


FEBRUARY

Independent Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Exercise 10:00 Trivia Challenge-Pub 11:00 Outing – Uncle Mikes Bakes shop & Restaurant 3:00 Ladies Club-Ec 6:00 Sheep Head**	2 9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Hour-Pub Groundhog Day	3 9:30 Chair Yoga-EC 10:00 Trivia Challenge-Pub 2:00 Bingo-Pub 3:15 Coffee by the fireplace-EC 6:00 Sheep Heads**
4 10:00 Trivia Challenge-Pub 1:30 Book club with Joie-library 3:00 Men’s Mingle-Pub	5 9:30 Exercise- EC 10:15 Trivia challenge--Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00- Sheepshead**	6 9:00 Outing-Walmart 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:00 Trivia Challenge-Pub 6:00 Sheep’s Head**	7 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30 Catholic Mass- Pub 3:00 Music By TJ& Lynn -Pub	8 10:00 Shepherds Care-EC 2:00 Trivia Challenge -Pub 3:00 Ladies Club-Ec 6:00 Sheep Head**	9 9:30 Exercise-EC 10:00 Trivia Challenge-Pub 1:30 Movie and popcorn 3:00 Happy Hour-Pub	10 9:30 Chair Yoga-EC 2:00 Bingo-Pub 3:15 Coffee by the fireplace-EC 6:00 Sheep Heads**
11 1:30 Left Right Center-EC 3:00 Men’s Mingle-Pub 5:30 Super Bowl Party-Pub 	12 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00- Sheepshead**	13 9:15 Coffee & Paczki-pub 10:30 manicures-EC 1:30 Resident Council- Pub 3:00 Travel to New Orleans-Pub 6:00 Sheep’s Head**	14 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 2:30 Valentines Social-Pub Valentine’s Day	15 10:00 Exercise -EC 2:00 Whack A Balloon-EC 3:00 Ladies Club-Ec 6:00 Sheep Head**	16 9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Catholic Mass- Pub 3:00 Happy Hour-Pub	17 9:30 Chair Yoga-EC 2:00 Bingo-Pub 3:15 Coffee by the fireplace-EC 6:00 Sheep Heads**
18 10:00 Sunday Funnies-EC 1:30 Bunco-EC 3:00 Men’s Mingle-Pub	19 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00 Sheepshead** President’s Day	20 9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 3:00- Music By Elvis John-Pub 6:00 Sheep’s Head**	21 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crafts -EC	22 10:00 Shepherds Care-EC 1:45 Music By Fernando-Pub 3:00 Cover all Dice-EC 6:00 Sheep Head**	23 9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Birthday Happy Hour-Pub 4:50 Fish fry pick up: Pub.	24 9:30 Chair Yoga-EC 2:00 Bingo-Pub 3:15 Coffee by the fireplace-EC 6:00 Sheep Heads**
25 10:00 Sunday Funnies-EC 1:30 Card Games-EC 3:00 Men’s Mingle-Pub	26 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00 Sheepshead**	27 9:00 Outing-Pick N Save 9:30 Exercise- EC 10:00 manicures-EC 3:15 Cooking Club -EC 6:00 Sheep’s Head**	28 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Crochet/Knit Club -EC 4:30 Outing-Van Abels’s	29 10:00 Exercise-EC 2:00 Bunko-EC 3:00 Ladies Club-Ec 6:00 Sheep Head**		

SPECIAL EVENTS

Super Bowl Party 1-11-24 in the pub

*All activities are subject to change when necessary. Residents’ families are invited to participate in community events.