

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Assisted Living			1	2	3	4
			10:00 Exercise 10:45 Morning Social & Snack in the Bistro 1:30 Heritage Hikers 2:00 Bingo in the Bistro	9:30 Exercise 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Gemini	10:00 Exercise w/ Spiro 100 10:45 Men's Group: Reminiscing About Favorite Hobbies (Act. Room) 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
5	6	7	8	9	10	11
10:00 Keepin' Fit 11:00 Coffee & Cookies w/ Concierge in the Bistro 11:00 Bethel Worship (TV) 12:00 Packers Game Showing in Act. Room Daylight Saving Time Ends	10:00 Keepin' Fit 11:00 Fall Tree Craft 1:00 Heritage Hikers 2:00 Van Outing	10:00 Exercise 10:30 Pet Therapy w/ Harper Lee 1:15 Catholic Communion & Rosary (IL DR) 3:00 Flower Arranging Election Day	10:00 Exercise w/ Spiro 100 11:00 Card Making w/ Shirley in the Bistro 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:15 1:1 Room Visits	9:30 Exercise 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Michael Gruber	10:00 Exercise 1:30 Heritage Hikers 2:30 TGIF-Happy Hour	10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge Veterans Day
12	13	14	15	16	17	18
10:00 Keepin' Fit 11:00 Coffee & Cookies w/ Concierge in the Bistro 11:00 Bethel Worship (TV) 12:00 Packers Game Showing in Act. Room	10:00 Keepin' Fit 10:30 Manicure Monday (Activity Room) 2:00 Van Outing	10:00 Exercise 10:30 Dynseo Games 1:00 Spiritual Study (IL DR) 2:00 Resident Council Meeting 3:00 Flower Arranging	10:00 Exercise w/ Spiro 100 11:15 Weekly Devotional w/ Mariah 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:30 Hymn Sing Along (IL Conference Room)	9:30 Exercise 10:15 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Northern Comfort	10:00 Exercise w/ Spiro 100 10:30 Let's Catch Up (Act. Room) 1:30 Heritage Hikers 2:30 Heritage Thanksgiving Party	10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
19	20	21	22	23	24	25
10:00 Keepin' Fit 11:00 Coffee & Cookies w/ Concierge in the Bistro 11:00 Bethel Worship (TV) 12:00 Packers Game Showing in Act. Room	10:00 Keepin' Fit 11:00 Gratitude Pumpkin Craft 1:30 Heritage Hikers 2:30 Happy Hour	10:00 Exercise 10:30 Pet Therapy w/ Harper Lee 1:15 Catholic Communion & Rosary (IL DR) 3:00 Flower Arranging	10:00 Exercise w/ Spiro 100 11:00 Gratitude Turkey Craft 1:30 Heritage Hikers 2:00 Thanksgiving Bingo in the Bistro	9:30 Resident- Led Exercise 11:30 Packers Game Showing in Act. Room *Thanksgiving Packets & Goody Bags* Thanksgiving Day	10:00 Resident-Led Exercise 1:30 Resident-Led Heritage Hikers 2:30 Entertainment w/ Davis Beck as Elvis	10:00 Keepin' Fit 10:30 Mindful Meditation 1:00 Bingo in the Bistro 3:30 Resident Led Bridge
26	27	28	29	30	Happy Birthday Sandy – 11/3 Bucky – 11/16 Mitzi – 11/20	
10:00 Keepin' Fit 11:00 Coffee & Cookies w/ Concierge in the Bistro 11:00 Bethel Worship (TV) 2:00 Midday Matinee (IL Theater - 2 nd Floor)	10:00 Keepin' Fit 10:30 Manicure Monday (Activity Room) 2:00 Van Outing	10:00 Exercise 10:30 Dynseo Games 1:00 Spiritual Study (IL DR) 3:00 Flower Arranging	10:00 Exercise w/ Spiro 100 11:15 Weekly Devotional w/ Mariah 1:30 Heritage Hikers 2:00 Bingo in the Bistro 3:15 November Birthday Bash Celebration	9:30 Exercise 10:00 Donuts & Coffee Social in the Bistro 1:30 Heritage Hikers 2:30 Entertainment w/ Dan Sullivan		

SPECIAL EVENTS

Heritage Thanksgiving Party – November 17th at 2:30 pm
November Birthday Bash – November 29th at 3:15 pm

*All activities are subject to change when necessary. Residents' families are invited to participate