Hikers*** 1:30 Pass the pig - EC 3:25 Packer Vs Rams-Pub	9:30 Exercise- EC 10:30 Aegis Presentation-1st floor 1:30 Movie & Popcorn 3:00 Happy Hour- Pub	9:00 Outing-Festival 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo- Pub 3:15 Cooking Club-Ec 6:00 Sheep's Head**	9:00 Water Aerobics 10:00 Lutheran Church Service - Pub 1:00 Aspire Hikers*** 1:30 Dominos (Library)*** 2:00 Word scramble-EC 3:00 Crochet/Knitting Club – EC	10:00 Shepherds Care-EC 11:00 Outing - 1:00 Aspire Hikers*** 2:00 Skip Bo- EC 3:00 Ladies Club - EC 6:00 Sheepshead***	9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Hour-Pub	9:30 Chair Yoga - EC 10:30 Garbage Game - EC 1:00 Aspire Hikers*** 2:00 Bingo – Pub 3:15 Crazy 8-EC 6:00 Sheepsheads
10:00 Wheel of Fortune – EC 12:00 PACKER VS CARDINALS 1:00 Aspire Hikers*** 1:30 find a word - EC 3:00 Outdoor Social - Patio	9:30 Exercise- EC 10:15 Travia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour- Pub 6:00 Sheep head** Columbus Day	9:00 Outing-Pick N Save 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo- Pub 3:15 Crafts -EC 6:00 Sheep's Head**	9:00 Water Aerobics 10:00 Lutheran Church Service - Pub 1:00 Aspire Hikers*** 1:30 Dominos (Library)*** 2:00 Ship, Captain, Crew -EC 3:00 Crochet/Knitting Club – EC	9:30 Exercise – EC 9:30 Outing Fall Color Ride with Lunch 1:00 Aspire Hikers*** 2:00 Wacky words- EC 3:00 Ladies Club - EC 6:00 Sheepshead***	9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Catholic Mass-Pub 3:00 Happy Hour-Pub	9:30 Chair Yoga - EC 10:30 Skip Bo - EC 1:00 Aspire Hikers*** 2:00 Bingo – Pub 3:15 Canasta-EC 6:00 Sheepsheads
10:00 Find a Word – EC 12:00 PACKERS VS TEXANS 1:00 Aspire Hikers*** 1:30 Garbage - EC 3:00 Outdoor Social - Patio	9:30 Exercise- EC 10:15 Travia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour- Pub 6:00 Sheep head**	9:00 Outing-Festival 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo- Pub 3:15 Cooking Club -EC 6:00 Sheep's Head**	9:00 Water Aerobics 10:00 Lutheran Church Service - Pub 1:00 Aspire Hikers*** 1:30 Dominos (Library)*** 3:00 Music by Tj & Lynn-Pub	10:00 Shepherds Care-Ec 1:00 Aspire Hikers*** 9:30 Outing-Casino 2:00 Begins with- EC 3:00 Ladies Club - EC 6:00 Sheepshead***	9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Hour-Pub	9:30 Chair Yoga - EC 10:30 Mad Gab - EC 1:00 Aspire Hikers*** 2:00 Bingo – Pub 3:15 Farkle-EC 6:00 Sheepsheads
10:00 Whack a Balloon – EC 12:00 PACKERS VS JAGUARS 1:00 Aspire Hikers*** 1:30 Bunco - EC 3:00 Outdoor Social - Patio	9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour- Pub 6:00 Sheep head**	9:15 Trunk or Treat -Pub 2:00 Bingo- Pub 3:15 Crafts -EC 6:00 Sheep's Head**	9:00 Water Aerobics 10:00 Lutheran Church Service - Pub 1:00 Aspire Hikers*** 1:30 Dominos (Library)*** 2:00 Left, right, center-EC 3:00 Crochet/Knitting Club – EC	9:30 Exercise – EC 10:00 Poor Joe-EC 1:00 Aspire Hikers*** 2:00 Halloween Social- Pub 6:00 Sheepshead*** Halloween		

SPECIAL EVENTS
 Trunk or Treat October 29th at 9:15 in the pub

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.