

# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Assisted Living</b>						
				1 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 1:30 Top Culture Challenge! – Act. Room 2:30 Entertainment w/ Gemini	2 10:00 Exercise 10:30 Top Culture Challenge! – Act. Room 2:30 TGIF-Happy Hour Wear Red Day! Groundhog Day	3 10:00 Resident Led Exercise 1:00 Bingo in the Bistro 3:30 Resident Led Bridge Activity Packets!
4 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 11:00 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 <sup>nd</sup> Floor)	5 10:00 Keepin' Fit 10:30 Top Culture Challenge! – Act. Room 2:30 Craft in the Bistro	6 10:00 Exercise 10:30 Pet Therapy w/ Harper Lee 1:15 Catholic Communion & Rosary (IL DR) 2:00 Resident Council Meeting - Bistro 3:00 Flower Arranging Top Culture Challenge!	7 10:00 Resident Led Exercise 11:00 Resident Led Table Games in the Bistro 1:30 Midday Matinee (Act. Room) Top Culture Challenge!	8 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 2:30 Entertainment w/ 10 Strings Top Culture Challenge!	9 10:00 Exercise 10:30 Top Culture Challenge! – Act. Room 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	10 10:00 Resident Led Exercise 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
11 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 11:00 Coffee & Cookies w/ Concierge in the Bistro 5:30 Super Bowl Showing in Act. Room	12 10:00 Resident Led Exercise 11:00 Resident Led Table Games in the Bistro 1:30 Midday Matinee (Act. Room)	13 10:00 Exercise w/ Spiro 100 10:45 New Orleans's Pastries & Coffee in the Bistro 1:00 Spiritual Study (IL DR) 2:30 Travel to New Orleans & Celebrate Mardi Gras! - Bistro	14 10:00 Exercise 11:00 Valentine's Day Craft - Bistro 2:00 Bingo in the Bistro 3:00 Valentine's Day Social - Bistro Valentine's Day	15 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 2:30 Entertainment w/ Cameron Webb	16 10:00 Exercise 10:45 Care & Share - Act. Room 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	17 10:00 Resident Led Exercise 1:00 Resident Led Table Games in the Bistro 3:30 Resident Led Bridge Activity Packets!
18 10:00 Keepin' Fit 10:30 Bethel Worship (TV) 11:00 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 <sup>nd</sup> Floor)	19 10:00 Keepin' Fit 10:30 Monday Manicures 2:30 Trivia & Snacks – Act. Room President's Day	20 10:00 Exercise 10:30 Pet Therapy w/ Harper Lee 1:15 Catholic Communion & Rosary (IL DR) 2:30 Flower Arranging	21 10:00 Exercise 11:15 Weekly Devotional w/ Mariah 2:00 Bingo in the Bistro	22 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 2:30 Entertainment w/ Northern Comfort	23 10:00 Exercise 10:30 Let's Catch Up 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	24 10:00 Resident Led Exercise 1:00 Bingo in the Bistro 3:30 Resident Led Bridge Activity Packets!
25 10:00 Resident Led Exercise 10:30 Bethel Worship (TV) 11:00 Coffee & Cookies w/ Concierge in the Bistro 1:30 Movie (IL Theater - 2 <sup>nd</sup> Floor)	26 10:00 Keepin' Fit 10:30 Monday Manicures 1:30 Scavenger Hunt in Bistro 2:30 Trivia & Snacks – Act. Room	27 10:00 Exercise 10:30 Dynseo Games 1:00 Spiritual Study (IL DR) 2:30 Flower Arranging	28 10:00 Exercise 10:30 Craft - Bistro 2:00 Bingo in the Bistro 3:30 1:1 Visits	29 9:30 Exercise w/ Spiro 100 10:15 Donuts & Coffee Social in the Bistro 2:30 Entertainment w/ Dan Sullivan Happy Leap Year!	<b>Happy Birthday</b>  Jean – 6  Don – 14	

### SPECIAL EVENTS

Travel to New Orleans Social, February 13 @2:30pm

Valentine's Day Social, February 14 @3:00pm

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.