






FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Morning 1 Sit & Fit Chair Exercise What am I Afternoon Heritage Hikers Name That Tune Name That Sound	Morning 2 Sit & Fit Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Happy Hour W/ Toe Tapping Tunes W/ Bob Groundhog Day	Morning 3 Sit & Fit Chair Exercise Saturday Sillys Afternoon Heritage Hikers Snacks & Refreshments Valentines Day Craft
Morning 4 Sit & Fit Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 5 Sit & Fit Chair Exercise Sing A Song Sing Along Afternoon Heritage Hikers Balloon Ball	Morning 6 Sit & Fit Chair Exercise True or False Tuesday Afternoon Heritage Hikers Snacks & Refreshments Virtual Mass	Morning 7 Sit & Fit Chair Exercise Hot Potato W/ Music Afternoon Heritage Hikers Valentines Day BINGO	Morning 8 Sit & Fit Chair Exercise What am I Afternoon Heritage Hikers Name That Tune Famous Couple Match Up	Morning 9 Sit & Fit Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Friday Trivia Happy Hour W/ Valentines Day Games	Morning 10 Sit & Fit Chair Exercise Saturday Sillys Afternoon Heritage Hikers Snacks & Refreshments Valentines Day Coloring & Conversations
Morning 11 Sit & Fit Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn Peppermint Patty Day	Morning 12 Sit & Fit Chair Exercise Sing A Song Sing Along Afternoon Heritage Hikers Balloon Ball 6:00 Kilocycle Cowboy Sings In A	Morning 13 Sit & Fit Chair Exercise True or False Tuesday Afternoon Heritage Hikers Armchair Travel To New Orleans W/ Treat	Morning 14 Sit & Fit Chair Exercise Hot Potato W/ Music Afternoon Heritage Hikers Dan Sullivan Sings Valentine's Day	Morning 15 Sit & Fit Chair Exercise What am I Afternoon Heritage Hikers Name That Tune Music & Memories	Morning 16 Sit & Fit Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Friday Trivia Happy Hour W/ Ice Cream Social	Morning 17 Sit & Fit Chair Exercise Saturday Sillys Afternoon Heritage Hikers Snacks & Refreshments Snowflake Craft
Morning 18 Sit & Fit Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 19 Sit & Fit Chair Exercise Sing A Song Sing Along Afternoon Heritage Hikers Balloon Ball President's Day	Morning 20 Sit & Fit Chair Exercise True or False Tuesday Afternoon Heritage Hikers Resident Council Virtual Mass	Morning 21 Sit & Fit Chair Exercise Hot Potato W/ Music Afternoon Heritage Hikers Game Day	Morning 22 Sit & Fit Chair Exercise What am I Afternoon Heritage Hikers Name That Tune BINGO	Morning 23 Sit & Fit Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Friday Trivia Happy Hour W/ Snacks	Morning 24 Sit & Fit Chair Exercise Saturday Sillys Afternoon Heritage Hikers Snacks & Refreshments Pat's Pick
Morning 25 Sit & Fit Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 26 Sit & Fit Chair Exercise Sing A Song Sing Along Afternoon Heritage Hikers Balloon Ball	Morning 27 Sit & Fit Chair Exercise True or False Tuesday Afternoon Heritage Hikers Jan Lemins Band Sings	Morning 28 Sit & Fit Chair Exercise Hot Potato W/ Music Afternoon Heritage Hikers Memory Boxes	Morning 29 Sit & Fit Chair Exercise What am I Afternoon Heritage Hikers Name That Tune Coloring & Conversations	February Birthdays: Doloris W. Feb. 4 th Ewa W. Feb. 11 th	

Memory Care

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social February 2nd at 2:00 PM
 Educational Presentation February 28th at 3:00 PM

**All activities are subject to change when necessary. Residents' families are invited to participate in community events.*

HERITAGE
 SENIOR LIVING
 Aspire | LINCOLN VILLAGE