

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Motivational Monday 10:00 Keepin' Fit 10:30 Glitz & Glamour (Nails) 1:30 Heritage Hikers 2:00 Snack & Refreshment Social 2:30 Dynseo Trivia 6:00 Table Games-Resident Led	2 9:30 Coffee Social 10:00 Exercise w/ Spiro 100 11:00 Armchair Travel to American Family Field – Brewer's Opening Day - Bistro 1:15 Catholic Communion & Rosary (IL DR) 2:30 Flower Arranging 3:10 Brewer Game	3 9:30 Coffee Social 10:00 Keepin' Fit 11:00 Arts, Crafts, & Fun 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:00 Snack & Refreshment Social 6:00 Bucks Game in the Bistro 6:00 Resident Led Bridge	4 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Gemini 6:00 Table Games-Resident Led	5 Coffee Social 10:00 Keepin' Fit 10:30 Dynseo Games 1:30 Heritage Hikers 2:30 TGIF-Happy Hour w/ Snacks & Refreshments 7:00 Bucks/Brewer Game	6 10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 1:30 Heritage Hikers 2:00 Remembrance Celebration 2:30 Snack & Refreshments 3:30 Resident Led Bridge
7 10:00 Keepin' Fit 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:00 Heritage Hikers 1:30 Midday Matinee (IL Theater - 2 nd Floor) 2:30 Snack & Refreshment Social	8 9:30 Motivational Monday 10:00 Keepin' Fit 10:30 Glitz & Glamour (Nails) 1:30 Heritage Hikers 2:00 Snack & Refreshment Social 2:30 Dynseo Trivia 6:00 Table Games-Resident Led	9 9:30 Coffee Social 10:00 Exercise w/ Spiro 100 10:30 Pet Therapy w/ Harper Lee 1:00 Spiritual Study (IL DR) 1:30 Heritage Hikers 2:30 Resident Council Meeting 3:30 Flower Arranging	10 9:30 Coffee Social 10:00 Keepin' Fit 11:00 Arts, Crafts, & Fun 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:00 Snack & Refreshment Social 6:00 Resident Led Bridge	11 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Maggie Mae 6:00 Table Games-Resident Led	12 9:30 Coffee Social 10:00 Keepin' Fit 10:30 Let's Catch Up 1:30 Heritage Hikers 2:30 TGIF-Happy Hour 6:05 Brewer Game (away game)	13 10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 1:30 Heritage Hikers 2:00 Snack & Refreshments 3:30 Resident Led Bridge
14 10:00 Keepin' Fit 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:00 Heritage Hikers 1:30 Midday Matinee (IL Theater - 2 nd Floor) 2:30 Snack & Refreshment Social	15 9:30 Motivational Monday 10:00 Keepin' Fit 10:30 Glitz & Glamour (Nails) 1:30 Heritage Hikers 2:30 Entertainment w/ Steve Waugh & Daughter 3:30 Dynseo 6:00 Table Games-Resident Led	16 9:30 Coffee Social 10:00 Exercise w/ Spiro 100 1:15 Catholic Communion & Rosary (IL DR) 1:30 Heritage Hikers 2:30 Flower Arranging	17 9:30 Coffee Social 10:00 Keepin' Fit 11:00 Arts, Crafts, & Fun 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:00 Snack & Refreshment Social 6:00 Resident Led Bridge	18 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ 10 Strings 6:00 Table Games-Resident Led	19 9:30 Coffee Social 10:00 Keepin' Fit 10:30 Dynseo Games 1:30 Heritage Hikers 2:30 TGIF-Happy Hour 7:15 Brewer Game (away game)	20 10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 1:30 Heritage Hikers 2:00 Snack & Refreshments 3:30 Resident Led Bridge
21 10:00 Keepin' Fit 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:00 Heritage Hikers 1:30 Midday Matinee (IL Theater - 2 nd Floor) 2:30 Snack & Refreshment Social	22 9:30 Earth Day Fun Facts 10:00 Keepin' Fit 10:30 Glitz & Glamour (Nails) 1:30 Heritage Hikers 2:00 Snack & Refreshment Social 2:30 Education on Passover 6:00 Table Games-Resident Led	23 9:30 Coffee Social 10:00 Exercise w/ Spiro 100 10:30 Pet Therapy w/ Harper Lee 1:00 Spiritual Study (IL DR) 1:30 Heritage Hikers 2:30 Flower Arranging	24 9:30 Coffee Social 10:00 Keepin' Fit 11:00 Arts, Crafts, & Fun 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:00 Snack & Refreshment Social 6:00 Resident Led Bridge	25 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Dan Sullivan 6:00 Table Games-Resident Led	26 9:30 Coffee Social 10:00 Keepin' Fit 10:30 Men's Club 1:30 Heritage Hikers 2:30 TGIF-Happy Hour 7:10 Brewer Game	27 10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 1:30 Heritage Hikers 2:00 Snack & Refreshments 3:30 Resident Led Bridge
28 10:00 Keepin' Fit 10:30 Bethel Worship (TV) 10:45 Coffee & Cookies w/ Concierge in the Bistro 1:00 Heritage Hikers 1:30 Midday Matinee (IL Theater - 2 nd Floor) 2:30 Snack & Refreshment Social	29 9:30 Motivational Monday 10:00 Keepin' Fit 10:30 Glitz & Glamour (Nails) AR 1:30 Heritage Hikers 2:30 April Birthday Celebration! - Bistro 6:00 Table Games-Resident Led	30 9:30 Coffee Social 10:00 Exercise w/ Spiro 100 10:30 Dynseo Games 1:30 Heritage Hikers 2:30 Flower Arranging	<h2>Assisted Living</h2>			

SPECIAL EVENTS

Armchair Travel to American Family Field
 Brewer's Opening Day on Tuesday, April 2nd

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*