





SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		SEPTEMBER BIRTHDAYS: Marlene M. Sept. 2 nd Patricia M. Sept. 23 rd			Morning 1 Sit & Fit- Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Happy Hour	Morning 2 Sit & Fit- Chair Exercise Saturday Stories Afternoon Heritage Hikers Pokeno
Morning 3 Sit & Fit- Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 4 Sit & Fit- Chair Exercise Monday Sing a Song Sing Along Afternoon Heritage Hikers Val Plays Labor Day	Morning 5 Sit & Fit- Chair Exercise Tell Me Tuesday Afternoon Virtual Mass Glitz & Glam Nails	Morning 6 Sit & Fit- Chair Exercise Would You Rather Wednesday Afternoon Heritage Hikers White Board Games	Morning 7 Sit & Fit- Chair Exercise What I'm I? Afternoon Heritage Hikers Outdoor Reminiscing 6:00 Medicare Info Session AL	Morning 8 Sit & Fit- Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Happy Hour W/ Games	Morning 9 Sit & Fit- Chair Exercise Saturday Stories Afternoon Heritage Hikers Music & Memories
Morning 10 Sit & Fit- Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 11 Sit & Fit- Chair Exercise Monday Sing a Song Sing Along Afternoon Heritage Hikers Ballon Ball 6:00 Kilocycle cowboy Sings AL Triot Day	Morning 12 Sit & Fit- Chair Exercise Tell Me Tuesday Afternoon Virtual Mass Glitz & Glam Nails	Morning 13 Sit & Fit- Chair Exercise Would You Rather Wednesday Afternoon Heritage Hikers Dan Sullivan Sings	Morning 14 Sit & Fit- Chair Exercise What I'm I? Afternoon Heritage Hikers Mystery Bag BINGO	Morning 15 Sit & Fit- Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Happy Hour W/ Music	Morning 16 Sit & Fit- Chair Exercise Saturday Stories Afternoon Heritage Hikers Mindful Coloring & Cookies
Morning 17 Sit & Fit- Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 18 Sit & Fit- Chair Exercise Monday Sing a Song Sing Along Afternoon Heritage Hikers Swatter Ball	Morning 19 Sit & Fit- Chair Exercise Tell Me Tuesday Afternoon Virtual Mass Glitz & Glam Nails	Morning 20 Sit & Fit- Chair Exercise Would You Rather Wednesday Afternoon Heritage Hikers Craft Corner	Morning 21 Sit & Fit- Chair Exercise What Am I? Afternoon Heritage Hikers	Morning 22 Sit & Fit- Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Happy Hour W/ Ice Cream Cones	Morning 23 Sit & Fit- Chair Exercise Saturday Stories Afternoon Heritage Hikers BINGO First Day of Autumn
Morning 24 Sit & Fit- Chair Exercise Donut Delivery Afternoon Virtual Mass Movie & Popcorn	Morning 25 Sit & Fit- Chair Exercise Monday Sing a Song Sing Along Afternoon Heritage Hikers Balloon Ball	Morning 26 Sit & Fit- Chair Exercise Tell Me Tuesday Afternoon Virtual Mass Glitz & Glam Nails	Morning 27 Sit & Fit- Chair Exercise Would You Rather Wednesday Afternoon Heritage Hikers Cooking Club	Morning 28 Sit & Fit- Chair Exercise What Am I? Afternoon Heritage Hikers Roll A Memory	Morning 29 Sit & Fit- Chair Exercise Fun Fact Friday Afternoon Heritage Hikers Happy Hour W/ Making Thank You Bags	Morning 30 Sit & Fit- Chair Exercise Saturday Stories Afternoon Heritage Hikers Outdoor Relaxing

MEMORY CARE

Community Life Enrichment Calendar

SPECIAL EVENTS

Family Social September 4th at 2:00 Pm
 Educational Presentation September 7th at 6:00 Pm

*All activities are subject to change when necessary. Residents' families are invited to participate in community events.

HSL

Aspire | LINCOLN VILLAGE