

# SEPTEMBER

Independent Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Activity Location Key</b> ECD- Enhanced Care Dining Lobby- 1 <sup>st</sup> floor Theater-3 <sup>rd</sup> floor Pub- 1 <sup>st</sup> floor **-Resident Lead	<b>Activity Location Key</b> IL- Independent Activity Room EC- Enhanced Care Activity Room 2 <sup>nd</sup> Floor Library- 2 <sup>nd</sup> Floor				9:30 Exercise-EC <b>1</b> 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Hour-Pub	9:30 Chair Yoga- EC <b>2</b> 2:00 Bingo-Pub 3:30 Walking Club 6:00 Sheep Heads**
<b>3</b> 10:00 Yahtzee- EC 1:30 Bunco-EC 3:00 Men's Mingle-Pub	9:30 Exercise- EC <b>4</b> 10:30 Aegis Presentation-Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00 Sheep head** <b>Labor Day</b>	9:00 Outing-Walmart <b>5</b> 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Cooking Club-EC 6:00 Sheep's Head**	9:00 Water Exercise <b>6</b> 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30-Catholic Mass-Pub 3:00 Jeopardy-EC	9:30 Exercise <b>7</b> 10:00 Word Games-EC 11:00 Outing- Casino 3:00 Ladies Club-EC 6:00 Sheep Head**	9:30 Exercise-EC <b>8</b> 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Hour-Pub	9:30 Chair Yoga- EC <b>9</b> 2:00 Bingo-Pub 3:30 Walking Club 6:00 Sheep Heads**
<b>10</b> 9:30 Donuts for Grandparents-Pub 1:30 Scrabble-EC 3:00 Men's Mingle-Pub <b>Grandparents Day</b>	9:30 Exercise- EC <b>11</b> 10:15 Walker Bag Decorating - Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00 Sheep head** <b>Patriot Day</b>	9:00 Outing-Festival <b>12</b> 9:30 Exercise- EC 10:00 Treasured Memories-EC 1:30 Resident Council-Pub 2:30 Chocolate Milkshakes-Pub 6:00 Sheep's Head**	9:00 Water Exercise <b>13</b> 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30-Judging of decorated Door Contest-Pub 3:00 Jeopardy-EC	9:15 Brewer Game-Reschedule game. <b>14</b>	9:30 Exercise-EC <b>15</b> 10:00 Christian Mingle-Pub 1:30 Catholic Mass-pub 3:00 Happy Hour-Pub	9:30 Chair Yoga- EC <b>16</b> 2:00 Bingo-Pub 3:30 Walking Club 6:00 Sheep Heads**
<b>17</b> 10:00 Whack a Balloon - EC 1:30 Apple Cider Social-Patio 3:00 Men's Mingle-Pub	9:30 Exercise- EC <b>18</b> 10:15 Trivia- Pub 1:30 Movie & Popcorn 3:00 Happy hour- Pub 6:00 Sheep head**	9:00 Outing- Pick N Save <b>19</b> 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Crochet Club/Knit-EC 6:00 Sheep's Head**	9:00 Water Exercise <b>20</b> 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30- Bingo-EC 3:00 Jeopardy-EC	9:30 Exercise <b>21</b> 10:00 Ship, Captain, Crew Game -EC 3:00 Ladies Club-EC 6:00 Sheep Head**	9:30 Exercise-EC <b>22</b> 10:30 Pianist by Franics Rank 1:30 Movie and popcorn 3:00 Happy Hour-Pub	9:30 Chair Yoga- EC <b>23</b> 2:00 Bingo-Pub 3:30 Walking Club 6:00 Sheep Heads** <b>First Day of Autumn</b>
<b>24</b> 10:00 Puzzles- EC 1:30 Shut the Box-EC 3:00 Men's Mingle-Pub	9:30 Exercise- EC <b>25</b> 10:15 Trivia- Pub 1:30 Movie & Popcorn 3:00 Happy Hour- Pub 6:00 Sheep head**	9:00 Outing-Target <b>26</b> 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Crochet/Knit Club-EC 6:00 Sheep's Head**	9:00 Water Exercise <b>27</b> 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Music by Fran & Joann-Pub	9:30 Exercise <b>28</b> 10:00 Shepherds Care-EC 10:00 Apple Orchard & Lunch 3:00 Ladies Club-EC 6:00 Sheep Head**	9:30 Exercise-EC <b>29</b> 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Birthday Happy Hour-Pub	9:30 Chair Yoga- EC <b>30</b> 2:00 Bingo-Pub 3:30 Walking Club 6:00 Sheep Heads**

## SPECIAL EVENTS

Chocolate Milkshakes in pub at 2:30 9-12-23

\*All activities are subject to change when necessary. Residents' families are invited to participate in community events.