


MAY

Independent Living

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|--|--|
| | 1 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour 6:00 Sheep head** | 2 9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 1:30 Resident Council-pub 3:15 Cooking Club-EC 6:00 Sheep's Head** | 3 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30- Catholic Mass-Pub 3:00 Jeopardy-EC | 4 10:00 Shepherds Care Church Services-EC 10:00 Outing- Casino 1:30 Scrabble -EC 3:00 Ladies Club-EC 6:00 Sheep Head** | 5 9:30 Exercise-EC 10:00 Christian Mingle-Pub 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Cinco De Mayo-PUB | 6 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30- Walking Club** 6:00 Sheep Heads** |
| 7 10:00 Sunday Funnies- EC 1:30 Chicken Soup for the Soul- EC 3:00 Mens Mingle-Pub | 8 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour-Pub 6:00 Sheep head** | 9 9:30 Exercise- EC 1:00 Aspire Mini Carnival  | 10 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30- bunko-EC 3:00 Jeopardy-EC | 11 9:30 Exercise-EC 11:00 Outing- Angels Restaurant 1:30 Scrabble -EC 3:00 Ladies Club-EC 6:00 Sheep Head** | 12 9:30 Exercise-EC 10:30 Pianist by Francis Rank- 1 st floor. 1:30 Movie and popcorn 3:00 Happy Hour-Pub Happy Nurse's Day! | 13 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30- Walking Club** 6:00 Sheep Heads** |
| 14 10:00- Muffin for Moms-Pub 1:30 Yard games- patio 3:00 Mens Mingle-Pub Mother's Day | 15 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour 6:00 Sheep head** | 16 9:00 Outing-Walmart 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Crochet/Knit Club-EC 6:00 Sheep's Head** | 17 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 2:00 Tap Dancing- EC 1 st floor Dining room | 18 10:00 Shepherds Care Church Services-EC 11:00 Outing- Heckrodt wetland reserve 1:30 Scrabble -EC 3:00 Ladies Club-EC 6:00 Sheep Head** | 19 9:30 Exercise-EC 10:00 Christen Mingle-Pub 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Hour-Pub | 20 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30- Walking Club** 6:00 Sheep Heads** |
| 21 10:00 Sunday Funnies- EC 1:30 Chicken Soup for the Soul- EC 3:00 Mens Mingle-Pub | 22 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour 6:00 Sheep head** | 23 9:00 Outing-Festival Foods 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:15 Cooking Club-EC 6:00 Sheep's Head** | 24 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 3:00 Music By TJ & Lynn | 25 9:30 Exercise-EC 10:30 Outing- Kerrigan Brothers Winery 1:30 Wine Tasting -EC 3:00 Ladies Club-EC 6:00 Sheep Head** | 26 9:30 Exercise-EC 10:00 Pong Cup-EC 1:30 Movie and popcorn 3:00 Happy Birthday Happy Hour-Pub | 27 9:30 Chair Yoga- EC 2:00 Bingo-Pub 3:30- Walking Club** 6:00 Sheep Heads** |
| 28 10:00 Sunday Funnies- EC 1:30 Yard Games-Pub 3:00 Mens Mingle-Pub | 29 9:30 Exercise- EC 10:15 Trivia-Pub 1:30 Movie & Popcorn 3:00 Happy Hour 6:00 Sheep head** Memorial Day | 30 9:00 Outing-Pick N Save 9:30 Exercise- EC 10:00 manicures-EC 2:00 Bingo-Pub 3:00 Music by Bob Welsch-Pub 6:00 Sheep's Head** | 31 9:00 Water Exercise 10:00 Lutheran Service-EC 1:30 Dominos-IL** 1:30- Card Games-EC 3:00 Jeopardy-EC | Activity Location Key IL- Independent Activity Room 2 nd Floor EC- Enhanced Care Activity Room 2 nd Floor Library- 2 nd Floor | Activity Location Key ECD- Enhanced Care Dining 1 st floor Lobby- 1 st floor Theater-3 rd floor Pub- 1 st floor | |

SPECIAL EVENTS
 Mini Carnival & Petting Zoo May 9th 1-3p.m.